



March 1, 2023

UPDATE TO ALL FAMILY AND FRIENDS

Hello,

We remain outbreak free at St. Pat's. Thank you for ensuring that you are following all of the required protocols and keeping everyone safe.

We are required to practice fire drills on a monthly basis and wanted to provide families and visitors with information about their role when the fire alarms sound:

Fire Safety

For your safety and the safety of all residents, kettles, toasters, electric heaters, humidifiers or electric blankets are NOT permitted in residents' rooms. Questions regarding fire safety should be directed to the Charge Nurse or the Manager Building Operations at 613-731-0094 ext. 226.

In Case of Fire

We take the threat of fire seriously and continually train our staff in emergency procedures. When a fire alarm sounds:

- Follow instructions from staff members and stay where you are until further notice
- Do not attempt to use the elevators or stairways, or to transport yourself or other residents on your own
- When the alarm sounds, the fire doors close automatically. Only emergency services personnel and designated St. Pat's staff members are allowed to pass through these doors
- Remain calm, stay where you are, listen to announcements and take direction from the staff members in charge. We ask residents, family members and other visitors to familiarize themselves with all fire exits (located at both ends of each floor and illuminated with EXIT signs) and fire alarm pull stations on each floor (located near exits)

Emergency Drills

The Home is required by law to test our plans for responding to various emergency situations, such as fires, disasters, missing residents etc. The fire plan must be tested monthly on each shift; other plans are tested annually. In the case of fire and disaster plans, fire bells will ring, which can be frightening for some, but it is for the safety of residents to ensure that staff have practiced what to do. You - and anyone in the Home at the time - are asked to follow staff instructions. **ALL ALARMS ARE TREATED AS REAL** - we cannot assume it is 'just a drill'.

Be well and stay healthy,

Janet Morris

President and CEO