Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Program are subjected to change please contact Recreation staff Elsa @279 with any question. Thank you	Morning 9am to 12pm 10:30 Mass – Chan 49 **CIVIC DAY ** shutterstock.com · 1787628362	1 Morning 9am to 12pm 10:30 Mass – Chan 49 Jeopardy Trivia -SR Stroll	Morning 9am to 12pm 10:30 Mass – Chan 49 Stroll Gentle Touch-DR Afternoon 1pm to 3pm Bingo -DR Physio Exercise - SR	Morning 9am to 12pm 10:30 Mass – Chan 49 10:30 Book Club with Marie Sap morning -SR Afternoon 1pm to 3pm Drum Fit-SR Hairdressing Day	Off Morning 9am to 12pm 10:30 Mass – Chan 49 10:30 Jam with Jim – 4 th	5 Morning 9am to 12pm Breakfast Club Stroll Afternoon 1pm to 3pm Birthday Party-DR
You be the Judge -SR Afternoon 1pm to 3pm	Morning 9am to 12pm 10:30 Mass – Chan 49 Physio Exercise-SR Stroll Fell and Toch-DR Afternoon 1pm to 3pm Movie matinee -DR	Morning 9am to 12pm 10:30 Mass – Chan 49	9 Morning 9am to 12pm 10:30 Mass – Chan 49 Physio Exercise – SR Afternoon 1pm to 3pm Bingo -DR Music and Memory-RR	Morning 9am to 12pm 10:30 Mass – Chan 49 Hairdressing Day Afternoon 1pm to 3pm Drum Fit-SR Hymn singing -DR	1 Morning 9am to 12pm 10:30 Mass – Chan 49 Afternoon 1pm to 3pm Summer Drink cart-DR Feel and Touch-DR Stroll	12 Off Happy Weekend!
Morning 9am to 12pm	Morning 9am to 12pm 10:30 Mass – Chan 49 Physio Exercise-SR Baking - SR	Morning 9am to 12pm 10:30 Mass – Chan 49 Read aloud-SR Gentle Touch-DR Afternoon 1pm to 3pm Bowling -DR	16 Morning 9am to 12pm 10:30 Mass – Chan 49 Physio Exercise - SR Afternoon 1pm to 3pm Bingo -SR Music and Memory-RR	Morning 9am to 12pm 10:30 Mass – Chan 49 Hairdressing Day Afternoon 1pm to 3pm Ice-cream Social -DR Hymn singing -DR	Off Morning 9am to 12pm Mass -Ch 49 Afternoon 1pm to 3pm Pub and Music with cham	Morning 9am to 12pm Making Pizza SR Pizza Lunch-SR iinda
10:30 Mass – Chan 49 Afternoon 1pm to 3pm Social Tea-GP	Morning 9am to 12pm 10:30 Mass – Chan 49 Physio Exercise-SR Let's read together-SR Stroll	Morning 9am to 12pm 10:30 Mass – Chan 49	10:30 Mass – Chan 49 Physio Exercise – SR 10:30 Sing-A-Long with Fran & Peggy – 4 Afternoon 1pm to 3pm Montessori Fell and Touch-DR	Hairdressing Day	Morning 9am to 12pm 10:30 Mass – Chan 49 10:30 Concert with AI –4 th Afternoon 1pm to 3pm 1:30 Rosary - SR	Happy Weekend Everyone Have a blessed and lovely weekend
Morning 9am to 12pm 10:30 Mass – Chan 49	Morning 9am to 12pm 10:30 Mass – Chan 49 Physio Exercise-SR Spa morning -SR Stroll	Morning 9am to 12pm 10:30 Mass – Chan 49 Old wives Tales-SR You be the judge-SR	30 Morning 9am to 12pm 10:30 Mass – Chan 49 Physio Exercise - SR Afternoon 1pm to 3pm One on-one visit and calendadelivery-RR	Aug		2022