

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# June 2023

## Waterford

|   |  |   |  |   |  |  |
|---|--|---|--|---|--|--|
| <p><b>Morning 9-12am</b> 4</p> <p>10:30 Mass – GP &amp; Ch. 49<br/>Garden Strolls<br/>Crafts: Father’s Day Hearts<br/><b>Afternoon 1:30-3pm</b><br/>1:30 Social tea with Acoustic Guitar, James- GP<br/>By Invitation Only</p>  | <p><b>Morning 9-12am</b> 5</p> <p>10:30 Mass – GP &amp; Ch. 49<br/>Garden Strolls<br/>Yoga<br/><b>Afternoon 1:30-3pm</b><br/>1:30 Christina Worship Service with Music by Andrea -GP<br/>Balloon Badminton<br/>1 Hour of Music</p> | <p><b>Morning 9-12am</b> 6</p> <p>10:30 Mass – GP &amp; Ch. 49<br/><b>Afternoon 1:30-3pm</b><br/>1:30 Exercise with Physio<br/>Water/Prune Garden<br/>Tea and Chat on the Balcony</p>   | <p><b>Morning 9-12am</b> 7</p> <p>10:30 Mass – GP &amp; Ch. 49<br/>10:30 Cards with Susan- Wex<br/>Manicures<br/>Gentle Touch<br/><b>Afternoon 1:30-3pm</b><br/>1:30 Resident Council meeting-GP<br/>Bowling<br/>Friendly Visits<br/>6:30 The Beacon Band -Ch. 49</p>    | <p><b>Morning 9-12am</b> 8</p> <p>10:30 Mass – GP &amp; Ch. 49<br/>10:30 Music with Herman<br/>11:00 Exercise with Physio</p>   | <p><b>Morning 9-12am</b> 9</p> <p>10:30 Mass – GP &amp; Ch. 49<br/><b>Afternoon 1:30-3pm</b><br/>Father’s Day Trivia<br/>Tea and Chat<br/><b>Evening 6:30-8pm</b><br/>BINGO</p>  | <p><b>Morning 9-12am</b> 10</p> <p>Breakfast club -GP By Invitation Only</p>  |
| <p><b>Morning 9-12am</b> 11</p> <p>10:30 Mass – GP &amp; Ch. 49<br/><br/>1:30 June Birthday party with Kevin By Invitation Only</p>    | <p><b>Morning 9-12am</b> 12</p> <p>10:30 Mass – GP &amp; Ch. 49<br/><b>Afternoon 1:30-3pm</b><br/>Bean Bag Toss<br/>Adult Coloring</p>   | <p><b>Morning 9-12am</b> 13</p> <p>10:30 Mass – GP &amp; Ch. 49<br/>10:30 Music with Johnny Vegas -Wex<br/><b>Afternoon 1:30-3pm</b><br/>1:30 Exercise with Physio<br/>Montessori<br/>1 Hour of Music<br/><b>Evening 6:30-8pm</b><br/>Tuck Shop<br/>BINGO</p> | <p><b>Morning 9-12am</b> 14</p> <p>10:30 Mass – GP &amp; Ch. 49<br/>Garden Strolls<br/>10:30 Discussion Group Topic People -1<sup>st</sup><br/><b>Afternoon 1:30-3pm</b><br/>Making Shamrock<br/>Corsages/Boutonnieres<br/>Tea and Chat<br/>Flag Day (US)</p>            | <p><b>Morning 9-12am</b> 15</p> <p>10:00 Fielding Drive Students<br/>Reading to Residents<br/>10:30 Mass – GP &amp; Ch. 49<br/>Garden Strolls<br/>11:00 Exercise with Physio<br/><b>Afternoon 1:30-3pm</b><br/>Manicures<br/>Gentle Touch</p> | <p><b>Morning 9-12am</b> 16</p> <p>10:30 Mass – GP &amp; Ch. 49<br/>Garden Strolls<br/>Yoga<br/><b>Afternoon 1:30-3pm</b><br/>Pub with 60’s Music</p>  | <p><b>Morning 9-12am</b> 17</p>    |
| <p><b>Morning 9-12am</b> 18</p> <p>10:30 Mass – GP &amp; Ch. 49<br/>Garden Strolls<br/>Manicures<br/><b>Afternoon 1:30-3pm</b><br/>1:30 Father Day Pub with Herman By Invitation Only</p> <p>Father’s Day</p>  | <p><b>Morning 9-12am</b> 19</p> <p>10:30 Mass – GP &amp; Ch. 49<br/>Drum Fit<br/>Gentle Touch<br/><b>Afternoon 1:30-3pm</b><br/>Word Puzzle<br/>Friendly Visits</p> <p>Juneteenth</p>  | <p><b>Morning 9-12am</b> 20</p> <p>10:30 Mass – GP &amp; Ch. 49<br/><b>Afternoon 1:30-3pm</b><br/>1:30 Exercise with Physio<br/>Board Games<br/>Tea and Chat</p>  | <p><b>Morning 9-12am</b> 21</p> <p>10:30 Mass – GP &amp; Ch. 49<br/>Garden Strolls<br/>Yoga<br/><b>Afternoon 1:30-3pm</b><br/>Bowling<br/>Friendly Visits</p> <p>Summer Begins</p>  | <p><b>Morning 9-12am</b> 22</p> <p>10:30 Mass – GP &amp; Ch. 49<br/>Garden Strolls<br/>Montessori<br/>11:00 Exercise with Physio</p>  | <p><b>Morning 9-12am</b> 23</p> <p>10:30 Mass – GP &amp; Ch. 49<br/>10:30 Music with Kevin-Wex<br/><b>Afternoon 1:30-3pm</b><br/>Water/Prune Garden<br/>Tea and Chat on the Balcony<br/><b>Evening 6:30-8pm</b><br/>BINGO</p>  | <p><b>Morning 9-12am</b> 24</p> <p>Pizza Lunch<br/><b>Afternoon 1:30-3pm</b><br/>Puzzle<br/>Tea and Chat</p>   |
| <p><b>Morning 9-12am</b> 25</p> <p>10:30 Mass – GP &amp; Ch. 49<br/>1:30 Movie matinee -GP<br/>By Invitation Only</p>    | <p><b>Morning 9-12am</b> 26</p> <p>10:30 Mass – GP &amp; Ch. 49<br/><b>Afternoon 1:30-3pm</b><br/>1:30 Strawberry Slicing</p>  | <p><b>Morning 9-12am</b> 27</p> <p>10:30 Mass – GP &amp; Ch. 49<br/>Garden Strolls<br/>Ball Fitness<br/><b>Afternoon 1:30-3pm</b><br/>1:30 Exercise with Physio<br/>6:00 pm 10 Year Anniversary– Front Lawn</p>   | <p><b>Morning 9-12am</b> 28</p> <p>10:30 Mass – GP &amp; Ch.49<br/>Craft: Canada Day<br/><b>Afternoon 1:30-3pm</b><br/>1:30 Strawberry Social with Doug- Ch.49</p>   | <p><b>Morning 9-12am</b> 29</p> <p>10:30 Mass – GP &amp; Ch. 49<br/>Garden Strolls<br/>Manicures<br/>11:00 Exercise with Physio<br/><b>Afternoon 1:30-3pm</b><br/>Montessori<br/>Bean Bag Toss</p>  | <p><b>Morning 9-12am</b> 30</p> <p>10:30 Mass – GP &amp; Ch. 49<br/>10:30 Book club with Marie-wex<br/>Drum Fit<br/><b>Afternoon 1:30-3pm</b><br/>1:30 Rosary<br/>1:30 Let’s Wave<br/>Our Flag Celebration- Ch.49<br/>Canada Day Pub</p>  |    |

Please Contact your Recreation Staff, Susan @ Ext. 276 for any programing questions. If Calendar Activities should change after they have been delivered, a Notification Poster will be posted on the House Activity Board of the changes and nursing will be informed