

July 28, 2023

## UPDATE TO ALL FAMILY AND FRIENDS

Hello, unfortunately we have an outbreak at St. Pat's on Dublin. There is one confirmed case of parainfluenza (common cold virus) on Dublin with another resident who has symptoms. Parainfluenza is a respiratory virus that can cause mild to severe symptoms, such as fever, cough, runny nose, sore throat, and wheezing. This classifies as an outbreak as there are 2 cases.

## The guidance we have received from Ottawa Public Health is as follows:

- Practice good hygiene frequently.
- Residents who have symptoms will be placed on isolation.
- If you are visiting or providing care to a resident who has symptoms you will be required to wear eye protection, gown and gloves as well as a mask. These will be available in a cart outside the room.
- Residents who do not have symptoms are able to leave the home area for a walk or an outing.
- Masks are recommended when visiting the home area.
- There are no restrictions on visiting on Dublin.

Have a good weekend,

Janet Morris
President and CEO