

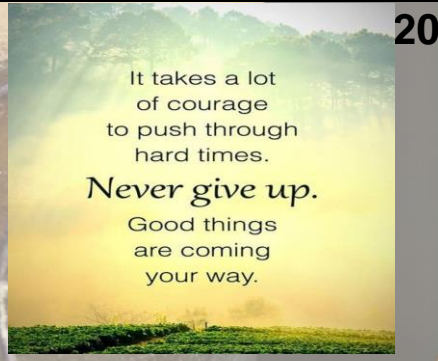


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All Program are subjected to change. please contact the Recreation staff Elsa @ 279 with any question. Thank you</p>	<p>Morning: 9 to 12 pm 1 Mass-Ch.49 Afternoon 1 to 3 pm</p>	<p>Morning: 9 to 12 pm 2 Mass-Ch.49 Exercise-SR Afternoon 6-7:30pm Calendar Delivery One on one visits</p>	<p>Morning: 9 to 12 pm 3 Mass-Ch.49 Exercise-SR Afternoon 1 to 3 pm</p>	<p>Morning: 9 to 12 pm 4 Mass-Ch.49 Exercise- SR You be the Judge-SR Remembrance Craft -SR Afternoon 1 to 3 pm Manicure -SR Balloon Toss-RR</p>	<p>Morning: 9 to 12 pm 5 Mass-Ch.49 Afternoon 1 to 3 pm Manicure-RR Trivia/Gentle Touch-DR</p>	<p>Hava nice weekend !! </p>
<p>Morning: 9 to 12 p 7 Mass-Ch.49 Remembrance Day Trivia-SR Gentle Touch-Lib Afternoon 1 to 3 pm 1:00 Pet Visit - Kietha with Stella – 2nd <small>Daylight Saving Time Ends</small></p>	<p>Morning: 9 to 12 pm 8 Mass-Ch.49 Exercise- SR Afternoon 1 to 3 pm</p>	<p>Morning: 9 to 12 pm 9 Mass-Ch.49 Afternoon 1 to 3 pm</p>	<p>Morning: 9 to 12 pm 10 Mass-Ch.49 Exercise- SR Afternoon 1 to 3 pm Choir Practice with Fran 1:30 pm – 2nd Evening 6 to 7:30 Remembrance Day Movie-DR</p>	<p>Morning: 9 to 12 pm 11 Remembrance Day Service Mass-Ch.49 Tuck shop with Helen-RR Afternoon 1 to 3 pm <small>Veterans Day Remembrance Day (Canada)</small></p>	<p>Morning: 9 to 12 pm 12 Mass-Ch.49 Where in the world Quiz-DR Gentle Touch-SR Exercise-SR Afternoon 1 to 3 pm House Reflection -SR Music and Memory-RR</p>	
<p>off Morning: 9 to 12 p 14 Mass-Ch.49 Afternoon 1 to 3 pm</p>	<p>Morning: 9 to 12 pm 15 Mass-Ch.49 Afternoon 1 to 3 pm</p>	<p>Morning: 9 to 12 pm 16 Mass-Ch.49 Exercise- SR What I Am /Friendly visits -RR Matching Shapes-DR Afternoon 1 to 3 pm Put up Christmas Tree-Lib Music and Memory-RR</p>	<p>Morning: 9 to 12 pm 17 Mass-Ch.49 Afternoon 1 to 3 pm</p>	<p>Morning: 9 to 12 pm 18 Mass-Ch.49 You be the Judge /Fell & Touch -DR Afternoon 1 to 3 pm Table Game-Lib Adult Coloring/Painting -SR</p>	<p>Morning: 9 to 12 pm 19 Mass-Ch.49 Gentle Touch-DR Manicure-SR Afternoon 1 to 3 pm</p>	<p>20  It takes a lot of courage to push through hard times. Never give up. Good things are coming your way.</p>
<p>Morning: 9 to 12 p 21 Mass-Ch.49 Manicure/Gentle Touch-DR Trivia-DR Afternoon 1 to 3 pm Social Tea & Birthday Party-SR</p>	<p>Morning: 9 to 12 pm 22 Mass-Ch.49 Exercise- SR Afternoon 1 to 3 pm</p>	<p>off 23 Morning: 9 to 12 pm Mass-Ch.49 Afternoon 1 to 3 pm</p>	<p>Morning: 9 to 12 pm 24 Mass-Ch.49 Exercise- SR Afternoon 1 to 3 pm Choir Practice with Fran 1:30 pm – 2nd Evening 6 to 7:30 Bingo/Movie Night -DR</p>	<p>Morning: 9 to 12 pm 25 Mass-Ch.49 Exercise-SR Afternoon 1 to 3 pm <small>Thanksgiving Day</small></p>	<p>Morning: 9 to 12 pm 26 Mass-Ch.49 Exercise-SR Old wives Tales-DR Visit with Elsa-RR Afternoon 1 to 3 pm Calendar Delivery-RR Balloon Toss-RR</p>	<p>off 27</p>
<p>off 28 Morning: 9 to 12 p Mass-Ch.49 Afternoon 1 to 3 pm <small>Hanukkah Begins</small></p>	<p>Morning: 9 to 12 pm 29 Mass-Ch.49 Afternoon 1 to 3 pm</p>	<p>Morning: 9 to 12 pm 30 Mass-Ch.49 Exercise- SR Short story/Montessori -DR Afternoon 1 to 3 pm Drum Fit-SR/Friendly visits-RR Music and Memory-RR</p>	<p>November 2021 Carlow House</p>			

Legend: end: Balcony – B, Channel 49/50 – Ch. 49/50, Dining Room – DR, Harvest Room – HR, Library – Lib, Larry Kelly Family Garden – LKFG, Resident Room – R, Sunroom – SR