

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Please Contact your Recreation Staff, Liz Stevens Ext. 274 for any questions! Calendar activities are subject to change.

Morning 9am to 12pm 1 Mass - Ch 49 Physio Exercise Trivia Afternoon 1pm to 3pm Manicures Walk-Abouts Chinese New Year (Year of the Tiger)

Morning 9am to 12pm 2 Mass - Ch 49 Afternoon 1pm to 3pm Exercise 1:1 Adult Colouring Evening 6pm to 7:30pm Valentines Crafts Friendly Visits

OFF Morning 9am to 12pm 3 Mass - Ch 49

Morning 9am to 12pm 4 Mass - Ch 49 Physio Exercise Montessori Afternoon 1pm to 3pm Social Tea News and Views

Morning 9am to 12pm 5 Mass - Ch 49 Pet Visits Drum Fit Afternoon 1pm to 3pm Short Stories Trivia

Morning 9am to 12pm 6 Mass - Ch 49 Yoga Just for Laughs Afternoon 1pm to 3pm Valentine's Crafts Tuck Shop

Morning 9am to 12pm 7 Mass - Ch 49 Chairobics Music and Memories Afternoon 1pm to 3pm Jamming with Jim @ 1:30pm Friendly Visits

OFF Morning 9am to 12pm 8 Mass - Ch 49 Physio Exercise

Morning 9am to 12pm 9 Mass - Ch 49 Afternoon 1pm to 3pm Walk-Abouts Discussion Group Evening 6pm to 7:30pm Movie Night Short Stories

OFF Morning 9am to 12pm 10 Mass - Ch 49

Morning 9am to 12pm 11 Mass - Ch 49 Physio Exercise Puzzles Afternoon 1pm to 3pm Valentine's Trivia Friendly Visits

OFF 12

OFF Morning 9am to 12pm 13 Mass - Ch 49

Morning 9am to 12pm 14 Mass - Ch 49 Trivia Drum Fit Afternoon 1pm to 3pm Valentine's Price is Right Valentine's Day Concert with Walk on the Wire Valentine's Day

Morning 9am to 12pm 15 Mass - Ch 49 Physio Exercise Social Visits Afternoon 1pm to 3pm Winter Social Manicures

Morning 9am to 12pm 16 Mass - Ch 49 Afternoon 1pm to 3pm Exercise 1:1 Brain Teasers Evening 6pm to 7:30pm House Reflection Bingo

OFF Morning 9am to 12pm 17 Mass - Ch 49

Morning 9am to 12pm 18 Mass - Ch 49 Physio Exercise Adult Colouring Afternoon 1pm to 3pm Novel Reading Walk-Abouts

Morning 9am to 12pm 19 Mass - Ch 49 Chairobics Pet Visits Afternoon 1pm to 3pm Social Tea Puzzles

Morning 9am to 12pm 20 Mass - Ch 49 Birthday Bingo Just for Laughs Afternoon 1pm to 3pm Birthday Celebrations Friendly Visits

OFF Morning 9am to 12pm 21 Mass - Ch 49 Family Day Presidents' Day

OFF Morning 9am to 12pm 22 Mass - Ch 49 Physio Exercise

Morning 9am to 12pm 23 Mass - Ch 49 Afternoon 1pm to 3pm Adult Colouring Short Stories Evening 6pm to 7:30pm Drum Fit Hour of Music

Morning 9am to 12pm 24 Mass - Ch 49 Yoga Coffee and Chat Afternoon 1pm to 3pm Arts and Crafts Music and Memories

Morning 9am to 12pm 25 Mass - Ch 49 Physio Exercise Puzzles Afternoon 1pm to 3pm Walk on the Wire @ 1:30pm Social Visits

OFF 26

OFF Morning 9am to 12pm 27 Mass - Ch 49

Morning 9am to 12pm 28 Mass - Ch 49 Yoga Montessori Afternoon 1pm to 3pm Manicures Calendar Delivery

February 2022

Galway House

Legend: Channel 49/50 - Ch. 49/50, Dining Room - DR, Front Lobby - FL, Front Porch - FP, Larry Kelly Family Garden - LKFG.