St. Patrick's Home 2026 - Week 1

Diet: Regular / Texture: Regular

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Orange Juice	**Cranberry Juice**	**Apple Juice**	**Orange Juice**	**Apple Juice**	**Orange Juice**	**Cranberry Juice**
High Fibre Oatmeal	**High Fibre Oatmeal**	**High Fibre Oatmeal**	**High Fibre Oatmeal**	**High Fibre Oatmeal**	**High Fibre Oatmeal**	**High Fibre Oatmeal**
Hard Boiled Egg	**Hard Boiled Egg**	**Hard Boiled Egg**	**Hard Boiled Egg**	**Hard Boiled Egg**	**Hard Boiled Egg**	**Hard Boiled Egg**
Whole Wheat Toast	**Sausage Links**	**Whole Wheat Toast**	**Whole Wheat Toast**	**Sausage Links**	**Whole Wheat Toast**	**Bacon**
Orange Juice	**Whole Wheat Toast**	Apple Juice	Orange Juice	**Whole Wheat Toast**	Orange Juice	**Whole Wheat Toast**
Corn Flakes Cereal	Cranberry Juice	Rice Krispies Cereal	Corn Flakes Cereal	Apple Juice	Corn Flakes Cereal	Cranberry Juice
Scrambled Eggs	Special K Cereal	Scrambled Eggs	Scrambled Eggs	Special K Cereal	Scrambled Eggs	Rice Krispies Cereal
Bran Muffin	Scrambled Eggs	Whole Wheat Toast	Whole Wheat Toast	Scrambled Eggs	Whole Wheat Toast	Scrambled Eggs
Whole Wheat Toast	Sausage Links	Banana Muffin		Sausage Links		Bacon
	Whole Wheat Toast			Whole Wheat Toast		Whole Wheat Toast
LUNCH						
Minestrone Soup	**Creamy Broccoli Rotini Soup**	**Beef & Rice Soup**	**Cream of Squash Soup**	**Vegetable Mulligatawny Soup**	**Creamy Tomato Soup**	**Italian Wedding Soup**
Meatballs	**Pulled Pork on WW Bun**	**Spaghetti & Meat Sauce**	**Hot Turkey Sndw on WW w/Gravy**	**Breaded Chicken Strips**	**Western Omelette**	**Chicken Rice Bake**
Brown Gravy	**California Vegetables**	**Prince Edward Vegetables**	**Mashed Potatoes**	**Plum Sauce**	**Fall Medley Vegetables**	**Seasoned Green Beans**
Fluffy Rice	**Chocolate Ice Cream**	**Lime Gelatin**	**Green Peas**	**French Fries**	**Vanilla Pudding**	**Buttertart Square**
Sunrise Vegetables	Egg Salad Sndw on Wheat	**Whipped Topping**	**Tiramisu Mousse**	**Buttered Corn**	Ham Salad on WW	Salmon Salad on WW
Butterscotch Pudding	Tossed Salad & Italian Dressing	Tuna Salad Sndw on WW	Cheese Sandwich on WW	**Vanilla Ice Cream**	Coleslaw	Tossed Salad & Italian Dressing
Chicken Salad Sndw on WW	Pineapple Tidbits	Caesar Salad	Red Beet Citrus Salad	Sliced Beef Sndw on Wheat	Honeydew Chunks	Banana & Chocolate Sauce
Dill Cucumber & Red Onion Salad		Chilled Apricots	Fresh Watermelon	Mixed Lettuce Salad		
Fruit Cocktail				Strawberries & Topping		
DINNER						
Chicken Paprikash	**Boneless Korean Beef Short Ribs**	**Baked Chicken with Chalet Sauce**	**Sweet & Sour Pork**	**Veal Marsala**	**Dijon Glazed Turkey Loaf**	**Pork Roast**
Roasted Red Skin Potatoes	**Fluffy Rice**	**Garlic Mashed Potatoes**	**Vegetable Fried Rice**	**Parslied Potatoes**	**Mashed Potatoes**	**Brown Gravy**
Parslied Cauliflower	**Chuckwagon Corn**	**Diced Squash**	**Parsley Carrots**	**Wax Beans**	**Broccoli Florets**	**Whipped Potatoes**
Rhubarb Crisp	**Date Square**	**Carrot Cake**	**Cherry Cheesecake**	**Nanaimo Bar**	**Double Fudge Brownie**	**Fancy Blend Vegetables**
Vegetable Cheese Strata	Turkey Hash	Lamb & Vegetable Stew	Cheese Ravioli & Sauce	Zesty Honey Dijon Baked Basa	Black Bean & Vegetable Chili	**Lemon Meringue Pie**
Roasted Red Skin Potatoes	Iceberg Salad	Garlic Mashed Potatoes	Mixed Green Italian Salad	Parslied Potatoes	Mashed Potatoes	Salisbury Steak
Tossed Salad	Chilled Tropical Fruit	Tossed Salad	Chilled Diced Peaches	Tossed Salad & Italian Dressing	Tossed Garden Salad	Beef Gravy
Chilled Diced Pears		Mandarin Oranges		Applesauce	Mixed Berries	Whipped Potatoes
						Four Bean Salad
						Mango

St. Patrick's Home 2026 - Week 2

Diet: Regular / Texture: Regular

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Orange Juice	**Cranberry Juice**	**Apple Juice**	**Orange Juice**	**Apple Juice**	**Orange Juice**	**Cranberry Juice**
High Fibre Oatmeal	**High Fibre Oatmeal**	**High Fibre Oatmeal**	**High Fibre Oatmeal**	**High Fibre Oatmeal**	**High Fibre Oatmeal**	**High Fibre Oatmeal**
Hard Boiled Egg	**Hard Boiled Egg**	**Hard Boiled Egg**	**Hard Boiled Egg**	**Hard Boiled Egg**	**Hard Boiled Egg**	**Hard Boiled Egg**
Whole Wheat Toast	**Sausage Links**	**Whole Wheat Toast**	**Whole Wheat Toast**	**Sausage Links**	**Whole Wheat Toast**	**Bacon**
Orange Juice	**Whole Wheat Toast**	Apple Juice	Orange Juice	**Whole Wheat Toast**	Orange Juice	**Whole Wheat Toast**
Corn Flakes Cereal	Cranberry Juice	Rice Krispies Cereal	Corn Flakes Cereal	Apple Juice	Corn Flakes Cereal	Cranberry Juice
Scrambled Eggs	Special K Cereal	Scrambled Eggs	Scrambled Eggs	Special K Cereal	Scrambled Eggs	Rice Krispies Cereal
Whole Wheat Toast	Scrambled Eggs	Banana Muffin	Whole Wheat Toast	Scrambled Eggs	Whole Wheat Toast	Scrambled Eggs
Bran Muffin	Sausage Links	Whole Wheat Toast		Sausage Links		Bacon
	Whole Wheat Toast			Whole Wheat Toast		Whole Wheat Toast
LUNCH						
Cream Cauliflower Soup	**Mediterranean Chicken Soup**	**Creamy Vegetable Soup**	**Chicken Noodle Soup**	**Corn Chowder**	**Japanese Beef & Vegetable Soup**	**Cream of Carrot Soup**
Beef Pot Pie	**Cheese Tortellini & Marinara**	**Cod Nuggets**	**Vegetable & Cheddar Quiche w/Mushrooms**	**Chicken Souvlaki**	**Pork Tourtiere**	**Macaroni & Cheese**
Beef Gravy	**Green Beans**	**Tartar Sauce**	**Broccoli Florets**	**Pita Bread**	**Brown Gravy**	**Stewed Tomatoes**
Mashed Potatoes	**Vanilla Yogurt**	**French Fries**	**Chocolate Mousse**	**Sunrise Vegetables**	**Mashed Potatoes**	**Vanilla Cake**
Fall Medley Vegetables	Sliced Ham Sndw on WW	**Prince Edward Vegetables**	Turkey Sandwich w/Cranberry Mayo	**Orange Sorbet Cup**	**Green Peas**	Chicken Salad Sndw on WW
Chocolate Pudding	Caesar Salad	**Whipped Topping**	Mixed Green Italian Salad	Corned Beef on Rye	**Iced Banana Cake**	Caesar Salad
Swiss & Tomato Sndw on WW	Pineapple Tidbits	**Lemon Gelatin**	Applesauce	Marinated Tomatoes	Egg Salad Sndw on Wheat	Mandarin Oranges
Tomato Basil Salad		Sliced Beef Sndw on Wheat		Fruit Cocktail	Tossed Salad	
Fruit Cocktail		Red Beet Citrus Salad			Chilled Diced Peaches	
		Chilled Apricots				
DINNER						
BBQ Sauce Glazed Chicken Drumsticks	**Lamb & Vegetable Stew**	**Beef Vegetable Stew**	**Spinach Cannelloni in Marinara Sauce**	**English-Style Fish**	**Basil Mushroom Turkey Loaf**	**Roast Beef**
Poultry Gravy	**Brown Gravy**	**Fluffy Rice**	**Wax Beans**	**Tartar Sauce**	**Mashed Potatoes**	**Beef Gravy**
Fluffy Rice	**Roasted Potatoes**	**Mashed Turnips**	**Lemon Pudding**	**French Fries**	**Buttered Corn**	**Mashed Potatoes**
Broccoli Florets	**Diced Squash**	**Banana Chocolate Chip Cake**	Veal Scallopini w/Mushroom Sauce	**Cinnamon Honey Glazed Carrots**	**Lemon & Cream Shortcake**	**Green Beans**
Peach Crisp	**Buttertart Square**	Chicken Kiev	Garlic Mashed Potatoes	**Chocolate Cake**	Sole w/Lemon Pepper	**Butterscotch Pudding**
Moroccan Stew	Chicken Rice & Veg Casserole	Fluffy Rice	Caesar Salad	Honey Roast Pork Chop	Mixed Salad with French Dressing	**Whipped Topping**
Fluffy Rice	Garden Salad	Tossed Salad & Italian Dressing	Chilled Diced Pears	French Fries	Mixed Berries	Turkey Schnitzel
Tossed Salad	Chilled Tropical Fruit	Mandarin Oranges		Creamy Coleslaw		Poultry Gravy
Chilled Diced Pears				Stewed Rhubarb		Spinach Orange Salad
						Pineapple Tidbits

St. Patrick's Home 2026 - Week 3

Diet: Regular / Texture: Regular

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Orange Juice	**Cranberry Juice**	**Apple Juice**	**Orange Juice**	**Apple Juice**	**Orange Juice**	**Cranberry Juice**
High Fibre Oatmeal	**High Fibre Oatmeal**	**High Fibre Oatmeal**	**High Fibre Oatmeal**	**High Fibre Oatmeal**	**High Fibre Oatmeal**	**High Fibre Oatmeal**
Hard Boiled Egg	**Hard Boiled Egg**	**Hard Boiled Egg**	**Hard Boiled Egg**	**Hard Boiled Egg**	**Hard Boiled Egg**	**Hard Boiled Egg**
Whole Wheat Toast	**Sausage Links**	**Whole Wheat Toast**	**Whole Wheat Toast**	**Sausage Links**	**Whole Wheat Toast**	**Bacon**
Orange Juice	**Whole Wheat Toast**	Apple Juice	Orange Juice	**Whole Wheat Toast**	Orange Juice	**Whole Wheat Toast**
Corn Flakes Cereal	Cranberry Juice	Rice Krispies Cereal	Corn Flakes Cereal	Apple Juice	Corn Flakes Cereal	Cranberry Juice
Scrambled Eggs	Special K Cereal	Scrambled Eggs	Scrambled Eggs	Special K Cereal	Scrambled Eggs	Rice Krispies Cereal
Whole Wheat Toast	Scrambled Eggs	Banana Muffin	Whole Wheat Toast	Scrambled Eggs	Whole Wheat Toast	Scrambled Eggs
Bran Muffin	Sausage Links	Whole Wheat Toast		Sausage Links		Bacon
	Whole Wheat Toast			Whole Wheat Toast		Whole Wheat Toast
LUNCH						
Chicken Vegetable Barley Soup	**Creamy Tomato Soup**	**Three Sisters Soup**	**Cream of Celery Soup**	**Vegetable Soup**	**Cream of Broccoli Soup**	**Cabbage & Potato Soup**
Breaded Chicken Strips	**Pork Ribs**	**Potato & Cheese Perogies**	**Red Pepper & Basil Frittata w/Parmesan Cheese**	**Chili Con Carne**	**Sweet-N-Sour Pork Bites**	**Mediterranen Chicken Pasta**
Plum Sauce	**Mashed Potatoes**	**Sour Cream**		**Tea Biscuit**	**Fluffy Rice**	**Parsley Carrots**
Sweet Potato Fries	**Sliced Carrots**	**Buttered Corn**	**Green Peas**	**Prince Edward Vegetables**	**Diced Parsnips**	**Ice Cream Chocolate Bulk**
Broccoli Florets	**Butterscotch Sundae**	**Orange Gelatin**	**Strawberry Mousse**	**Vanilla Ice Cream**	**Butterscotch Pudding**	Tuna Salad Sndw on WW
Vanilla Pudding	Swiss & Tomato Sndw on WW	**Whipped Topping**	Turkey Sandwich w/Cranberry Mayo	Chicken Salad Sndw on WW	Egg Salad Sndw on Croissant	Tomato Basil Salad
Beef Roast Sandwich on Wheat	Caesar Salad	Salmon Salad on WW	Tossed Garden Salad	Tossed Salad	Garden Salad	Pineapple Tidbits
Creamy Coleslaw	Pineapple Tidbits	Creamy Cucumber & Onions	Banana & Chocolate Sauce	Fruit Cocktail	Chilled Diced Peaches	
Fruit Cocktail		Chilled Apricots				
DINNER						
Pork Goulash Hungarian	**Spanish Beef Rice**	**Peach Ginger BBQ Chicken Thigh**	**Roasted Vegetable Lasagna**	**Sole w/Lemon Pepper**	**Cabbage Roll Casserole**	**Roast Turkey**
Fluffy Rice	**Beef Gravy**	**Parslied Noodles**	**California Vegetables**	**Scalloped Potatoes**	**Peas & Carrots**	**Poultry Gravy**
Cauliflower	**Seasoned Diced Turnips**	**Green Beans**	**Lemon & Cream Shortcake**	**Sunrise Vegetables**	**Chocolate Cake**	**Whipped Potatoes**
Cherry Crisp	**Cinnamon Roll Cake**	**Cherry Cheesecake**	Veal Moussaka	**Apple Brown Betty Cake**	Chicken Schnitzel	**Sage Bread Stuffing**
Chicken Masala	Dijon Glazed Turkey Loaf	Lamb Mushroom Ragout	Mashed Potatoes	Apricot Glazed Ham	Mashed Potatoes	**Whipped Squash**
Fluffy Rice	Brown Gravy	Parslied Noodles	Caesar Salad	Scalloped Potatoes	Creamy Coleslaw	**Pumpkin Pie**
Tossed Garden Salad	Roasted Potatoes	Spinach Orange Salad	Chilled Diced Pears	Mixed Salad with Italian Dressing	Mixed Berries	**Whipped Topping**
Chilled Diced Pears	Mixed Green Salad	Mandarin Oranges		Stewed Rhubarb		Polynesian Pork Chop
	Chilled Tropical Fruit					Iceberg Salad
						Mandarin Oranges

St. Patrick's Home 2026 - Week 4

Diet: Regular / Texture: Regular

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Orange Juice	**Cranberry Juice**	**Apple Juice**	**Orange Juice**	**Apple Juice**	**Orange Juice**	**Cranberry Juice**
High Fibre Oatmeal	**High Fibre Oatmeal**	**High Fibre Oatmeal**	**High Fibre Oatmeal**	**High Fibre Oatmeal**	**High Fibre Oatmeal**	**High Fibre Oatmeal**
Hard Boiled Egg	**Hard Boiled Egg**	**Hard Boiled Egg**	**Hard Boiled Egg**	**Hard Boiled Egg**	**Hard Boiled Egg**	**Hard Boiled Egg**
Whole Wheat Toast	**Sausage Links**	**Whole Wheat Toast**	**Whole Wheat Toast**	**Sausage Links**	**Whole Wheat Toast**	**Bacon**
Bran Muffin	**Whole Wheat Toast**	Apple Juice	Orange Juice	**Whole Wheat Toast**	Orange Juice	**Whole Wheat Toast**
Orange Juice	Cranberry Juice	Rice Krispies Cereal	Corn Flakes Cereal	Apple Juice	Corn Flakes Cereal	Cranberry Juice
Corn Flakes Cereal	Special K Cereal	Scrambled Eggs	Scrambled Eggs	Special K Cereal	Scrambled Eggs	Rice Krispies Cereal
Scrambled Eggs	Scrambled Eggs	Whole Wheat Toast	Whole Wheat Toast	Scrambled Eggs	Whole Wheat Toast	Scrambled Eggs
Whole Wheat Toast	Sausage Links	Banana Muffin		Sausage Links		Bacon
	Whole Wheat Toast			Whole Wheat Toast		Whole Wheat Toast
LUNCH						
Country Bean & Vegetable Soup	**Broccoli Cheese Soup**	**Tomato & Rice Soup**	**Cream of Spinach Soup**	**Hearty Lentil Soup**	**Golden Mushroom Soup**	**Chicken Rice Soup**
Beef Pot Pie	**Pork Tourtiere Pie**	**Captain Fish Burger Patty**	**Mushroom Strata**	**Chicken Burger on WW Bun**	**Cheese Omelette**	**Beef & Pepper Skillet**
Mashed Potatoes	**Mashed Potatoes**	**Hamburger Bun**	**Green Peas**	**Fancy Blend Vegetables**	**Parslied Cauliflower**	**Fluffy Rice**
California Vegetables	**Peas & Carrots**	**Herbed Potatoes**	**Chocolate Mousse**	**Chocolate Syrup**	**Chocolate Cake**	**Diced Carrots**
Iced Orange Cake	**Strawberry Shortcake**	**Buttered Corn**	Sliced Turkey on Rye	**Ice Cream Vanilla Bulk**	Corned Beef on Wheat	**Vanilla Cake**
Cheese Sandwich on WW	Tuna Salad Sndw on WW	**Whipped Topping**	Tossed Salad & Italian Dressing	Sliced Ham Sndw on WW	Spinach Onion Salad	Salmon Salad on WW
Red Beet Citrus Salad	Caesar Salad	**Cherry Gelatin**	Bananas & Cream	Creamy Coleslaw	Chilled Diced Peaches	Marinated Bean Salad
Fruit Cocktail	Pineapple Tidbits	Egg Salad Sndw on Wheat		Fruit Cocktail		Mandarin Oranges
		Dill Cucumber & Red Onion Salad				
		Chilled Apricots				
DINNER						
BBQ Glazed Chicken	**Beef & Macaroni Casserole**	**Sweet & Sour Chicken Balls**	**Veal Cutlet**	**Glazed Salmon**	**Rosemary Chicken**	**Rubbed Pork Loin**
Roasted Potatoes	**Prince Edward Vegetables**	**Veggie Fried Rice**	**Brown Gravy**	**Fluffy Rice**	**Poultry Gravy**	**Brown Gravy**
Broccoli Florets	**Date Square**	**Green Beans**	**Baked Potato**	**Prince Edward Vegetables**	**Buttered Penne**	**Scalloped Potatoes**
Maple Cake	Turkey Divan	**Iced Banana Cake**	**Wax Beans**	**Brownie**	**Mashed Turnips**	**Diced Squash**
Maryland Fish Fillet	Savory Potato Wedges	Beef & Vegetable Stew	**Buttertart Square**	Beef Stroganoff	**Shortbread Swirl Cookie**	**Lemon Meringue Pie**
Garden Salad	Garden Salad	Brown Gravy	Three Cheese & Vegetable Penne	Fluffy Rice	Harvest Chickpea & Veg Curry	Cod Au Gratin
Chilled Diced Pears	Chilled Tropical Fruit	Veggie Fried Rice	Caesar Salad	Tossed Garden Salad	Buttered Penne	Tossed Salad
		Tossed Garden Salad	Chilled Diced Pears	Stewed Rhubarb	Iceberg & Carrot Salad	Pineapple Tidbits
		Mandarin Oranges			Mixed Berries	