

| | Weekly Menu Cycle | | | | | | St Patrick's Home | Week #1 |
|-----------|---|--|--|---|---|---|--|---------|
| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
| | 25-Jul-21 | 26-Jul-21 | 27-Jul-21 | 28-Jul-21 | 29-Jul-21 | 30-Jul-21 | 31-Jul-21 | |
| Breakfast | Assorted Juice | Assorted Juice | Assorted Juice | Assorted Juices | Assorted Juices | Assorted Juices | Assorted Juices | |
| | Hot Cereal | Hot Cereal | Hot Cereal | Hot Cereal | Hot Cereal | Hot Cereal | Hot Cereal | |
| | Choice of Cold Cereal | Choice of Cold Cereal | Choice of Cold Cereal | Choice of Cold Cereal | Choice of Cold Cereal | Choice of Cold Cereal | Choice of Cold Cereal | |
| | Scrambled Egg or Boiled Eggs | Scrambled Egg or Boiled Eggs | Scrambled Egg or Boiled Eggs | Scrambled Egg or Boiled Eggs | Scrambled Egg or Boiled Eggs | Waffles & Scrambled Eggs | Scrambled Egg or Boiled Eggs | |
| | Bacon Whole Wheat Toast | Bran Muffin Whole Wheat Toast | Sausage Whole Wheat Toast | Banana Muffin Whole Wheat Toast | Whole Wheat Toast | Sausage Whole Wheat Toast | Whole Wheat Toast | |
| Lunch | Vegetable Soup Garden Salad | Cream of Broccoli Garden Salad | Beef & Rice Soup Mixed Kale Salad | Minestrone Soup Potato Salad | Chicken Noodle Soup Garden Salad | Vegetable & Rice Soup Ceasar Salad | Navy Bean Soup Creamy Coleslaw | |
| | Battered Fish Tartar & Lemon Slices French Fries | Onion, Tomato & Cheese Quiche Mashed Potatoes | Baked Macaroni & Cheese | Cheeseburger Sliders Onion/Lettuce/tomato Mashed Potatoes | Beans & Wieners with a Roll | Cheese Ravioli with Marinara Sauce Garlic Bread | Basil Chicken Stew Rice | |
| | Ham Salad Sandwich | Corned Beef Sandwich | Salmon Salad Sandwich | Ham and Swiss Sandwich | Roast Beef Sandwich | Egg Salad Sandwich | Tuna Salad Sandwich | |
| | Corn Vanilla Pudding Raspberries | Parslied Cauliflower Date Squares Papaya | Mixed Vegetables Chocolate Chip Cookies Pears | Seasoned Green Beans Neapolitan Ice Cream Banana | Beets Angel Cake Cherry Jello | Peas and Carrots Assorted Danishes Pineapple Chunks | Asparagus Chocolate Pudding Watermelon | |
| | Tossed Salad | Tossed Salad | Tossed Salad | Tossed Salad | Tossed Salad | Tossed Salad | Ceasar Salad | |
| Dinner | Roast Beef with Gravy Horseradish Garlic Mashed Potato | Macaroni and Beef Roasted Baby Potatoes | Baked Fish Tartar & Lemon Slices Rice Mashed Potato | Swedish Meatballs Egg Noodles Mashed Potato | Baked Chicken Breasts Sweet Mashed Potato | Herbed Fish Filet Tartar & Lemon Slices Mashed Potato | Turkey Schnitzel Mashed Potato | |
| | Alfredo Pasta Dinner Roll Fresh Diced Squash Apple Pie Tropical Fruit Cocktail | Chicken Burger on a Bun Dinner Roll Waxed Beans Brownies Cinnamon Apple Sauce | BBQ Pork Riblet on a bun Dinner Roll California Mixed Vegetables Carrot Cake Mandarin Oranges | Rice & Spinach Casserole Dinner Roll Baby Carrots Baked Apple Crisp Apricots | Salisbury Steak Dinner Roll Turnip Banana Cake Peaches | Pork and Vegetable Stew Dinner Roll Sunrise Mixed Vegetables Chocolate Mania Cake Mango Chunks | Mushroom Penne Casserole Dinner Roll Italian Mixed Vegetables Blueberry Cheesecake Fruit Cocktail | |

| | Weekly Menu Cycle | | | St Patrick's Home | | | Week #2 |
|--|---|--|--|--|---|--|--|
| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | 1-Aug-21 | 2-Aug-21 | 3-Aug-21 | 4-Aug-21 | 5-Aug-21 | 6-Aug-21 | 7-Aug-21 |
| Breakfast | Assorted Juices | Assorted Juices | Assorted Juices | Assorted Juices | Assorted Juices | Assorted Juices | Assorted Juices |
| | Hot Cereal | Hot Cereal | Hot Cereal | Hot Cereal | Hot Cereal | Hot Cereal | Hot Cereal |
| | Choice of Cold Cereal | Choice of Cold Cereal | Choice of Cold Cereal | Choice of Cold Cereal | Choice of Cold Cereal | Choice of Cold Cereal | Choice of Cold Cereal |
| | Scrambled or Boiled Eggs | Scrambled or Boiled Eggs | Scrambled or Boiled Eggs | Scrambled or Boiled Eggs | Scrambled Egg or Boiled Eggs | Waffles & Scrambled Eggs | Scrambled or Boiled Eggs |
| | Bacon Whole Wheat Toast | Bran Muffin Whole Wheat Toast | Sausage Whole Wheat Toast | Banana Muffin Whole Wheat Toast | Whole Wheat Toast | Sausages Whole Wheat Toast | Whole Wheat Toast |
| Lunch | Tomato Macaroni Soup Garden Salad | Cream of Mushroom Soup Greek Pasta Salad | Chicken Vegetable Soup Garden Salad | Cream of Celery Soup Seven Grain Salad | Beef Noodle Soup Coleslaw | Cream of Potato Soup Garden Salad | Corn Chowder Garden Salad |
| | Buttered Haddock Tartar & Lemon Slices Mashed Potato | Meat Chili & Corn Muffin | Ham & Potato Bake | Beans & Wieners with a Roll | Cod Nuggets Tartar & Lemon Slices French Fries | Baked Vegetable Omelet Mashed Potato | Sloppy Joe on a Bun Mashed Potato |
| | Salami Sandwich Squash Butterscotch Pudding Honeydew Melon | Chicken Salad Sandwich California Mixed Vegetables Almond Cookies Mandarin Oranges | Cheese Sandwich Peas Orange Cake Cinnamon Apple Sauce | Sliced Turkey Sandwich Parsnips Vanilla Ice Cream Fruit Cocktail | Roast Beef Sandwich PEI Mixed Vegetables Berry Mousse Crushed Pineapple | Ham Salad Sandwich Beets Banana Pudding Cantaloupe | Egg Salad Sandwich Turnip Butter Tarts Blueberries |
| | Tossed Salad | Tossed Salad | Tossed Salad | Tossed Salad | Tossed Salad | Tossed Salad | Tossed Salad |
| | Maple Glazed Ham Scalloped Potatoes Mashed Potato | Apple Ginger Pork Chops Parslied Boiled Potatoes Mashed Potato | Potato/Chive Cod Tartar & Lemon Slices Dinner Roll Mashed Potato | Chicken a l King Egg Noodles Dinner Roll Mashed Potato | Baked Macaroni and Cheese Mashed Potato | Fish Creole Tartar & Lemon Slices Mashed Potato | Pork Souvlaki Rice Mashed Potato |
| Chicken Cutlet Dinner Roll Fresh Carrot Coins Banana Cream Pie Strawberries | Cheese Tortellini Dinner Roll Broccoli Ice Cream Sandwich Banana | Meat Loaf Corn Fruit Yogurt Stewed Rhubarb | Roast Pork Four Way Mixed Vegetables Bread Pudding Peaches | Veal Cacciatore Dinner Roll Zucchini Sponge Cake with Sauce Pears | Honey Garlic Pork Rib Sunrise Mixed Vegetables Apple Crisp Tropical Fruit Salad | EggPlant Ragout Dinner Roll Cauliflower Orange Jello Apricots | |

| | | Weekly Menu Cycle | | | | St Patrick's Home | | Week #3 |
|--|---|---|---|---|--|---|---|-----------|
| | | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | | 8-Aug-21 | 9-Aug-21 | 10-Aug-21 | 11-Aug-21 | 12-Aug-21 | 13-Aug-21 | 14-Aug-21 |
| Breakfast | Assorted Juices | Assorted Juices | Assorted Juices | Assorted Juices | Assorted Juices | Assorted Juices | Assorted Juices | |
| | Hot Cereal | Hot Cereal | Hot Cereal | Hot Cereal | Hot Cereal | Hot Cereal | Hot Cereal | |
| | Choice of Cold Cereal | Choice of Cold Cereal | Choice of Cold Cereal | Choice of Cold Cereal | Choice of Cold Cereal | Choice of Cold Cereal | Choice of Cold Cereal | |
| | Scrambled or Boiled Eggs | Scrambled or Boiled Eggs | Scrambled or Boiled Eggs | Scrambled or Boiled Eggs | Scrambled Egg or Boiled Eggs | Waffles & Scrambled Eggs | Scrambled or Boiled Eggs | |
| | Bacon Whole Wheat Toast | Bran Muffin Whole wheat Toast | Sausage Whole wheat Toast | Banana Muffin Whole wheat Toast | Whole wheat Toast | Sausage Whole wheat Toast | Whole wheat Toast | |
| Lunch | Cream of Vegetable Soup Garden Salad | Pea Soup Tuscany Bean Salad | Cream of Tomato Garden Salad | Cream of Cauliflower Soup Caesar Salad | Bean & Bacon Soup Spinach Salad | Chicken & Rice Soup Chick Pea Salad | Beef Barley Soup Garden Salad | |
| | Farmers Sausage Mashed Potatoes | Tater Tot Casserole | Cabbage Rolls | Hot Dog | Teriyaki Tofu Stir Fry Rice | Broccoli Quiche Mashed Potatoes | Fish Burger on a Bun Tartar & Lemon Slices French Fries | |
| | Salmon Salad Sandwich Buttered Corn Chocolate Ice Cream Pears | Egg Salad Sandwich Green Beans Rhubarb Crisp Apple Sauce | Grilled Cheese Sandwich Carrot Coins Lime Jello Apricots | Tuna Sandwich Broccoli Chocolate Cake Fresh Clementines | Chicken Salad Sandwich Peas Vanilla Caramel Cake Diced Mango | Sliced Turkey Sandwich Sunrise Mixed Vegetables Vanilla Ice Cream Honey Dew Melon | Tomato/Cheese Sandwich Parsnips Banana Pudding Mandarin Oranges | |
| | Tossed Salad | Tossed Salad | Tossed Salad | Tossed Salad | Tossed Salad | Tossed Salad | Tossed Salad | |
| | Roast Turkey Stuffing/cranberry Sauce Dinner Roll Mashed Potato | Chicken Fingers Sweet Potato Fries Dinner Roll Mashed Potato | Calico Skillet Dinner Roll Mashed Potato | All Dressed Pizza Mashed Potato | Turkey Schnitzel Dinner Roll Mashed Potato | Poached Haddock Tartar & Lemon Slices O'Brien Potato | Sweet and Sour Chicken Fried Rice Mashed Potato | |
| Spaghetti with Meat Balls Fresh Mini Root Vegetables Boston Cream Pie Fruit Cocktail | Ham Steak/Pineapple Four Way Mix Vegetables Danishes Peaches | Potato/Chive Cod Tartar & Lemon Slices California Mixed Vegetables Rice Pudding Tropical Fruit Salad | Beef Stew Dinner Roll Squash Cherry Cheesecake Crushed Pineapple | Shepherd's Pie PEI Mixed Vegetables Cranberry Loaf Strawberries | Meat Lasagna Dinner Roll Peas and Carrots Short Bread Cookies Baked Apple Crisp | Hot Hamburger Sandwich Dinner Roll Oriental Vegetables Rainbow Jello Pineapple | | |

Breakfast: Assorted Juice, 2% Milk, Cold Cereals (2% Milk 125ml), Bread, Toast, Condiments, Coffee & Tea.

Lunch Service: Water, Assorted Juice, 2% Milk, Bread, Condiments, Coffee & Tea. 3rd choice offered of alternate sandwich.

Dinner Service: Water, Assorted Juice, 2%Milk, Bread, Condiments, Coffee & Tea.