



January 22, 2025

## **UPDATE TO ALL FAMILY AND FRIENDS**

Hello,

### **Outbreak Status**

We are happy to report that we are outbreak free! Thank you to everyone for your cooperation with infection prevention and control practices.

### **Recreation Family Portal**

Activity Pro, our documentation program for recreation and leisure activities, has the option of a portal that allows family members online access to their loved one's recreation engagement. Families would be able to view the quality of their loved one's activities, monthly calendars, reports, family discussion boards and other options.

The primary family member (POA, SDM) would be given easy access to the portal and then could add other family members at their discretion. No matter how far you are from your loved ones, you could catch a glimpse into their daily life.

We are looking for feedback from families on their interest in or questions about the family portal. Please provide any feedback to Robert Ienzi, Manager of Recreation & Volunteer Services at extension 235 or by email at [Robertienzi@stpats.ca](mailto:Robertienzi@stpats.ca)

### **Practical Caregiver Training**

The Champlain Hospice Palliative Care Program is providing a free six-week virtual workshop for caregivers. The sessions will be held on Mondays at 2pm to 4pm from February 17 to March 24. Please see the flyer below for more information and how to register.

Be well and stay safe,

***Monique Patterson,***

President and CEO

CHAMPLAIN HOSPICE PALLIATIVE CARE PROGRAM  
TAKING CARE OF SOMEONE WITH A LIFE LIMITING ILLNESS?



# PRACTICAL CAREGIVER TRAINING

NEW &  
IMPROVED

## A 6-WEEK LIVE-VIRTUAL WORKSHOP

TO MAKE THE CAREGIVING EXPERIENCE SAFER & LESS  
STRESSFUL FOR YOU AND THE ONES YOU CARE FOR

Audience: Unpaid Caregivers of loved ones with a life-limiting illness.

Dates: Mondays, February 17 to March 24

Time: 2:00 pm - 4:00 pm

Location: Virtual on Zoom

FREE

### Topics Include:

Caring Within the Healthcare System (Navigation & Communication)

Caring Ahead (Advance Care Planning)

Caring Without Injury (Mobility, Transfers & Providing Personal Care)

Caring Until the End (What to Expect at the End-of-Life)

Caring After Death (Funerals & Working with Grief)

Caring for Yourself While Caring for Others (Self Care for Caregivers)

REGISTER HERE:



<https://search.caredove.com/service/28396/request>