

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

June 2023

Carlow Calendar

					Morning 10am to 12pm 1 10:30am- Mass (Ch.49) 11:00 Exercise W/Physio Calendar Visits Arts & Craft	Morning 10am to 12pm 2 10:30am- Mass (Ch.49) Afternoon 1pm to 3pm Drum Fit Games & Trivia Evening 6:00pm to 7:30pm Pub & Social Hour Music Reminiscence	Breakfast Club 3  Afternoon 1pm to 3pm Documentary Horticulture
Trinity Sunday Morning 10am to 12pm 4 10:30am- Mass (Ch.49) Afternoon 1pm to 3pm 1:30 Social tea with acoustic guitar player James GP or Courtyard	Morning 10am to 12pm 5 10:30am- Mass (Ch.49) Drat Games Crosswords Afternoon 1pm to 3pm 1:00 Exercise W/Physio Word Games	Morning 10am to 12pm 6 10:30am- Mass (Ch.49) Afternoon 1pm to 3pm Social Hour Discussion Group	Morning 10am to 12pm 7 10:30am- Mass (Ch.49) 10:30 Sing along with Fran & Peggy – 2 nd 1:30 Resident Council Meeting-GP Afternoon 1pm to 3pm Gardening & Craft Corner Evening 6pm to 7:30pm 6:45 The Beacon Band -Ch. 49	Morning 10am to 12pm 8 10:30am- Mass (Ch.49) 11:00 Exercise W/Physio	Morning 10am to 12pm 9 10:30 Book club with Marie 10:30am- Mass (Ch.49) Board Games Garden Strolls Afternoon 1pm to 3pm Bingo	Morning 10am to 12pm 10 Garden Strolls Painting	
Corpus Christi Morning 10am to 12pm 11 10:30am- Mass (Ch.49) Afternoon 1pm to 3pm 1:30 June Birthday party with guitarist & singer Doug GP or Courtyard	Morning 10am to 12pm 12 10:30am- Mass (Ch.49) Afternoon 1pm to 3pm 1:00 Exercise W/Physio Evening 6:00pm to 7:30pm Board Games	Morning 10am to 12pm 13 10:30am- Mass (Ch.49) Collage Art Reminiscence Afternoon 1pm to 3pm 1:30 Rosary – Carlow Friendly Visit	Morning 10am to 12pm 14 10:30am- Mass (Ch.49) Discussion group in Cavan "People who changed the world" Drum Fit Short Stories Afternoon 1pm to 3pm Arts & Craft – Shamrock Pins Garden Strolls	Morning 10am to 12pm 15 10:30am- Mass (Ch.49) 11:00 Exercise W/Physio Baking Trivia 	Solemnity of the Sacred Heart of Jesus 16 Morning 10am to 12pm 10:30am- Mass (Ch.49) Balloons & Balls Discussion Group	Morning 10am to 12pm 17 Arts & Craft Reminiscence 	
Father's Day Morning 10am to 12pm 18 10:30am- Mass (Ch.49) Afternoon 1pm to 3pm 1:30 Father Day Pub with Musician Herman Gp or Courtyard Limited Seating <small>Father's Day</small>	Morning 10am to 12pm 19 10:30am- Mass (Ch.49) Afternoon 1pm to 3pm 1:00 Exercise W/Physio 1:30 Strawberry Slicing Garden Strolls Evening 6:00pm to 7:30pm Painting <small>Juneteenth</small>	Morning 10am to 12pm 20 10:30am- Mass (Ch.49) 10:30 Rock & Roll with AI –2 Montessori	Morning 10am to 12pm 21 10:30am- Mass (Ch.49) Board Games Sunshine Walk <small>Summer Begins</small>	Morning 10am to 12pm 22 10:30am- Mass (Ch.49) 11:00 Exercise W/Physio Bingo Horticulture Afternoon 1pm to 3pm Friendly Visit	Morning 10am to 12pm 23 10:30am- Mass (Ch.49) Current Affairs Speedball Game Afternoon 1pm to 3pm Fun & Fitness Manicure	Solemnity of the Birth of St. John the Baptist 24 Afternoon 1pm to 3pm Resident Show case – GP Discussion Group	
Morning 10am to 12pm 25 10:30am- Mass (Ch.49) Drum Fit Garden Strolls Afternoon 1pm to 3pm 1:30 Movie matinee -GP Limited Seating, Closed Door & by Invitation Only	Morning 10am to 12pm 26 10:30am- Mass (Ch.49) Afternoon 1pm to 3pm 1:00 Exercise W/Physio Intellectual Reflection Garden Strolls	Morning 10am to 12pm 27 10:30am- Mass (Ch.49) Balloon Badminton Music Reminiscence Afternoon 1pm to 3pm Friendly Visit	Morning 10am to 12pm 28 10:30am- Mass (Ch.49) Garden Strolls Card Games Afternoon 1pm to 3pm Strawberry Social with singer guitarist Doug – Ch. 49 Celebrating Mother Nature... 1:30 Ch. 49	Morning 10am to 12pm 29 10:30am- Mass (Ch.49) 11:00 Exercise W/Physio Afternoon 1pm to 3pm Birthday Party Discussion Group	Morning 10am to 12pm 30 10:30am- Mass (Ch.49) Afternoon 1pm to 3pm 1:30 - Ch. 49 Celebrating CND Day with singer & guitarist Keith.... Let's Wave our Flag.... Evening 6:00pm to 7:30pm Bingo & Current News 		