

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2022

CAVAN



Morning 10am to 12pm
10:30am- Mass Ch.49



Morning 10am to 12pm
10:30am- Mass (GP)
11:00am- Exercise w Physio

Afternoon 1pm to 3pm
Fall RHA Decorating

Morning 10am to 12pm
10:30am- Mass Ch.49

Afternoon 1pm to 3pm
Arts & Crafts- Thanksgiving
Centerpieces

Yom Kippur Begins

Morning 10am to 12pm
10:30am- Mass Ch.49
11:00am- Exercise w Physio
Thanksgiving Baking-
Pumpkin Squares

Morning 10am to 12pm
10:30am- Mass Ch.49

Afternoon 1pm to 3pm
B I N G O

Morning 10am to 12pm
10:30am- Mass Ch.49
10:30am- Book Club w Marie

Breakfast Club
8:00 – GP
By Invitation Only,
Limited Seating,
Closed Door Event

Morning 10am to 12pm
10:30am- Mass Ch.49

Sukkot Begins



Columbus Day (US)
Indigenous Peoples' Day
Thanksgiving Day (Canada)

Morning 10am to 12pm
10:30am- Mass Ch.49

Evening 6pm to 7pm
6:30pm- Oktoberfest Pub -
Sausages, Beer & Musical
Entertainment w Doug

Morning 10am to 12pm
10:30am- Mass Ch.49
11:00am- Exercise w Physio

Morning 10am to 12pm
10:30am- Mass Ch.49
Garden Strolls
Hand Spa

Morning 10am to 12pm
10:30am- Mass Ch.49



Morning 10am to 12pm
10:30am- Mass Ch.49



Morning 10am to 12pm
10:30am- Mass (GP)
11:00am- Exercise w Physio

Afternoon 1pm to 3pm
October Birthday Party

Simchat Torah Begins

Morning 10am to 12pm
10:30am- Mass Ch.49

Afternoon 1pm to 3pm
Rosary w Pastoral
Evening 6pm to 7pm
Movie Matinee

Morning 10am to 12pm
10:30am- Mass Ch.49
11:00am- Exercise w Physio

Afternoon 1pm to 3pm
Art Therapy- Oil Painting

Morning 10am to 12pm
10:30am- Mass Ch.49
Drum Fit
Men's Group

Morning 10am to 12pm
10:30am- Mass Ch.49
Harvest Baking- Apple &
Cheddar Gallette

Afternoon 1pm to 3pm
Harvest Tea & Social Hour



Morning 10am to 12pm
10:30am- Mass Ch.49

Morning 10am to 12pm
10:00am- Municipal Election
(Shamrock Boardroom)
10:30am- Mass (GP)
11:00am- Exercise w Physio

Diwali (Hindi)

Morning 10am to 12pm
10:30am- Mass Ch.49

Afternoon 1pm to 3pm
Halloween Craft & RHA
Decorating

Morning 10am to 12pm
10:30am- Mass Ch.49
11:00am- Exercise w Physio
Halloween Trivia

Morning 10am to 12pm
10:30am- Mass Ch.49

Afternoon 1pm to 3pm
Halloween Baking- Witch Hat
Cookies

Morning 10am to 12pm
10:30am- Mass Ch.49

Morning 10am to 12pm
10:30am- Mass Ch.49



Morning 10am to 12pm
10:30am- Mass (GP)
10:30am- Concert w Kevin
11:00am- Exercise w Physio

Afternoon 1pm to 3pm
2:00pm- Halloween Treat
Social

Halloween

