

Sunday

Monday

Tuesday

Wednesday

Thursday















Friday

Saturday



AUGUST 2024

WATERFORD

<p>10:30 MASS-GP/CH.49 4</p> 	<p>10:30 MASS-GP/CH.49 5</p>  <p><i>Civic Holiday</i></p>	<p><u>MORNING 10-12</u> 10:30 MASS-GP/CH.49 10:30 YOGA 11:00 CALMING MUSIC THERAPY</p> <p><u>AFTERNOON 1-3</u> 1:30 PHYSIO EXERCISE 1:30 MANICURE/ GENTLE TOUCH</p> <p>5:00 BBQ </p>	<p>10:30 MASS-GP/CH.49 6</p> <p>1:30 RESIDENT COUNCIL MEETING-GP FRIENDLY VISITS</p>	<p>10:30 MASS-GP/CH.49 7</p> <p>1:30 OLYMPIC GAMES: TOILET PAPER ROLL CHALLENGE- LKFG/GP</p>	<p>10:30 MASS-GP/CH.49 8</p> <p>11:00 PHYSIO EXERCISE</p> <p><u>AFTERNOON 1-3</u> 1:30 MUSIC WITH KEVIN-WEX</p> <p><u>EVENING 6-8</u> 6:30 MUSIC CIRCLE WITH CHRIS WHITE - LKFG</p>	<p>10:30 MASS-GP/CH.49 9</p> <p><u>MORNING 10-12</u> 10:30 MASS-GP/CH.49 10:30 GARDEN STROLLS 11:30 MONTESSORI</p> <p><u>AFTERNOON 1-3</u> 1:30 S'MORES SOCIAL-LKFG</p>	<p>8:30 BREAKFAST CLUB 3</p> <p>1:30 OLYMPICS CLOSING CEREMONY SOCIAL-LKFG/GP</p> 
<p>10:30 MASS-GP/CH.49 11</p> 	<p><u>MORNING 10-12</u> 10:30 MASS-GP/CH.49 10:30 YOGA 11:00 CALMING MUSIC THERAPY</p> <p><u>AFTERNOON 1-3</u> 1:30 ART AND CRAFT: JELLY FISH 6:30 COURTYARD CONCERT WITH JAMES-LKFG</p>	<p>10:30 MASS-GP/CH.49 12</p> <p>1:30 PHYSIO EXERCISE</p> <p><u>EVENING 6-8</u> 6:00 </p>	<p>10:30 MASS-GP/CH.49 13</p> <p>1:30 PHYSIO EXERCISE</p> <p><u>EVENING 6-8</u> 6:00 </p>	<p><u>MORNING 10-12</u> 10:30 MASS-GP/CH.49 10:30 CARDS 5TH</p> <p><u>AFTERNOON 1-3</u> 1:30 DRUMFIT-LKFG/GP</p>	<p>10:30 MASS-GP/CH.49 14</p> <p>11:00 PHYSIO EXERCISE</p> <p><u>AFTERNOON 1-3</u> 1:30 TRIVIA 2:30 BALLOON BATMINTON</p>	<p>10:30 MASS-GP/CH.49 15</p> <p>11:00 PHYSIO EXERCISE</p> <p><u>MORNING 10-12</u> 10:30 MASS-GP/CH.49 10:30 GARDEN STROLLS 10:30 BALL FINTESS</p> <p><u>AFTERNOON 1-3</u> 1:30 LEMONADE SOCIAL-LKFG/GP</p>	<p><u>MORNING 10-12</u> 10:30-11:30 MANICURES/ GENTLE TOUCH</p> <p><u>AFTERNOON 1-3</u> 1:30 AUGUST BIRTHDAY PARTY WITH MALCOM</p>
<p>10:30 MASS-GP/CH.49 18</p> 	<p><u>MORNING 10-12</u> 10:30 MASS-GP/CH.49 10:30 YOGA 11:00 CALMING MUSIC THERAPY</p> <p>6:30 COURTYARD CONCERT WITH AARON-LKFG</p>	<p>10:30 MASS-GP/CH.49 19</p> <p>10:30 MASS-GP/CH.49 10:30 ADULT COLORING 11:00 CROSSWORDS</p> <p><u>AFTERNOON 1-3</u> 1:30 PHYSIO EXERCISE FRIENDLY VISITS</p> <p>6:30  - GP</p>	<p>10:30 MASS-GP/CH.49 20</p> <p>10:30-11:30 MANICURE/ GENTLE TOUCH</p> <p><u>AFTERNOON 1-3</u> 1:30 PAINTING IN GARDEN WITH LIZ 1:30 BALL FITNESS 2:00 SHORT STORIES</p>	<p>10:30 MASS-GP/CH.49 21</p> <p>10:30-11:30 MANICURE/ GENTLE TOUCH</p> <p><u>AFTERNOON 1-3</u> 1:30 PAINTING IN GARDEN WITH LIZ 1:30 BALL FITNESS 2:00 SHORT STORIES</p>	<p>10:30 MASS-GP/CH.49 22</p> <p>11:00 PHYSIO EXERCISE</p> <p><u>AFTERNOON 1-3</u> 1:30 </p> <p><u>EVENING 6-8</u> 6:00 BOWLING</p>	<p><u>MORNING 10-12</u> 10:30 MASS-GP/CH.49 10:30 GARDEN STROLLS 10:30-11:30 DOCUMENTARY</p> <p><u>AFTERNOON 1-3</u> 1:00 ROSARY 1:00 MOVIE MATINEE: ?</p>	
<p>10:30 MASS-GP/CH.49 25</p> 	<p><u>MORNING 10-12</u> 10:00 FISHING TRIP- SIGN UP REQUIRED 10:15 MUSIC WITH JIM & ANNE 10:30 MASS-GP/CH.49</p> <p><u>AFTERNOON 1-3</u> 1:30 YOGA 2:00 CALMING MUSIC THERAPY</p>	<p>10:30 MASS-GP/CH.49 26</p> <p>1:30 PHYSIO EXERCISE 1:30 DRUM FIT- GP</p> <p><u>EVENING 6-8</u> 6:00 </p>	<p>10:30 MASS-GP/CH.49 27</p> <p>1:30 PHYSIO EXERCISE 1:30 DRUM FIT- GP</p> <p><u>EVENING 6-8</u> 6:00 </p>	<p><u>MORNING 10-12</u> 10:30 MASS-GP/CH.49 10:30 BALL FITNESS 11:00 GROUP DISCUSSION</p> <p><u>AFTERNOON 1-3</u> 1:30 SING A LONG- GP 6:30 GAME NIGHT-GP</p>	<p>10:30 MASS-GP/CH.49 28</p> <p>11:00 PHYSIO EXERCISE</p> <p><u>AFTERNOON 1-3</u> 1:30 CARD GAME</p>	<p><u>MORNING 10-12</u> 10:30 MASS-GP/CH.49 11:00 LET'S MAKE PIZZA</p>	<p><u>MORNING 10-12</u> 10:30 YOGA 11:00 CALMING MUSIC THERAPY</p> <p><u>AFTERNOON 1-3</u> 1:30 PADDY'S PUB WITH AL VISSER- GP/LKFG</p>

ACTIVITIES ARE SUBJECT TO CHANGE, UPDATES WILL BE POSTED ON THE NOTICE BOARD, PLEASE CONTACT YOUR RECREATION STAFF, SUSAN @ EXT. 276 FOR ANY PROGRAMING QUESTIONS. THANK YOU FOR YOUR UNDERSTANDING!

LEGEND: CHANNEL 49/50= CH.49, GATHERING PLACE=GP, FRONT LOBBY=FL, LARRY KELLY FAMILY GARDEN= LKFG, WEXFORD=WEX, WATERFORD=WAT