



January 28, 2026

UPDATE TO ALL FAMILY AND FRIENDS

Hello,

Outbreak Status

We are currently in respiratory outbreak on Dublin and Kerry and COVID outbreak Kilkenny. It is recommended that you wear a mask if you are visiting on outbreak areas. If you are visiting a resident on respiratory isolation, you are required to wear a mask, eye protection, gown and gloves. It is recommended that visiting on Dublin, Kerry or Kilkenny be kept to a minimum. Please remember to wash your hands and perform hand hygiene with your loved ones as well. Residents on outbreak areas are being encouraged to stay on their home areas.

Infection Prevention and Control Best Practices – Criteria for Isolation

When a resident has 2 or more respiratory symptoms or 2 or more enteric (gastrointestinal) symptoms, they are put on contact/droplet precautions. Symptoms we monitor are: vomiting, diarrhea, nausea, abdominal pain, headache, fever, chills muscle aches or pain, new or increased cough, runny nose, nasal congestion, sore/hoarse throat/difficulty swallowing, fatigue, shortness of breath, decrease or lack of appetite.

We automatically do a Rapid Antigen Test (RAT), and then a Polymerase Chain Reaction (PCR) test. The RAT will tell us if they have Covid 19 and the PCR will confirm if it is Covid 19. The PCR will also check for all other respiratory viruses.

Ottawa Public Health will be involved when we have a suspected outbreak on a unit. This is when we have 2 or more residents on isolation with similar symptoms, that started within 48 hours of each other, on the same resident home area. It is up to Public Health to declare an outbreak and remove an outbreak.

Prolonged isolation time is generally based on a resident having continued symptoms or we are waiting for the results from the PCR.

Kind Regards,
Monique Patterson, President and CEO