






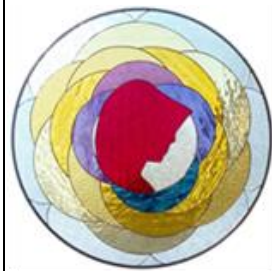
June 2021 – Seniors' Month Waterford



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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<p>Wk 1</p> 		<p>1. Intergenerational Day</p> <p><u>Morning: 9 to 12 pm</u> Mass – Ch. 49</p> <p><u>Afternoon 1 to 3 pm</u> Piano with Anne – Ch. 49</p>	<p>2. Waterford</p> <p><u>Morning: 9 to 12 pm</u> Gentle Touch or Visits -R Virtual Outdoor shows -DR Trivia/Drum fit -Lib Mass – Ch. 49 Exercise – Lib</p> <p><u>Afternoon 1 to 3 pm</u> Balloon Toss -Lib Bingo or Crafts -DR Drum fit -DR</p>	<p>3.</p> <p><u>Morning: 9 to 12 pm</u> Mass- Ch. 49</p> 	<p>4. Waterford</p> <p><u>Morning: 9 to 12 pm</u> Gentle Touch -R Word Games -DR Drum fit -Lib Mass - Ch. 49 Exercise – Lib</p> <p><u>Afternoon 1 to 3 pm</u> Meaningful tasks -DR Picture This! -DR Arts & Crafts -Dr Men's Group -SR</p>	<p>5 OFF</p> 
<p>6 WK 2 OFF</p> <p><u>Morning: 9 to 12 pm</u> Mass- Ch. 49</p> 	<p>7.</p> <p><u>Morning: 9 to 12 pm</u> Mass – Ch. 49</p> 	<p>8. Waterford</p> <p><u>Morning: 9 to 12 pm</u> Mass - Ch. 49</p> <p><u>Afternoon 1 to 3 pm</u> Music & Memory -R Jam with Jim – Ch. 49</p> <p><u>Evening 6 to 7:30 pm</u> Virtual Tai Chi -DR</p>	<p>9.</p> <p><u>Morning: 9 to 12 pm</u> Mass- Ch. 49</p> 	<p>10. OFF</p> <p><u>Morning: 9 to 12 pm</u> Mass- Ch. 49</p> <p><u>Afternoon 1 to 3 pm</u> Residents Council Meeting via Zoom-SR (by invitation)</p>	<p>11. Waterford</p> <p><u>Morning: 9 to 12 pm</u> Montessori -DR Drum Fit -Lib Current Events/Word Games -DR Mass - Ch. 49 Exercise – Lib</p> <p><u>Afternoon 1 to 3 pm</u> Short Stories/ Arts & Craft -DR Snoezelen -HR Walk on the Wire -Ch.49</p>	<p>12.</p> 

Legend: Balcony – B, Channel 49/50 – Ch. 49/50, Dining Room – DR, Harvest Room – HR, Library – Lib, Larry Kelly Family Garden – LKFG, Resident Room – R, Sunroom – SR



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<p>13. Wk -1 Waterford <u>Morning: 9 to 12 pm</u> Gentle Touch -Lib Balloon Toss/Drum fit -Lib Mass- Ch. 49</p> <p><u>Afternoon 1 to 3 pm</u> Virtual Music -DR Card Games -DR Arts & Craft -DR</p>	<p>14. OFF <u>Morning: 9 to 12 pm</u> Mass – Ch. 49</p> <div style="text-align: center;">  </div>	<p>15. <u>Morning: 9 to 12 pm</u> Mass – Ch. 49</p> <p><u>Afternoon 1 to 3 pm</u> Piano with Anne – Ch. 49</p> <div style="text-align: center;">  </div>	<p>16. Waterford <u>Morning: 9 to 12 pm</u> Gentle Touch/Trivia/Drum Fit -Lib Mass – Ch. 49 Exercise – Lib</p> <p><u>Afternoon 1 to 3 pm</u> Drum Fit/ Bingo -DR Men’s Group: Father’s Day Pizza & Pop: DR</p>	<p>17. <u>Morning: 9 to 12 pm</u> Mass- Ch. 49</p> <div style="text-align: center;">  </div>	<p>18. Waterford <u>Morning: 9 to 12 pm</u> Montessori -DR Drum Fit -DR Mass – Ch. 49 Exercise – Lib</p> <p><u>Afternoon 1 to 3 pm</u> Adult Colouring -DR Music & Memory -R Current Events -DR Knit & Chat or Gentle Touch Crafts / Drum fit -DR</p>	<p>19. OFF</p> <div style="text-align: center;">  </div>
<p>20. OFF Father’s Day <u>Morning: 9 to 12 pm</u> Mass- Ch. 49</p> <div style="text-align: center;">  </div>	<p>21. <u>Morning: 9 to 12 pm</u> Mass - Ch. 49</p> <div style="text-align: center;">  </div>	<p>22. Waterford <u>Morning: 9 to 12 pm</u> Montessori -DR Mass - Ch. 49 Exercise – Lib</p> <p><u>Afternoon 1 to 3 pm</u> Music & Memory /Crafts -DR</p> <p><u>Evening 6 to 7:30 pm</u> Virtual Meditation -DR</p>	<p>23. <u>Morning: 9 to 12 pm</u> Mass- Ch. 49</p> <p><u>Afternoon 1 to 3 pm</u> Pub with Rob -DR</p> <div style="text-align: center;">  </div>	<p>24. OFF <u>Morning: 9 to 12 pm</u> Mass- Ch. 49</p> <div style="text-align: center;">  </div>	<p>25. Waterford <u>Morning: 9 to 12 pm</u> Manicures/Drum fit -Lib Word Games -DR Mass - Ch. 49 Exercise – Lib</p> <p><u>Afternoon 1 to 3 pm</u> Balloon toss -Lib Arts & Crafts -DR</p>	<p>26. <u>Morning: 9 to 12 pm</u></p> <div style="text-align: center;">  </div>

Legend: Balcony – B, Channel 49/50 – Ch. 49/50, Dining Room – DR, Harvest Room – HR, Library – Lib, Larry Kelly Family Garden – LKFG, Resident Room – R, Sunroom – SR



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27. Waterford
Morning: 9 to 12 pm
 Friendly Visiting -R
 Gentle Touch -Lib
 Scavenger Hunt -DR
 Mass- Ch. 49

Afternoon: 1 to 3 pm
 Basket Ball or Crafts -DR
 Virtual Travel Log -DR
 Coffee Chat /Drum fit -Lib

28. OFF
Morning: 9 to 12 pm
 Mass – Ch. 49


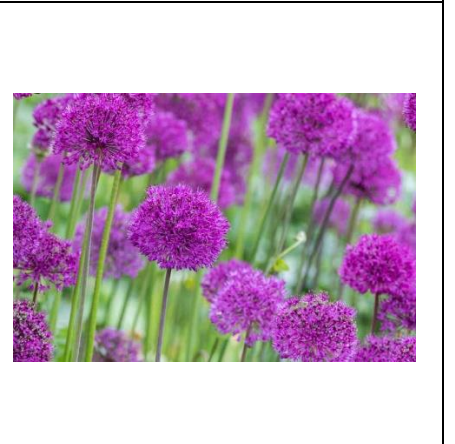
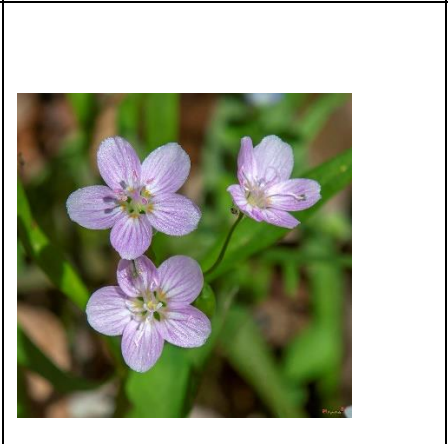
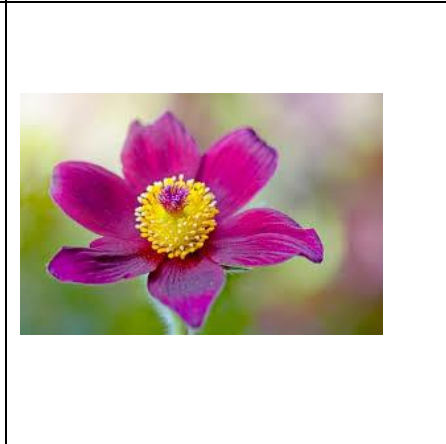
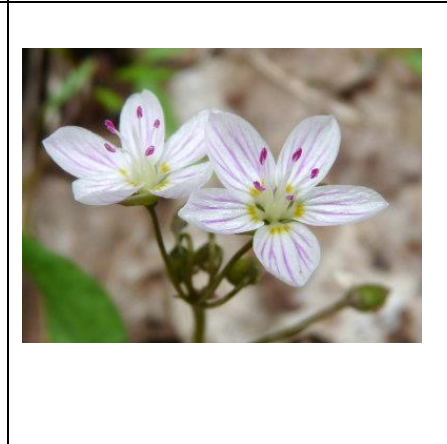
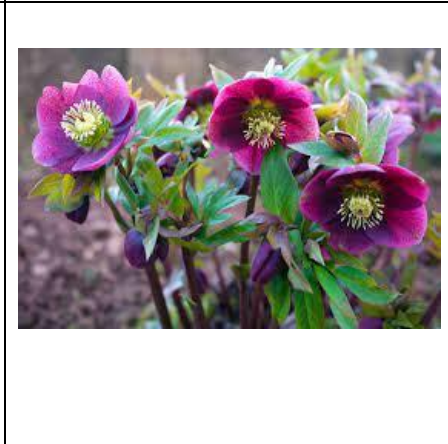
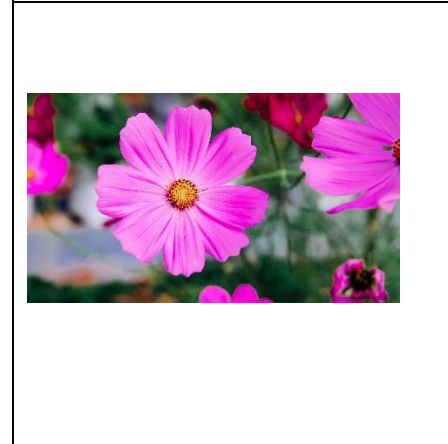
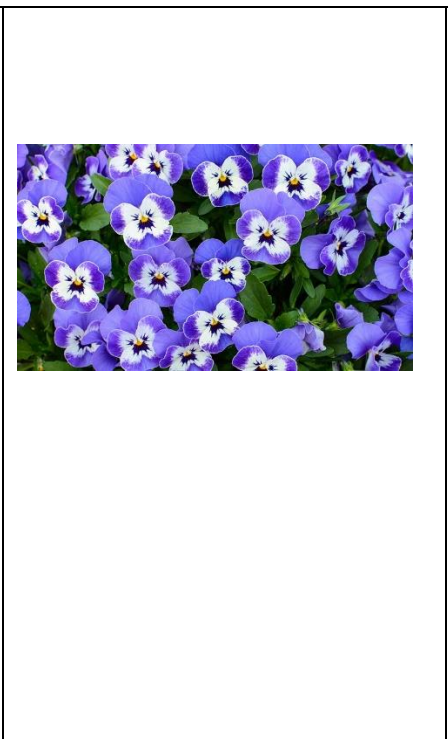


29.
Morning: 9 to 12 pm
 Mass – Ch. 49

Afternoon 1 to 3 pm
 Piano with Anne – Ch. 49

30. Waterford
Morning: 9 to 12 pm
 Gentle Touch -Lib
 Friendly Visiting -R
 Trivia/Drum fit -Lib
 Mass – Ch. 49
 Exercise – Lib

Afternoon 1 to 3 pm
Strawberry Social & Walk on the Wire – Ch. 50 DR

Legend: Balcony – B, Channel 49/50 – Ch. 49/50, Dining Room – DR, Harvest Room – HR, Library – Lib, Larry Kelly Family Garden – LKFG, Resident Room – R, Sunroom – SR