

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <u>Morning 10am to 12pm</u> 10:30am- Mass (GP) <u>Afternoon 1pm to 3pm</u> 1:00pm- Exercise w Physio	2 <u>Morning 10am to 12pm</u> 10:30am- Mass Ch.49 <u>Afternoon 1pm to 3pm</u>	3 <u>Morning 10am to 12pm</u> 10:30am- Mass Ch.49 Art Therapy- Painting	4 <u>Morning 10am to 12pm</u> 10:30am- Mass Ch.49 11:00am- Exercise w Physio <u>Afternoon 1pm to 3pm</u> 3:30pm- Town Hall Meeting	5 <u>Morning 10am to 12pm</u> 10:30am- Mass Ch.49 Garden Strolls Adult Coloring	6 <u>Morning 10am to 12pm</u> <u>Afternoon 1pm to 3pm</u> Armchair Travel Discussion Group
7 <u>Morning 10am to 12pm</u> 10:30am- Mass Ch.49	8 <u>Morning 10am to 12pm</u> 10:30am- Mass (GP) <u>Afternoon 1pm to 3pm</u> 1:00pm- Exercise with Physio	9 <u>Morning 10am to 12pm</u> 10:30am- Mass Ch.49 <u>Evening 6pm to 7pm</u> Short Stories- Stuart McLean's Vinyl Café	10 <u>Morning 10am to 12pm</u> 10:30am- Mass Ch.49 Drum Fit Gentle Touch <u>Afternoon 1pm to 3pm</u>	11 <u>Morning 10am to 12pm</u> 10:30am- Mass Ch.49 11:00am- Exercise w Physio <u>Afternoon 1pm to 3pm</u>	12 <u>Morning 10am to 12pm</u> 10:30am- Mass Ch.49 Summer Baking- S'mores Cookies Reminiscing- Camping	13 
14 <u>Morning 10am to 12pm</u> 10:30am- Mass Ch.49 	15 <u>Morning 10am to 12pm</u> 10:30am- Mass (GP) Garden Strolls Music & Memories <u>Afternoon 1pm to 3pm</u> 1:00pm- Exercise with Physio	16 <u>Morning 10am to 12pm</u> 10:30am- Mass Ch.49 <u>Afternoon 1pm to 3pm</u> Social Tea	17 <u>Morning 10am to 12pm</u> 10:30am- Mass Ch.49	18 <u>Morning 10am to 12pm</u> 10:30am- Mass Ch.49 10:30am- Book Club w Marie 11:00am- Exercise w Physio <u>Afternoon 1pm to 3pm</u>	19 <u>Morning 10am to 12pm</u> 10:30am- Mass Ch.49 Concert DVD	20 <u>Morning 10am to 12pm</u> <u>Afternoon 1pm to 3pm</u> Board Games Friendly Visits with Kayla
21 <u>Morning 10am to 12pm</u> 10:30am- Mass Ch.49	22 <u>Morning 10am to 12pm</u> 10:30am- Mass (GP) 10:30am- Jam w Jim <u>Afternoon 1pm to 3pm</u> 1:00pm- Exercise with Physio	23 <u>Morning 10am to 12pm</u> 10:30am- Mass Ch.49 <u>Afternoon 1pm to 3pm</u> 1:30pm- Rosary w Pastoral <u>Evening 6pm to 7pm</u> Bingo	24 <u>Morning 10am to 12pm</u> 10:30am- Mass Ch.49 Physical Games <u>Afternoon 1pm to 3pm</u> Hour of Music Coffee & Chat	25 <u>Morning 10am to 12pm</u> 10:30am- Mass Ch.49 11:00am- Exercise w Physio <u>Afternoon 1pm to 3pm</u> August Birthday Party	26 <u>Morning 10am to 12pm</u> 10:30am- Mass Ch.49 Arts & Crafts	27 
28 <u>Morning 10am to 12pm</u> 10:30am- Mass Ch.49 <u>Afternoon 1pm to 3pm</u> 1:30pm- Pet Visits w Stella	29 <u>Morning 10am to 12pm</u> 10:30am- Mass (GP) <u>Afternoon 1pm to 3pm</u> 1:00pm- Exercise with Physio	30 <u>Morning 10am to 12pm</u> 10:30am- Mass Ch.49 <u>Afternoon 1pm to 3pm</u>	31 <u>Morning 10am to 12pm</u> 10:30am- Mass Ch.49 Gardening			

Legend: Channel 49/50 – Ch. 49/50, Gathering Place – GP, Larry Kelly Family Garden – LKFG, Sunroom -SR