Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
But a little ch then d	need is love. nocolate now and oesn't hurt" es M. Schulz	Mass Ch.49 11:00 Exercise with Physio Afternoon: 1-3 pm Bowling Evening: 6-8 pm Bingo Chinese New Year (Year of the Tiger)	Mass Ch.49 Morning: 9-12 pm Zumba Crossword Afternoon: 1-3 pm 1:30 Resident Council – GP Adult Coloring Montessori Groundhog Day	Mass Ch.49	Mass Ch.49 4 11:00 Exercise with Physio	5
Mass Ch.49 Morning: 9-12 pm Bocce Ball News & Views Afternoon: 1-3 pm Painting 1:30 Pet Visit with Keitha & Stella		Mass Ch.49 8 11:00 Exercise with Physio	Mass Ch.49 9	Mass Ch.49 Morning: 9-12 pm Zumba Crossword Afternoon: 1-3 pm Adult Coloring Montessori	Mass Ch.49 Morning: 9-12 pm 11:00 Exercise with Physio Friendly Visits Afternoon: 1-3 pm Basket Ball Tuck Shop	12
Mass Ch.49 13	Mass Ch.49 14 Morning: 9-12 pm Baking Afternoon: 1-3 pm 1:30 Valentine's Day Concert with Walk on the	Mass Ch.49 15 11:00 Exercise with Physio Afternoon: 1-3 pm Winterlude Paddy's Pub Evening: 6-8 pm Bingo	Mass Ch.49 16	Mass Ch.49 17	Mass Ch.49 18 11:00 Exercise with Physio Morning: 9-12 pm House Reflections Drum Fit Afternoon: 1-3 pm Birthday Party	Morning: 9-12 pm Friendly Visits Afternoon: 1-3 pm Yoga Music Therapy
Mass Ch.49 20	Mass Ch.49 21 Presidents' Day	Mass Ch.49 22 11:00 Exercise with Physio	Mass Ch.49 23 1:30 Choir Practice with Fran & Peggy	Mass Ch.49 Morning: 9-12 pm House Reflection Yoga Afternoon: 1-3 pm Friendly Visits	Mass Ch.49 Morning: 9-12 pm 11:00 Exercise with Physio Calendar Delivery Afternoon: 1-3 pm Basket Ball Montessori	26
Mass Ch.49 27	Mass Ch.49 28	St. Patrick's Home of Ottawa	Febr Wa *Dance Circl	terford Calendar e on Thursdays Hou	2022 se to Be Determined	