Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Program are subj	ected to change. please	Off <b>1</b>	Morning: 9 to 12 pm	2 Morning: 9 to 12 pm	Morning: 9 to 12 pm	4 Morning: 9 to 12pm 5
contact the Recreation any question. Thank	on staff Elsa @ 279 with you	Morning: 9 to 12 pm  Mass-Ch.49 Trivia/Gentle Touch-DR	Mass-Ch.49 Exercise-SR  Afternoon 1 to 3 pm House Reflection-SR  Evening 6 to 7:30 Bingo -Dr	Mass-Ch.49 Solve the Riddles-SR Hairdressing day Afternoon 1 to 3 pm Hymn singing-DR	Mass-Ch.49 Drum Fit-SR Gentle Touch Afternoon 1 to 3 pm Word Ladder-SR	Trivia/Balloon Toss-DR
Morning: 9 to 12 pm	6 Morning: 9 to 12 pm 7	Morning: 9 to 12 pm 8	Morning: 9 to 12 pm	9 Morning 9am to 12pm 1	0 Morning: 9 to 12 pm 1	1 Morning: 9 to 12 pm 12
Mass-Ch.49  Daylight Saving Time Ends	Mass-Ch.49 Exercise-SR 10:30 Music with Jim & Anne - DR Afternoon 1 to 3 pm Feel and Touch-RR	Mass-Ch.49 Music with Jim & Anne Let's read together-SR Afternoon 1 to 3 pm Art and Crafts-SR	Mass-Ch.49 Exercise-SR News and Views-SR  Afternoon 1 to 3 pm  Bean Bag -SR	10:30 Mass – Chan 49 Spa day-SR Card Game-SR  Afternoon 1pm to 3pm Hairdressing day Remembrance Day quiz- SR	Mass-Ch.49  Remembrance Day Service  Afternoon 1 to 3 pm  Bingo-DR  Evening 6 to 7:30  Travel Loge Movie-DR  Veterans Day Remembrance Day (Canada)	Let read together-RR  Stroll  Afternoon 1 to 3 pm  Social Tea-DR
Morning: 9 to 12 pm	13 Morning: 9 to 12 pm 14	off Morning :9 to 12 pm 15	Morning: 9 to 12 pm 1	6 Morning: 9 to 12 pm 1	7 <u>Morning: 9 to 12 pm</u> 18	
Mass-Ch.49 Afternoon 1 to 3 pm	Mass-Ch.49 Exercise-SR Trivia -SR/Stroll Afternoon 1 to 3 pm You be the judge-SR Drum Fit-SR	Mass-Ch.49  Tree Decorating Day with the "RESPECT Group" Lib  Afternoon 1 to 3 pm  Montessori-RR  Balloon Toss-SR	Mass-Ch.49/Exercise-SR  Afternoon 1 to 3 pm  Bingo -SR  Evening 6 to 7:30  Movie Night -DR	Mass-Ch.49 Hairdressing day Ball Toss-SR Read with me -SR  Afternoon 1 to 3 pm  Hymn singing-DR	Mass-Ch.49 What Am I quiz- SR Fell and Touch-SR <b>Afternoon 1 to 3 pm</b> Spa day-SR	Afternoon 1 to 3 pm  High Tea and quiz-SR  Gentle Touch -lib
Morning: 9 to 12 pm	20 Morning: 9 to 12 pm 21	Morning: 9 to 12 pm 22	Morning: 9 to 12 pm	23 Morning: 9 to 12 pm 2	<b>4</b> Off <b>2</b> 5	5 26
Mass-Ch.49 Baking-SR	Mass-Ch.49 Exercise-SR Short story-SR Gentle Touch- Afternoon 1 to 3 pm Reminiscing -RR	Mass-Ch.49 Art and Craft-SR Adult coloring-SR  Afternoon 1 to 3 pm  Bowling- SR	Mass-Ch.49 Exercise-SR Short story/Gentle Touch-SI Afternoon 1 to 3 pm Bingo -SR	Mass-Ch.49 Hairdressing day Bean Bag-SR  Afternoon 1 to 3 pm Hymn singing-DR	Morning: 9 to 12 pm  Mass-Ch.49  Afternoon 1 to 3 pm  Pub and Musical Movie-DR  Rosary-DR	
Morning: 9 to 12 pm			Morning: 9 to 12 pm Exercise-SR	NTOTAL	1 2	
Mass-Ch.49  Morning 9am to 12pm Pizza Lunch-SR Afternoon 1pm to 3pm Music and Memory -RR	Mass-Ch.49 Exercise-SR Bird matching game and rivia-SR  Afternoon 1 to 3 pm  Bowling -SR	Morning: 9 to 12 pm  Mass-Ch.49  Afternoon 1 to 3 pm  Drum Fit-SR			erry House	SON SON