April 3, 2024

## UPDATE TO ALL FAMILY AND FRIENDS

Hello,
We are currently still in respiratory outbreak on Kilkenny and Wexford. Cavan and Dublin have all been declared outbreak free by Public Health.

## Solar Eclipse - April 8 ${ }^{\text {th }}$

A great phenomenon will be occurring on April $8^{\text {th }}$ called the Solar Eclipse. It will be occurring between 2:11 pm to $\mathbf{4 : 3 5} \mathbf{~ p m}$. The time frame it will be over Ottawa will be from 3:22 to 3:28 with the peak hitting us at $3: 25 \mathrm{pm}$. During the eclipse, the experts tell us, not to look at the sun directly at any time as it may damage your sight. The only way you can safely see it is to have special solar eclipse glasses that are certified with specialized filters adhering to the ISO 12312-2 international standard.

During this time, it will be all hands on deck at St. Pat's to ensure the safety of our residents:

- We will be drawing/closing all the curtains in the home at 2 pm
- For the residents that will be up during this time, we will invite them to the dining room to experience a solar eclipse education session with the recreation staff
- For the residents who choose not to attend, we will ensure that during this time they are not trying to go outside or are looking outside
- We will have a select amount of the special solar eclipse glasses available for the residents who wish to view the eclipse

We are appreciative of your co-operation in assisting us to keep the residents safe during this time.
Message from Family and Friends Council
Please see the attached message from our Family and Friends Council.
Be well and stay safe,

## Monique Patterson

Interim President and CEO

## St. Patrick's Family and Friends Council Meeting Notice

A meeting of Family and Friends Council is scheduled for Saturday April 13th at 10 a.m. The meeting will be held via Zoom.

Families and friends who are not currently on Council's email list are invited to attend as well. You can contact us at stpatsffc@gmail.com to obtain the Zoom link and agenda.

All families and friends of residents are invited to attend to exchange ideas, receive updates, bring forward concerns and receive information on topics affecting their loved one's care and wellbeing.

## Call for Participation

## COUNCIL VACANCIES - volunteers needed

Council members are required for the following vacancies both on Council Executive and Home Teams and Committees. Your participation ensures that the Council continues to be a
stakeholder in the Home's operations and a voice for our residents:

St. Patrick's Family \& Friends Council executive:

- co-chairs
- treasurer

Teams and Committees:

- Quality Committee (meets quarterly)
- Infection Prevention and Control Committee (meets monthly)
- Person-Directed Care Advisory - 1 of 2 spots are vacant (meets quarterly)
- Donegal Liaison with Residents' Council (meets monthly)
- Ministry Inspection Reports monitor (as required)

Please consider volunteering your time on behalf of the Council, your family, and the residents.

Jaime Impey, Secretary
St. Patrick's Family and Friends Council

