

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# September 2021

Carlow House

			<p><b>Morning: 9 to 12 pm</b> 1</p> <p>Mass-Ch.49/Exercise-SR <b>Afternoon 1 to 3 pm</b></p> <p>Music Memory/Trivia-RR <b>Evening 6 to 7:30</b></p> <p>Bingo Night -DR</p>	<p><b>Morning: 9 to 12 pm</b> 2</p> <p>Mass-Ch.49</p> 	<p><b>Morning: 9 to 12 pm</b> 3</p> <p>Mass-Ch.49/Exercise-SR</p> <p>Montessori Games-RR Manicure/Friendly visit <b>Afternoon 1 to 3 pm</b></p> <p>Drum Fit/Reminiscing -Lib</p>	<p>4</p> 
<p><b>Morning: 9 to 12 pm</b> 5</p> <p>10:30 Mass-Ch.49</p> 	<p><b>Morning: 9 to 12 pm</b> 6</p> <p>Mass-Ch.49</p> 	<p><b>Morning: 9 to 12 pm</b> 7</p> <p>Mass-Ch.49</p> 	<p><b>Morning: 9 to 12 pm</b> 8</p> <p>Mass-Ch.49 Exercise-SR</p> 	<p><b>Morning: 9 to 12 pm</b> 9</p> <p>Mass-Ch.49</p> 	<p>Off <b>Morning: 9 to 12 pm</b> 10</p> <p>Mass-Ch.49/Exercise-SR <b>Afternoon 1 to 3 pm</b></p> <p>Election Information Session with 1:30 Liberal David McGuinty -Ch 49</p>	<p>11</p> 
<p><b>Morning: 9 to 12 p</b> 12</p> <p>Mass-Ch.49/Meaningful tasks /Gentle Touch RR/Stroll</p> <p><b>Afternoon 1 to 3 pm</b></p> <p>Social Tea -RR Grandparents Day</p>	<p><b>Morning: 9 to 12 pm</b> 13</p> <p>Mass-Ch.49</p> 	<p>OFF</p> <p><b>Morning: 9 to 12 pm</b></p> <p>Mass-Ch.49 Exercise-SR</p> 	<p><b>Morning: 9 to 12 pm</b> 15</p> <p>Mass-Ch.49</p> <p><b>Afternoon 1 to 3 pm</b></p> <p>Music &amp; Memory -RR</p> <p><b>Evening 6-7:30 pm</b></p> <p>Yom Kippur Begins Movie Night /Art and Craft -</p>	<p><b>Morning: 9 to 12 pm</b> 16</p> <p>Mass-Ch.49</p> <p>Exercise-SR</p> <p><b>Afternoon 1 to 3 pm</b></p> <p>Tuck &amp; Pub – 2<sup>nd</sup></p>	<p><b>Morning: 9 to 12 pm</b> 17</p> <p>Mass-Ch.49</p> <p><b>Afternoon 1 to 3 pm</b></p> <p>Friendly visits-RR 1:30 Walk on the Wire – 2<sup>nd</sup></p>	<p>18</p> <p>OFF</p> 
<p>OFF</p> <p>10:30 Mass -Ch 49</p> 	<p><b>Morning: 9 to 12 pm</b> 20</p> <p>Mass-Ch.49 Exercise-SR</p> 	<p><b>Morning: 9 to 12 pm</b> 21</p> <p>Mass-Ch.49 Reminiscing Story-DR Montessori Games-DR <b>Afternoon 1 to 3 pm</b></p> <p>1:30 Jamming with Jim Friendly visits</p>	<p><b>Morning: 9 to 12 pm</b> 22</p> <p>Mass-Ch.49 Exercise-SR</p> 	<p><b>Morning: 9 to 12 p</b> 23</p> <p>Mass-Ch.49 Stroll /Short story <b>Afternoon 1 to 3 pm</b></p> <p>Music &amp; Memory-RR Pot Luck Quiz-DR</p>	<p>OFF <b>Morning: 9 to 12 pm</b> 24</p> <p>Mass-Ch.49 Exercise-SR</p> 	<p>25</p> 
<p>Carlow</p> <p><b>Morning: 9 to 12 pm</b></p> <p>Mass-Ch.49 Stroll /Short story <b>Afternoon 1 to 3 pm</b></p> <p>Social Tea /Crafts</p>	<p><b>Morning: 9 to 12 pm</b> 27</p> <p>Mass-Ch.49</p> 	<p>OFF</p> <p><b>Morning: 9 to 12 pm</b></p> <p>Mass-Ch.49 Exercise-SR <b>Afternoon 1 to 3 pm</b></p> <p>Simchat Torah Begins</p>	<p><b>Morning: 9 to 12 pm</b> 29</p> <p>Mass-Ch.49</p> <p><b>Afternoon 1 to 3 pm</b></p> <p>Drum Fit /Balloon Toss <b>Evening 6-7:30 pm</b></p> <p>Adult Coloring/Painting -SR</p>	<p><b>Morning: 9 to 12 pm</b> 30</p> <p>Mass-Ch.49 Exercise-SR</p> 	<p><b>All Program are subjected to change. please contact the Recreation staff Elsa @ 279 with any question. Thank you</b></p> 	

Legend: end: Balcony – B, Channel 49/50 – Ch. 49/50, Dining Room – DR, Harvest Room – HR, Library – Lib, Larry Kelly Family Garden – LKFG, Resident Room – R, Sunroom – SR