Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cavan House	. Morning: 9 to 12 pm Mass-Ch.49 Exercise-SR Afternoon 1 to 3 pm Piano with Anne – 2 nd	Morning: 9 to 12 pm Mass-Ch.49 Afternoon 1 to 3 pm Calendar Delivery One on one visits	Mass-Ch.49 Exercise-SR Afternoon 1 to 3 pm Bingo -DR Evening 6 to 7:30 Remembrance Day Craft-DF	Morning: 9 to 12 pm Mass-Ch.49 Afternoon 1 to 3 pm	Morning: 9 to 12 pm Mass-Ch.49 Exercise-SR Afternoon 1 to 3 pm Manicure-RR Trivia/Gentle Touch-DR	Morning: 9 to 12pm 6 Trivia/Balloon Toss-DR Afternoon 1 to 3 pm Hot Chocolate Social/ Short story -SR
Morning: 9 to 12 p Mass-Ch.49 Afternoon 1 to 3 pm Daylight Saving Time Ends	Mass-Ch.49 Remembrance Day rivia/Montessori-DR Afternoon 1 to 3 pm Music and Memory-RR Drum Fit-SR Tuck shop with Frank-RR	Morning: 9 to 12 pm Mass-Ch.49 Afternoon 1 to 3 pm Bingo-DR Tea and Chat-SR	9 Morning: 9 to 12 pm Mass-Ch.49 Afternoon 1 to 3 pm	Morning: 9 to 12 pm Mass-Ch.49/Exercise -SR-House Reflection-DR Afternoon 1 to 3 pm 1:30 - Book Club with Marie— 2 nd Remembrance Day Movie - Music and Meanagy (see Ref.)	Morning: 9 to 12 pm Mass-Ch.49 Afternoon 1 to 3 pm Walk on the Wire 1:30 pm -2 nd	Morning: 9 to 12pm 13 Sing-a-alone Movie-DR Music and Memory-RR
Morning: 9 to 12 p Mass-Ch.49 Afternoon 1 to 3 pm Social Tea and Quiz-DR	. Morning: 9 to 12 pm Mass-Ch.49 Exercise-SR Feel and Touch/ Facts and Fun -DR Afternoon 1 to 3 pm Put up Christmas Tree-Lib Visit with Elsa 1-1-RR	Morning: 9 to 12 pm Mass-Ch.49 Exercise-SR Afternoon 1 to 3 pm	Morning: 9 to 12 pm Mass-Ch.49 Exercise-SR Afternoon 1 to 3 pm Bingo -DR Evening 6 to 7:30 Movie Night -DR	Morning: 9 to 12 pm Mass-Ch.49 Afternoon 1 to 3 pm	Morning: 9 to 12 pm Mass-Ch.49 Exercise-SR Afternoon 1 to 3 pm Daily Chronicle & News-DR Non-Alcoholic Paddy's Pub- DR	Morning: 9 to 12 pm 20 Gentle Touch-DR /Manicure -SR Afternoon 1 to 3 pm Social Tea & Birthday Party-SR Table Game -SR
Morning: 9 to 12 p Mass-Ch.49 Afternoon 1 to 3 pm	. Morning: 9 to 12 pm 22 Mass-Ch.49 Short Story /Balloon Toss-DR Afternoon 1 to 3 pm Remembering Yesterday-SR Art and Craft-SR Music and Memory-RR	off Morning: 9 to 12 pm Mass-Ch.49 Afternoon 1 to 3 pm	Mass-Ch.49 Afternoon 1 to 3 pm	Mass-Ch.49 Exercise-SR	Mass-Ch.49 Exercise-SR OR Afternoon 1 to 3 pm	off HOPE Is seeing light in spite of being surrounded by darkness.
off Morning: 9 to 12 p Mass-Ch.49 Afternoon 1 to 3 pm Hanukkah Begins	Morning: 9 to 12 pm Mass-Ch.49 Exercise-SR Trivia/Gentle Touch-DR Afternoon 1 to 3 pm Calendar Delivery-RR Drum Fit-SR	Morning: 9 to 12 pm Mass-Ch.49 Exercise-SR Afternoon 1 to 3 pm		Jovem	ber 20 ntact the Recreation staff	