











Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:30 MASS-GP/CH.49 10:30 SHORT STORIES-3 RD 1:30 RESIDENT COUNCIL - GP	10:30 MASS-GP/CH.49 11:00 EXERCISE WITH PHYSIO 1:00 ROSARY EVENING 6-8 	MORNING 9-12 10:30 MASS-GP/CH.49 RHA DECORATING: MOTHER'S DAY 1:30 FIRST FRIDAY EUCHARISTIC HOLY HOUR-GP	MORNING 9-12 8:30 BREAKFAST CLUB MANICURES GENTLE TOUCH AFTERNOON 1-3 BALL FITNESS TRIVIA
MORNING 9-12 10:30 MASS-GP/CH.49 YOGA 1 HOURS CALMING MUSIC AFTERNOON 1-3 1:30 CINCO DE MAYO CELEBRATIONS AT PADDY'S PUB WITH JHONNY VEGAS- GP 	MORNING 9-12 10:30 MASS-GP/CH.49 DRUM FIT FRIENDLY VISITS AFTERNOON 1-3 LOBBY DECOARATING: MOTHER'S DAY	10:30 MASS-GP/CH.49 1:30 EXERCISE WITH PHYSIO 1:30 CHRISTIAN WORSHIP SERVICE- GP EVENING 6-8 	10:30 MASS-GP/CH.49 10:30 CARDS GAME AFTERNOON 1-3 1:30 MARIAN DAY- GP BALL FITNESS 6:30 BINGO – GP	MORNING 9-12 10:15 MUSIC WITH KEITH 10:30 MASS-GP/CH.49 11:00 EXERCISE WITH PHYSIO AFTERNOON 1-3 BOWLING-WEX	MORNING 9-12 10:30 MASS-GP/CH.49 BAKING: COFFEE CAKE AFTERNOON 1-3 1:30 TUCK SHOP EXPRESS COFFEE CAKE SOCIAL TEA AND COFFEE DISCUSSION: MOTHER'S DAY	MORNING 9-12 YOGA 1 HOURS CALMING MUSIC AFTERNOON 1-3 MANICURES GENTLE TOUCH
10:30 MASS-GP/CH.49 1:30 MOTHER'S DAY TEA-GP 	MORNING 9-12 10:30 MASS-GP/CH.49 BALL FITNESS GARDEN STROLLS AFTERNOON 1-3 FRIENDLY VISITS	MORNING 9-12 10:30 MASS-GP/CH.49 MANICURES GENTLE TOUCH AFTERNOON 1-3 1:30 EXERCISE WITH PHYSIO 1:30 ANGLICAN SERVICE- GP FRIENDLY VISITS	10:30 MASS-GP/CH.49 10:30 DISCUSSION GROUP - 2 ND 10:30 SING-ALONG	10:30 MASS-GP/CH.49 11:00 EXERCISE WITH PHYSIO AFTERNOON 1-3  EVENING 6-8 RING TOSS BED TIME SHORT STORIES	MORNING 9-12 10:30 MASS-GP/CH.49 YOGA 1 HOURS CALMING MUSIC AFTERNOON 1-3 CARD GAME TEA/COFFEE & CHAT	MORNING 9-12 GARDEN STROLLS AFTERNOON 1-3 BOARD GAMES TEA & CHAT <small>Armed Forces Day</small>
MORNING 9-12 10:30 MASS-GP/CH.49 YOGA 1 HOURS CALMING MUSIC AFTERNOON 1-3 1:30 MOVIE MATINEE- "MARRY POPPINS" -GP	10:30 MASS-GP/CH.49  <small>Victoria Day (Canada)</small>	10:30 MASS-GP/CH.49 EVENING 6-8 	MORNING 9-12 10:30 MASS-GP/CH.49 DRUM FIT FRIENDLY VISITS AFTERNOON 1-3 MANICURES GENTLE TOUCH 6:30 GAME NIGHT – GP	MORNING 9-12 10:30 MASS-GP/CH.49 GARDEN STROLLS 11:00 EXERCISE WITH PHYSIO AFTERNOON 1-3 BOWLING 1:30 TUCK SHOP EXPRESS	MORNING 9-12 10:30 MASS-GP/CH.49 10:15 JIM AND ANNE AFTERNOON 1-3 1:30 LATE BLOOMERS AND THE NIGHTINGALS- GP/CH.49	MORNING 9-12 10:30 GROUP DRUM FIT-GP MEANINGFUL TASKS AFTERNOON 1-3 CARD GAME TEA/COFFEE & CHAT
10:30 MASS-GP/CH.49 1:30 BIRTHDAY PARTY WITH MALCOM- GP 	MORNING 9-12 10:30 MASS-GP/CH.49 GARDEN STROLLS AFTERNOON 1-3 DRUM FIT FRIENDLY VISITS <small>Memorial Day</small>	10:30 MASS-GP/CH.49 AFTERNOON 1-3 1:30 EXERCISE WITH PHYSIO NEWS & VIEWS HOUSEREFLECTIONS	10:30 MASS-GP/CH.49 1:30 BAYSHORE SHOPPING TRIP	10:30 MASS-GP/CH.49 11:00 EXERCISE WITH PHYSIO AFTERNOON 1-3 POTTING SOIL/GARDENING	AFTERNOON 1-3 1:00 ROSARY YOGA 1 HOURS CALMING MUSIC	

ACTIVITIES ARE SUBJECT TO CHANGE, UPDATES WILL BE POSTED ON THE NOTICE BOARD, PLEASE CONTACT YOUR RECREATION STAFF, SUSAN @ EXT. 276 FOR ANY PROGRAMING QUESTIONS. THANK YOU FOR YOUR UNDERSTANDING!
 LEGEND: CHANNEL 49/50= CH.49, GATHERING PLACE=GP, FRONT LOBBY=FL, LARRY KELLY FAMILY GARDEN= LKFG, WEXFORD=WEX, WATERFORD=WAT