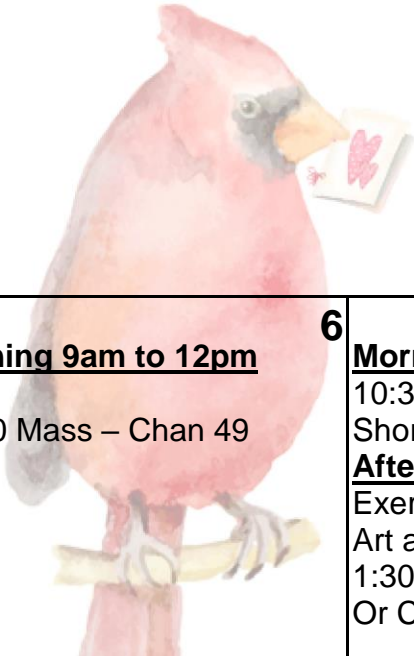













Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Carlow House 		Off Morning 9am to 12pm 10:30 Mass – Chan 49 Physio Exercise 	Morning 9am to 12pm 10:30 Mass – Chan 49 Afternoon 1pm to 3pm House Reflection -SR 1:30 Resident Council – GP Evening 6:30-7:30 Movie Night	Morning 9am to 12pm 10:30 Mass – Chan 49 Short story/Friendly visits-RR Exercise with Physio-SR Afternoon 1pm to 3pm Bowling	Morning 9am to 12pm 10:30 Mass – Chan 49 Physio Exercise	off 
Off Morning 9am to 12pm 10:30 Mass – Chan 49	Morning 9am to 12pm 10:30 Mass – Ch 49 Short story/Gentle Touch -DR Afternoon 1pm to 3pm Exercise with Physio-SR Art and Craft /Tuck Shop 1:30 Piano with Anne – 2 nd Or Ch. 49	Morning 9am to 12pm 10:30 Mass – Ch 49 House Reflection -SR Montessori Music &Memory Afternoon 1pm to 3pm Adult coloring /painting 	Morning 9am to 12pm 10:30 Mass – Chan 49 	Morning 9am to 12pm 10:30 Mass – Chan 49 Exercise with Physio-SR 	off Morning 9am to 12pm 10:30 Mass – Chan 49 Afternoon 1pm to 3pm Physio Exercise	Morning 9am to 12pm Nursery Rhyme Quiz -DR Montessori -DR Afternoon 1pm to 3pm Hot Chocolate Social -SR Music and Memory-RR
Morning 9am to 12pm 10:30 Mass – Chan 49 Gentle Touch / Manicure -RR Afternoon 1pm to 3pm Birthday Party -DR 1:30 Pet Visit with Kietha & Stella – RR	Morning 9am to 12pm 10:30 Mass – Ch 49 Afternoon 1pm to 3pm Exercise with Physio-SR 2:00 Valentine's Day Concert with Walk on the Wire -Ch. 49 Valentine's Day	off Morning 9am to 12pm 10:30 Mass – Chan 49 Afternoon 1pm to 3pm Physio Exercise	Morning 9am to 12pm 10:30 Mass – Chan 49 Art and Craft-SR /Feel and Touch Afternoon 1pm to 3pm Love in the Air Trivia-SR Winterlude Party with Beaver Tails & Hot Chocolate-DR	Morning 9am to 12pm 10:30 Mass – Ch 49 Things that go together quiz Balloon Toss -DR Exercise with Physio-SR Afternoon 1pm to 3pm Bingo -DR 	Morning 9am to 12pm 10:30 Mass – Ch 49 	Off 
off Morning 9am to 12pm 10:30 Mass – Chan 49	 Presidents' Day	Morning 9am to 12pm 10:30 Mass – Chan 49 Montessori /Men's Group-SR Afternoon 1pm to 3pm Knit and chat /Reminiscing Music and Memory	Morning 9am to 12pm 10:30 Mass – Chan 49 Afternoon 1pm to 3pm Bingo Evening 6:30-7:30 Movie Night -DR	Morning 9am to 12pm 10:30 Mass – Chan 49 Exercise with Physio-SR 	off Morning 9am to 12pm 10:30 Mass – Chan 49 Physio Exercise	Morning 9am to 12pm 10:30 Mass – Ch 49 Religion Quiz/Gentle Touch Afternoon 1pm to 3pm Hot chocolate Social and Remaining -DR
Morning 9am to 12pm 10:30 Mass – Chan 49 Morning 9am to 12pm 10:30 Mass – Ch 49 Religion Quiz/Gentle Touch Afternoon 1pm to 3pm Musical Movie -DR	Morning 9am to 12pm 10:30 Mass – Chan 49 Afternoon 1pm to 3pm Exercise with Physio-SR	 <h1>February 2022</h1> <p>All Program are subjected to change please contact Recreation staff Elsa @279 with any question. Thank you.</p>				