

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday


JULY 2023 Waterford



Morning 9-12
10:30 Mass – GP & Ch. 49
Yoga
Gentle Touch
1 Hour of Music

2 10:30 Mass – GP & Ch. 49
Afternoon 1-3
Balloon Badminton
Adult Coloring

3 10:30 Mass – GP & Ch. 49
Afternoon 1-3
1:30 Exercise with Physio
Friendly Visits




4 **Morning 9-12**
10:30 Mass – GP & Ch. 49
10:30 Music with Denis-wex
10:30 Book Club on 3rd
Afternoon 1-3
1:30 Resident Council meeting-GP
Bowling
Friendly Visits

5 10:30 Mass – GP & Ch. 49
11:00 Exercise with Physio
Afternoon 1-3
Ring Toss
July Trivia
Evening 6-8
BLINGO

6 10:30 Mass – GP & Ch. 49
Afternoon 1-3
Gentle Touch
Montessori
1:30 Christian Worship Services-G.P.

7 **Morning 9-12**
8:30 Breakfast Club (By Invitation)
Afternoon 1-3
Garden Strolls
July Word Puzzle

10:30 Mass – GP & Ch. 49
1:30 Social Tea with James (By Invitation Only)



9 **Morning 9-12**
10:30 Mass – GP & Ch. 49
10:30 Music with Jim & Anne
Afternoon 1-3
Bowling
Friendly Visits
6:30 Summer Concert- Court Yard with Aaron

10 **Morning 9-12**
10:30 Mass – GP & Ch. 49
Garden Strolls
Gentle Touch
Afternoon 1-3
1:30 Exercise with Physio
Group Discussion: You Be the Judge
Board Games

11 10:30 Mass – GP & Ch. 49
10:30 Group Discussion: Tv, Radio, Movie 2nd
Afternoon 1-3
Balloon Badminton
Short Stories
Evening 6-8
BLINGO


12 **Morning 9-12**
10:30 Mass – GP & Ch. 49
Garden Strolls
11:00 Exercise with Physio
Manicures
Afternoon 1-3
Pub with 80'S Music

13 **Morning 9-12**
10:30 Mass – GP & Ch. 49
Garden Strolls
Drum Fit
Afternoon 1-3
Friendly Visits

14 3:00pm Bus Trip- Foot Ball (by invitation only)



Morning 9-12
10:30 Mass – GP & Ch. 49
1:30 July Birthday Party (By Invitation Only) with Jonny Vegas



16 **Morning 9-12**
10:30 Mass – GP & Ch. 49
Ball Fitness
Manicures
Afternoon 1-3
Arts & Crafts: Summer Center Pieces
6:30 Summer Concert- Court Yard with James

17 10:30 Mass – GP & Ch. 49
Afternoon 1-3
1:30 Exercise with Physio
Friendly Visits


18 **Morning 9-12**
10:30 Mass – GP & Ch. 49
10:30 Cards on 5th
Garden Strolls

19 10:30 Mass – GP & Ch. 49
11:00 Exercise with Physio
Afternoon 1-3
Bowling
Friendly Visits
Evening 6-8
BLINGO

20 10:30 Mass – GP & Ch. 49
Afternoon 1-3
Gentle Touch
Montessori

21 **Morning 9-12**
Baking: White Chocolate Cupcakes
Afternoon 1-3
Tea and Chat
60's Music

10:30 Mass – GP & Ch. 49
1:30 Paddy's Pub with Doug



23 10:30 Mass – GP & Ch. 49
Afternoon 1-3
Gentle Touch
House Reflections
1:30 Crafts with Irene on Galway
6:30 Summer Concert- Court Yard with Aaron

24 10:30 Mass – GP & Ch. 49
1:30 Exercise with Physio
Evening 6-8
BLINGO

25 **Morning 9-12**
10:30 Mass – GP & Ch. 49
10:30 Sing Along with Penny & Fran- Wex
Afternoon 1-3
1:30 Knit and Chat on 4th
Balloon Badminton
Board Games

26 **Morning 9-12**
10:30 Mass – GP & Ch. 49
Garden Strolls
Puzzles
11:00 Exercise with Physio
Afternoon 1-3
Friendly Visits

27 **Morning 9-12**
10:30 Mass – GP & Ch. 49
Yoga
Manicures
1:00 Rosary

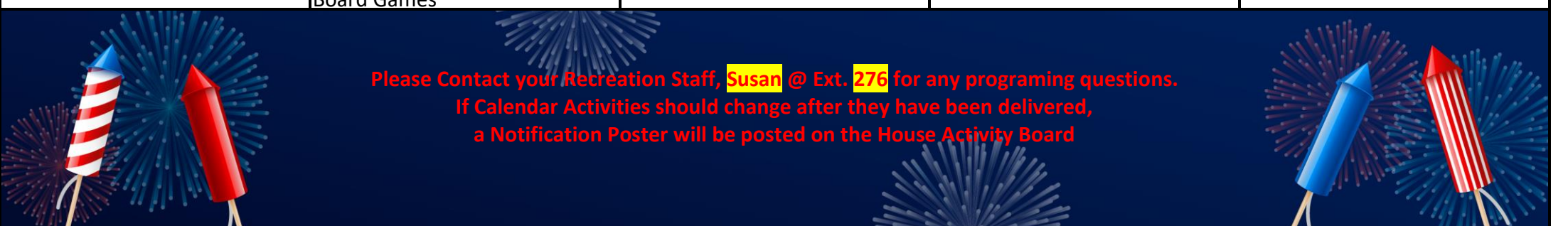
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10:30 Mass – GP & Ch. 49
1:30 Movie Matinee: (By Invitation Only)



30 **Morning 9-12**
10:30 Mass – GP & Ch. 49
Ball Fitness
Word Game
Afternoon 1-3
Montessori
6:30 Summer Concert- Court Yard with James



Please Contact your Recreation Staff, **Susan** @ Ext. **276** for any programing questions.
If Calendar Activities should change after they have been delivered, a Notification Poster will be posted on the House Activity Board