









Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:30 MASS-GP/CH.49 1  HAPPY CANADA DAY!!	10:30 MASS-GP/CH.49 2 1:30 PHYSIO EXERCISE 1:30 CHRISTIAN WORSHIP SERVICE- GP/CH. 49 	MORNING 10-12 3 10:30 MASS-GP/CH.49 10:30 SHORT STORIES 3 RD 10:30 TRIVIA: CANADA DAY AFTERNOON 1-3 1:30 RESIDENT COUNCIL GP 1:45 DRUMFIT-WAT PET CARE 	10:30 MASS-GP/CH.49 4 11:00 PHYSIO EXERCISE 	MORNING 10-12 5 10:30 MASS-GP/CH.49 10:30-11:30 MANICURE/ GENTLE TOUCH 1:30 HAWAII PARTY GP PET CARE	8:30 BREAKFAST CLUB 6 
MORNING 10-12 7 10:30 MASS-GP/CH.49 10:30 ART AND CRAFT: SUMMER FRUIT AFTERNOON 1-3 2:00 BUS TRIP: ATLETICO OTTAWA SOCCER MATCH	10:30 MASS-GP/CH.49 8 6:30 COURTYARD CONCERT LKFG	10:30 MASS-GP/CH.49 9 AFTERNOON 1-3 1:30 PHYSIO EXERCISE 1:30 ANGLICAN SERVICE- GP/CH. 49 PET CARE FRIENDLY VISITS EVENING 6-8 6:30  GP	MORNING 10-12 10 10:30 MASS-GP/CH.49 10:30 CARDS ON 5 TH 1:30 SING A LONG- GP	MORNING 10-12 11 10:30 MASS-GP/CH.49 10:30 BAKING: PEACH COBBLER 11:00 PHYSIO EXERCISE AFTERNOON 1-3 1:30 PEACH COBBLER & ICE CREAM SOCIAL 6:30 MARGARITA NIGHT LKFG	MORNING 10-12 12 10:30 MASS-GP/CH.49 10:30 YOGA 11:00 ½ HOURS CALMING MUSIC AFTERNOON 1-3 1:30 DRUM FIT- GP PET CARE	
10:30 MASS-GP/CH.49 14 	MORNING 10-12 15 10:30 MASS-GP/CH.49 10:45 DRUM FIT AFTERNOON 1-3 1:30 BOARD GAME 6:30 COURTYARD CONCERT LKFG	10:30 MASS-GP/CH.49 16 AFTERNOON 1-3 1:30 PHYSIO EXERCISE PET CARE 1:30 BIRTHDAY PARTY WITH MALCOM-GP	MORNING 10-12 17 10:30 MASS-GP/CH.49 10:30 GROUP DISCUSSION 2 ND 10:30- 11:30 MANICURE/ GENTLE TOUCH AFTERNOON 1-3 1:30 TATTOO'S AND BREWS 6:30 GAME NIGHT GP	10:30 MASS-GP/CH.49 18 11:00 PHYSIO EXERCISE 1:30 MUSICABILITY-GP	MORNING 10-12 19 10:15 MUSIC WITH KEITH 10:30 MASS-GP/CH.49 PET CARE 1:00 ROSARY	1:30 PADDY'S PUB WITH AL VISER-GP/LKFG 
10:30 MASS-GP/CH.49 21 	10:30 MASS-GP/CH.49 22 AFTERNOON 1-3 1:30 YOGA 2:00 ½ CALMING MUSIC 6:30 COURTYARD CONCERT	10:30 MASS-GP/CH.49 23 AFTERNOON 1-3 1:30 PHYSIO EXERCISE PET CARE FRIENDLY VISITS EVENING 6-8 5:00 BBQ DINNER 	MORNING 10-12 24 10:30 MASS-GP/CH.49 10:30-11:30 MANICURE/ GENTLE TOUCH 1:30 DRUM FIT GP	MORNING 10-12 25 10:30 MASS-GP/CH.49 10:30 ADULT COLORING 11:00 PHYSIO EXERCISE AFTERNOON 1-3  -WAT 6:30 WINE AND CHEESE NIGHT GP	MORNING 10-12 26 10:30 MASS-GP/CH.49 10:30 CARD GAME PET CARE AFTERNOON 1-3 1:00 MOVIE MATINEE: MISSION IMPOSSIBLE	
10:30 MASS-GP/CH.49 28 	MORNING 10-12 29 10:15 MUSIC WITH JIM- VAT 10:30 MASS-GP/CH.49 AFTERNOON 1-3 1:30 OLYMPIC GAMES: VOLLEY BALL- GP	10:30 MASS-GP/CH.49 30 AFTERNOON 1-3 1:30 PHYSIO EXERCISE PET CARE 1:30 OLYMPIC GAMES: LAWN BOWLING -GP	MORNING 10-12 31 10:30 MASS-GP/CH.49 10:30 BALOON BATMINTON 11:00 CALENDAR DELIVERY AFTERNOON 1-3 1:30 OLYMPIC GAMES: WATERBALLOON TOURNAMENT- LFKG			

ARE SUBJECT TO CHANGE, UPDATES WILL BE POSTED ON THE NOTICE BOARD, PLEASE CONTACT YOUR RECREATION STAFF, SUSAN @ EXT. 276 FOR ANY PROGRAMING QUESTIONS. THANK YOU FOR YOUR UNDERSTANDING!
 LEGEND: CHANNEL 49/50= CH.49, GATHERING PLACE=GP, FRONT LOBBY=FL, LARRY KELLY FAMILY GARDEN= LKFG, WEXFORD=WEX, WATERFORD=WAT