

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# July 2023

Galway House



<p><b>OFF</b></p> <p><u>Morning 9am -12pm</u> 10:30 Mass – GP &amp; Ch. 49 Adult Colouring Garden Strolls</p> <p><u>Afternoon 1pm to 3pm</u> Balloon Toss Cool Drinks and Chat</p>	<p><b>2</b></p> <p><u>Morning 9am -12pm</u> 10:30 Mass – GP &amp; Ch. 49 Baking Pizza Lunch</p> <p><u>Afternoon 1pm to 3pm</u> Arts and Crafts</p>	<p><b>3</b></p> <p><u>Morning 9am -12pm</u> 10:30 Mass – GP &amp; Ch. 49 11:00 Physio Exercise Music and Memories</p> <p><u>Afternoon 1pm to 3pm</u> Puzzles Take down decorations <small>Independence Day (US)</small></p>	<p><b>4</b></p> <p><u>Morning 9am -12pm</u> 10:30 Mass – GP &amp; Ch. 49</p> <p><u>Afternoon 1pm to 3pm</u> Cards and Board Games Hallway Walks</p> <p><u>Evening 6pm to 7:30pm</u> Watering Garden Bingo</p>	<p><b>5</b></p> <p><b>OFF</b></p> <p><u>Morning 9am -12pm</u> 10:30 Mass – GP &amp; Ch. 49</p>	<p><b>6</b></p> <p><u>Morning 9am -12pm</u> 10:30 Mass – GP &amp; Ch. 49 10:30 Jim &amp; Anne 11:00 Physio Exercise</p> <p><u>Afternoon 1pm to 3pm</u> Drum Fit</p>	<p><b>7</b></p> <p><u>Morning 9am -12pm</u> Breakfast Club, invitation only- GP “Hot Topic”- daily news Yoga</p>
<p><b>8</b></p> <p><u>Morning 9am -12pm</u> 10:30 Mass – GP &amp; Ch. 49 Painting Coffee and Chat</p> <p><u>Afternoon 1pm to 3pm</u> Social Tea with James, invitation only- GP</p>	<p><b>9</b></p> <p><u>Morning 9am -12pm</u> 10:30 Mass – GP &amp; Ch. 49 Yoga Hour of Music</p> <p><u>Afternoon 1pm to 3pm</u> Manicures 6:30pm Summer Courtyard Concert: Aaron on Violin</p>	<p><b>10</b></p> <p><b>OFF</b></p> <p><u>Morning 9am -12pm</u> 10:30 Mass – GP &amp; Ch. 49 11:00 Physio Exercise</p> <p><u>Afternoon 1pm to 3pm</u> 1:00pm Rosary</p>	<p><b>11</b></p> <p><u>Morning 9am -12pm</u> 10:30 Mass – GP &amp; Ch. 49 10:30 Discussion Group with Chaminda- 2<sup>nd</sup></p> <p><u>Afternoon 1pm to 3pm</u> Pictionary</p> <p><u>Evening 6pm to 7:30pm</u> 6:30 Concert with Robert</p>	<p><b>12</b></p> <p><u>Morning 9am -12pm</u> 10:30 Mass – GP &amp; Ch. 49 Drum Fit Brain Teasers</p> <p><u>Afternoon 1pm to 3pm</u> Pub and Music</p>	<p><b>13</b></p> <p><u>Morning 9am -12pm</u> 10:30 Mass – GP &amp; Ch. 49 11:00 Physio Exercise Reading Group</p> <p><u>Afternoon 1pm to 3pm</u> Puzzles</p>	<p><b>14</b></p> <p><b>OFF</b></p>
<p><b>15</b></p> <p><b>OFF</b></p>	<p><b>16</b></p> <p><u>Morning 9am -12pm</u> 10:30 Mass – GP &amp; Ch. 49 Tea and Chat “Hot Topic”</p> <p><u>Afternoon 1pm to 3pm</u> Drum Fit 6:30pm Summer Courtyard Concert: James on Guitar</p>	<p><b>17</b></p> <p><u>Morning 9am -12pm</u> 10:30 Mass – GP &amp; Ch. 49 11:00 Physio Exercise Adult Colouring</p> <p><u>Afternoon 1pm to 3pm</u> Balloon Toss</p>	<p><b>18</b></p> <p><u>Morning 9am -12pm</u> 10:30 Mass – GP &amp; Ch. 49 10:30 Cards with Susan- 5<sup>th</sup></p> <p><u>Afternoon 1pm to 3pm</u> Price is Right <b>BBQ in Garden</b></p> <p><u>Evening 6pm to 7:30pm</u> Manicures</p>	<p><b>19</b></p> <p><b>OFF</b></p> <p><u>Morning 9am -12pm</u> 10:30 Mass – GP &amp; Ch. 49</p>	<p><b>20</b></p> <p><u>Morning 9am -12pm</u> 10:30 Mass – GP &amp; Ch. 49 11:00 Physio Exercise Music and Memories</p> <p><u>Afternoon 1pm to 3pm</u> Baking</p>	<p><b>21</b></p> <p><u>Morning 9am -12pm</u> Trivia Reading</p> <p><u>Afternoon 1pm to 3pm</u> Painting</p>
<p><b>22</b></p> <p><u>Morning 9am -12pm</u> 10:30 Mass – GP &amp; Ch. 49 Bean Bag Toss Hour of Music</p> <p><u>Afternoon 1pm to 3pm</u> Paddy’s Pub with Doug, invitation only- GP</p>	<p><b>23</b></p> <p><u>Morning 9am -12pm</u> 10:30 Mass – GP &amp; Ch. 49 Morning Stretch Card Games</p> <p><u>Afternoon 1pm to 3pm</u> <b>1:30pm Arts and Craft</b> 6:30pm Summer Courtyard Concert: Aaron on Violin</p>	<p><b>24</b></p> <p><b>OFF</b></p> <p><u>Morning 9am -12pm</u> 10:30 Mass – GP &amp; Ch. 49 11:00 Physio Exercise</p>	<p><b>25</b></p> <p><u>Morning 9am -12pm</u> 10:30 Mass – GP &amp; Ch. 49</p> <p><u>Afternoon 1pm to 3pm</u> Knit and Chat with Elsa- 4<sup>th</sup> Garden Strolls</p> <p><u>Evening 6pm to 7:30pm</u> Watering Garden Bingo</p>	<p><b>26</b></p> <p><u>Morning 9am -12pm</u> 10:30 Mass – GP &amp; Ch. 49 Zumba Adult Colouring</p> <p><u>Afternoon 1pm to 3pm</u> Spelling B</p>	<p><b>27</b></p> <p><u>Morning 9am -12pm</u> 10:30 Mass – GP &amp; Ch. 49 11:00 Physio Exercise Brain Teasers</p> <p><u>Afternoon 1pm to 3pm</u> Manicures</p>	<p><b>28</b></p> <p><b>OFF</b></p> <p></p>
<p><b>29</b></p> <p><b>OFF</b></p>	<p><b>30</b></p> <p><u>Morning 9am -12pm</u> 10:30 Mass – GP &amp; Ch. 49 Puzzles Music and Memories</p> <p><u>Afternoon 1pm to 3pm</u> Movie Matinee – Invitation only- GP</p>	<p><b>31</b></p> <p><u>Morning 9am -12pm</u> 10:30 Mass – GP &amp; Ch. 49 Yoga Trivia</p> <p><u>Afternoon 1pm to 3pm</u> Ice Cream Sunday Social 6:30pm Summer Courtyard Concert: James on Guitar</p>	<p>Please Contact your Recreation Staff, <b>Liz</b> @ Ext. <b>274</b> for any programing questions. Activities are subject to change and if the calendar should change after they have been delivered, an updated version will be posted on the Notice Board with the date the update was made.</p> <p>Thank you for your understanding.</p>			

Type the name, address, and other information about your community/company here.