Weekly Menu Cycle — St Patrick's Home — Week #1

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	15-Aug-21	**16-Aug-21**	**17-Aug-21**	**18-Aug-21**	**19-Aug-21**	**20-Aug-21**	**21-Aug-21**
Breakfast	Assorted Juice Hot Cereal Choice of Cold Cereal	Assorted Juice Hot Cereal Choice of Cold Cereal	Assorted Juice Hot Cereal Choice of Cold Cereal	Assorted Juices Hot Cereal Choice of Cold Cereal	Assorted Juices Hot Cereal Choice of Cold Cereal	Assorted Juices Hot Cereal Choice of Cold Cereal	Assorted Juices Hot Cereal Choice of Cold Cereal
	Scrambled Egg or Boiled Eggs Bacon Whole Wheat Toast	Scrambled Egg or Boiled Eggs Bran Muffin Whole Wheat Toast	Scrambled Egg or Boiled Eggs Sausage Whole Wheat Toast	Scrambled Egg or Boiled Eggs Banana Muffin Whole Wheat Toast	Scrambled Egg or Boiled Eggs Whole Wheat Toast	Waffles & Scrambled Eggs Sausage Whole Wheat Toast	Scrambled Egg or Boiled Eggs Whole Wheat Toast
Lunch	**Vegetable Soup** Garden Salad	**Cream of Broccoli** Garden Salad	**Beef & Rice Soup** Mixed Kale Salad	**Minestrone Soup** Potato Salad	**Chicken Noodle Soup** Garden Salad	**Vegetable & Rice Soup** Ceasar Salad	**Navy Bean Soup** Creamy Coleslaw
	Battered Fish Tartar & Lemon Slices **French Fries**	**Onion,Tomato & Cheese Quiche** **Mashed Potatoes**	**Baked Macaroni & Cheese**	**Cheeseburger Sliders** Onion/Lettuce/tomato **Mashed Potatoes**	**Beans & Wieners** with a Roll	**Cheese Ravioli with** **Marinara Sauce** Garlic Bread	**Basil Chicken Stew** **Rice**
	Ham Salad Sandwich Corn Vanilla Pudding Raspberries	**Corned Beef Sandwich** Parslied Cauliflower Date Squares Papaya	**Salmon Salad Sandwich** Mixed Vegetables Chocolate Chip Cookies Pears	**Ham and Swiss Sandwich** Seasoned Green Beans Neapolitan Ice Cream Banana	**Roast Beef Sandwich** Beets Angel Cake Cherry Jello	**Egg Salad Sandwich** Peas and Carrots Assorted Danishes Pineapple Chunks	**Tuna Salad Sandwich** Asparagus Chocolate Pudding Watermelon
Dinner	**Tossed Salad**	**Tossed Salad**	**Tossed Salad**	**Tossed Salad**	**Tossed Salad**	**Tossed Salad**	**Ceasar Salad**
	Roast Beef with Gravy Horseradish **Garlic Mashed Potato**	**Macaroni and Beef** **Roasted Baby Potatoes**	**Baked Fish** Tartar & Lemon Slices **Rice** Mashed Potato	**Swedish Meatballs** **Egg Noodles** Mashed Potato	**Baked Chicken Breasts** **Sweet Mashed Potato**	**Herbed Fish Filet** Tartar & Lemon Slices Mashed Potato	**Turkey Schnitzel** Mashed Potato
	Alfredo Pasta Dinner Roll Fresh Diced Squash Apple Pie Tropical Fruit Cocktail	**Chicken Burger on a Bun** Dinner Roll Waxed Beans Brownies Cinnamon Apple Sauce	**BBQ Pork Riblet on a bun** Dinner Roll California Mixed Vegetables Carrot Cake Mandarin Oranges	**Rice & Spinach Casserole** Dinner Roll Baby Carrots Baked Apple Crisp Apricots	**Salisbury Steak** Dinner Roll Turnip Banana Cake Peaches	**Pork and Vegetable Stew** Dinner Roll Sunrise Mixed Vegetables Chocolate Mania Cake Mango Chunks	**Mushroom Penne Casserole** Dinner Roll Italian Mixed Vegetables Blueberry Cheesecake Fruit Cocktail

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Weekly Menu Cycle — St Patrick's Home — Week #2

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	22-Aug-21	**23-Aug-21**	**24-Aug-21**	**25-Aug-21**	**26-Aug-21**	**27-Aug-21**	**28-Aug-21**
Breakfast	Assorted Juices Hot Cereal Choice of Cold Cereal	Assorted Juices Hot Cereal Choice of Cold Cereal	Assorted Juices Hot Cereal Choice of Cold Cereal	Assorted Juices Hot Cereal Choice of Cold Cereal	Assorted Juices Hot Cereal Choice of Cold Cereal	Assorted Juices Hot Cereal Choice of Cold Cereal	Assorted Juices Hot Cereal Choice of Cold Cereal
	Scrambled or Boiled Eggs Bacon Whole Wheat Toast	Scrambled or Boiled Eggs Bran Muffin Whole Wheat Toast	Scrambled or Boiled Eggs Sausage Whole Wheat Toast	Scrambled or Boiled Eggs Banana Muffin Whole Wheat Toast	Scrambled Egg or Boiled Eggs Whole Wheat Toast	Waffles & Scrambled Eggs Sausages Whole Wheat Toast	Scrambled or Boiled Eggs Whole Wheat Toast
Lunch	**Tomato Macaroni Soup** Garden Salad	**Cream of Mushroom Soup** Greek Pasta Salad	**Chicken Vegetable Soup** Garden Salad	**Cream of Celery Soup** Seven Grain Salad	**Beef Noodle Soup** Coleslaw	**Cream of Potato Soup** Garden Salad	**Corn Chowder** Garden Salad
	Buttered Haddock Tartar & Lemon Slices **Mashed Potato**	**Meat Chili & Corn Muffin**	**Ham & Potato Bake**	**Beans & Wieners** with a Roll	**Cod Nuggets** Tartar & Lemon Slices **French Fries**	**Baked Vegetable Omelet** **Mashed Potato**	**Sloppy Joe on a Bun** **Mashed Potato**
	Salami Sandwich Squash Butterscotch Pudding Honeydew Melon	**Chicken Salad Sandwich** California Mixed Vegetables Almond Cookies Mandarin Oranges	**Cheese Sandwich** Peas Orange Cake Cinnamon Apple Sauce	**Sliced Turkey Sandwich** Parsnips Vanilla Ice Cream Fruit Cocktail	**Roast Beef Sandwich** PEI Mixed Vegetables Berry Mousse Crushed Pineapple	**Ham Salad Sandwich** Beets Banana Pudding Cantaloupe	**Egg Salad Sandwich** Turnip Butter Tarts Blueberries
Dinner	**Tossed Salad**	**Tossed Salad**	**Tossed Salad**	**Tossed Salad**	**Tossed Salad**	**Tossed Salad**	**Tossed Salad**
	Maple Glazed Ham **Scalloped Potatoes** Mashed Potato	**Apple Ginger Pork Chops** **Parslied Boiled Potatoes** Mashed Potato	**Potato/Chive Cod** Tartar & Lemon Slices Dinner Roll Mashed Potato	**Chicken a l King** **Egg Noodles** Dinner Roll Mashed Potato	**Baked Macaroni and Cheese** Mashed Potato	**Fish Creole** Tartar & Lemon Slices Mashed Potato	**Pork Souvlaki** **Rice** Mashed Potato
	Chicken Cutlet Dinner Roll Fresh Carrot Coins Banana Cream Pie Strawberries	**Cheese Tortellini** Dinner Roll Broccoli Ice Cream Sandwich Banana	**Meat Loaf** Corn Fruit Yogurt Stewed Rhubarb	**Roast Pork** Four Way Mixed Vegetables Bread Pudding Peaches	**Veal Cacciatore** Dinner Roll Zucchini Sponge Cake with Sauce Pears	**Honey Garlic Pork Rib** Sunrise Mixed Vegetables Apple Crisp Tropical Fruit Salad	**EggPlant Ragout** Dinner Roll Cauliflower Orange Jello Apricots

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Weekly Menu Cycle — St Patrick's Home — Week #3

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	29-Aug-21	**30-Aug-21**	**31-Aug-21**	**1-Sep-21**	**2-Sep-21**	**3-Sep-21**	**4-Sep-21**
Breakfast	Assorted Juices Hot Cereal Choice of Cold Cereal	Assorted Juices Hot Cereal Choice of Cold Cereal	Assorted Juices Hot Cereal Choice of Cold Cereal	Assorted Juices Hot Cereal Choice of Cold Cereal	Assorted Juices Hot Cereal Choice of Cold Cereal	Assorted Juices Hot Cereal Choice of Cold Cereal	Assorted Juices Hot Cereal Choice of Cold Cereal
	Scrambled or Boiled Eggs Bacon Whole Wheat Toast	Scrambled or Boiled Eggs Bran Muffin Whole wheat Toast	Scrambled or Boiled Eggs Sausage Whole wheat Toast	Scrambled or Boiled Eggs Banana Muffin Whole wheat Toast	Scrambled Egg or Boiled Eggs Whole wheat Toast	Waffles & Scrambled Eggs Sausage Whole wheat Toast	Scrambled or Boiled Eggs Whole wheat Toast
Lunch	**Cream of Vegetable Soup** Garden Salad	**Pea Soup** Tuscany Bean Salad	**Cream of Tomato** Garden Salad	**Cream of Cauliflower Soup** Caesar Salad	**Bean & Bacon Soup** Spinach Salad	**Chicken & Rice Soup** Chick Pea Salad	**Beef Barley Soup** Garden Salad
	Farmers Sausage **Mashed Potatoes**	**Tater Tot Casserole**	**Cabbage Rolls**	**Hot Dog**	**Teriyaki Tofu Stir Fry** **Rice**	**Broccoli Quiche** **Mashed Potatoes**	**Fish Burger on a Bun** Tartar & Lemon Slices **French Fries**
	Salmon Salad Sandwich Buttered Corn Chocolate Ice Cream Pears	**Egg Salad Sandwich** Green Beans Rhubarb Crisp Apple Sauce	**Grilled Cheese Sandwich** Carrot Coins Lime Jello Apricots	**Tuna Sandwich** Broccoli Chocolate Cake Fresh Clementines	**Chicken Salad Sandwich** Peas Vanilla Caramel Cake Diced Mango	**Sliced Turkey Sandwich** Sunrise Mixed Vegetables Vanilla Ice Cream Honey Dew Melon	**Tomato/Cheese Sandwich** Parsnips Banana Pudding Mandarin Oranges
Dinner	**Tossed Salad**	**Tossed Salad**	**Tossed Salad**	**Tossed Salad**	**Tossed Salad**	**Tossed Salad**	**Tossed Salad**
	Roast Turkey Stuffing/cranberry Sauce Dinner Roll Mashed Potato	**Chicken Fingers** **Sweet Potato Fries** Dinner Roll Mashed Potato	**Calico Skillet** Dinner Roll Mashed Potato	**All Dressed Pizza** Mashed Potato	**Turkey Schnitzel** Dinner Roll Mashed Potato	**Poached Haddock** Tartar & Lemon Slices **O'Brien Potato**	**Sweet and Sour Chicken** **Fried Rice** Mashed Potato
	Spaghetti with Meat Balls Fresh Mini Root Vegetables Boston Cream Pie Fruit Cocktail	**Ham Steak/Pineapple** Four Way Mix Vegetables Danishes Peaches	**Potato/Chive Cod** Tartar & Lemon Slices California Mixed Vegetables Rice Pudding Tropical Fruit Salad	**Beef Stew** Dinner Roll Squash Cherry Cheesecake Crushed Pineapple	**Shepherd's Pie** PEI Mixed Vegetables Cranberry Loaf Strawberries	**Meat Lasagna** Dinner Roll Peas and Carrots Short Bread Cookies Baked Apple Crisp	**Hot Hamburger Sandwich** Dinner Roll Oriental Vegetables Rainbow Jello Pineapple

Breakfast: Assorted Juice, 2% Milk, Cold Cereals (2% Milk 125ml), Bread, Toast, Condiments, Coffee & Tea.
Lunch Service: Water, Assorted Juice, 2% Milk, Bread, Condiments, Coffee & Tea. 3rd choice offered of alternate sandwich.
Dinner Service: Water, Assorted Juice, 2%Milk, Bread, Condiments, Coffee & Tea.

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