

June 2021 – Seniors' Month Cavan House



Sunday

Monday

Tuesday

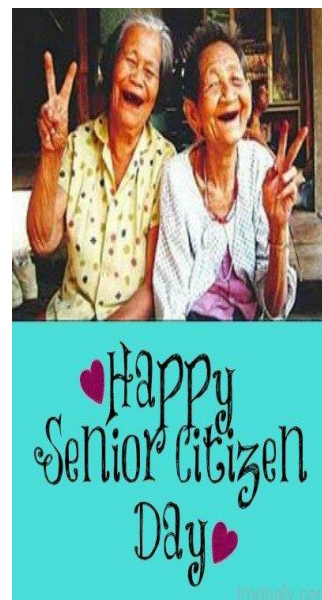
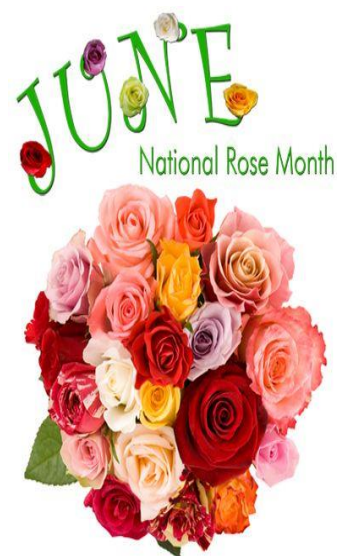
Wednesday

Thursday

Friday

Saturday

All Program are subjected to change. please contact the Recreation staff Elsa @ 279 with any question. Thank you



1.
Morning: 9 to 12 pm
Friendly Visits -RR
News & Views -SR
Drum Fit -LIB
Mass – Ch. 49
Afternoon 1 to 3 pm
Music & Memory-RR
Piano with Anne – Ch. 49

2.
Morning: 9 to 12 pm
Garden Walks - LKFG
Mass – Ch. 49
Exercise – Lib



3.
Morning: 9 to 12 pm
Manicures or Friendly
Visit-RR
Virtual Outdoor Shows
Drum fit -LIB
Mass- Ch. 49
Afternoon 1 to 3 pm
Music & Memory -RR
Current Events -RR
Knit & Chat or Gentle Touch
Crafts / Drum fit -LID

4. off
Morning: 9 to 12 pm
Mass - Ch. 49
Exercise – Lib



5
HAVE NICE WEKEEND !!!



6 WK 1
Morning: 9 to 12 pm
Gentle Touch -RR
Picture This/Drum Fit-LIB
Skype calls-RR
Garden Walks - LKFG
Mass- Ch. 49

Afternoon 1 to 3 pm

Coffee Chat -DR
Friendly Visiting-RR
Arts & Craft -SR

7.
Morning: 9 to 12 pm
Garden Walks - LKFG
Mass – Ch. 49
Exercise – Lib

Afternoon 1 to 3 pm

Garden Walks – LKFG

8. off
Morning: 9 to 12 pm
Mass - Ch. 49
Exercise – Lib

Afternoon 1 to 3 pm

Paddy's Pub with Rob -DR
Jam with Jim – Ch. 49

9.
Morning: 9 to 12 pm
Mass- Ch. 49
Exercise – Lib

Afternoon 1 to 3 pm

Drum Fit -RR
Bingo -DR
Evening 6 to 7:30 pm
Virtual yoga-RR

10.
Morning: 9 to 12 pm
Mass- Ch. 49
Exercise – Lib

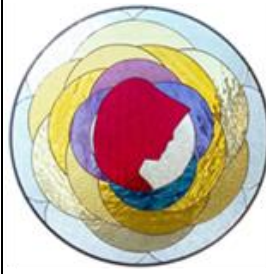


11.
Morning: 9 to 12 pm
Montessori -DR
Drum Fit -LIB
Current Events/Word
Games-SR
Mass - Ch. 49
Exercise – Lib
Afternoon 1 to 3 pm

Short Stories/ Arts & Craft
Snoezelen -RR
Walk on the Wire -Ch.49

12. off
















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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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<p>13. off <u>Morning: 9 to 12 pm</u> Mass- Ch. 49</p> <div style="text-align: center;">  </div>	<p>14. <u>Morning: 9 to 12 pm</u> Garden Walks - LKFG Mass – Ch. 49 Exercise – Lib</p> <div style="text-align: center;">  </div>	<p>15. <u>Morning: 9 to 12 pm</u> Montessori-SR Reminiscing -SR Mass – Ch. 49</p> <p><u>Afternoon 1 to 3 pm</u> Drum Fit -LIB Piano with Anne – Ch. 49</p>	<p>16. <u>Morning: 9 to 12 pm</u> Garden Walks - LKFG Mass – Ch. 49 Exercise – Lib</p> <div style="text-align: center;">  </div>	<p>17. <u>Morning: 9 to 12 pm</u> Manicures -RR Ball Toss/Drum fit -LIB Mass- Ch. 49 Exercise – Lib</p> <p><u>Afternoon 1 to 3 pm</u> Father's Day Pizza &Pop - SR Music & Memory-RR Arts & Craft -SR Virtual Outdoor shows -RR</p>	<p>18. off <u>Morning: 9 to 12 pm</u> Mass – Ch. 49 Exercise – Lib</p> <div style="text-align: center;">  </div>	<p>19.</p> <div style="text-align: center;">  </div>
<p>20. <u>Morning: 9 to 12 pm</u> Gentle Touch -RR Mass- Ch. 49 Skype call-RR</p> <p><u>Afternoon 1 to 3 pm</u> Father's Day Coffee and Chat-DR</p> <div style="text-align: center;">  </div>	<p>21. <u>Morning: 9 to 12 pm</u> Mass - Ch. 49 Exercise – Lib</p> <div style="text-align: center;">  </div>	<p>22.off <u>Morning: 9 to 12 pm</u> Mass - Ch. 49 Exercise – Lib</p> <div style="text-align: center;">  </div>	<p>23. <u>Morning: 9 to 12 pm</u> Snoezelen /Pictionary -RR Mass- Ch. 49 Exercise – Lib</p> <p><u>Afternoon 1 to 3 pm</u> Jamming with Jim -Ch celebrates our CND Day Strawberry Social -49</p> <div style="text-align: center;">  </div> <p>Garden Walks – LKFG</p>	<p>24. <u>Morning: 9 to 12 pm</u> Mass- Ch. 49 Exercise – Lib</p> <div style="text-align: center;">  </div>	<p>25. <u>Morning: 9 to 12 pm</u> Manicures/Drum fit -LIB Word Games-DR Mass - Ch. 49</p> <p><u>Afternoon 1 to 3 pm</u> Balloon toss -LIB Arts & Craft -SR</p>	<p>26. off</p> <div style="text-align: center;">  </div>

Legend: Balcony – B, Channel 49/50 – Ch. 49/50, Dining Room – DR, Harvest Room – HR, Library – Lib, Larry Kelly Family Garden – LKFG, Resident Room – R, Sunroom – SR



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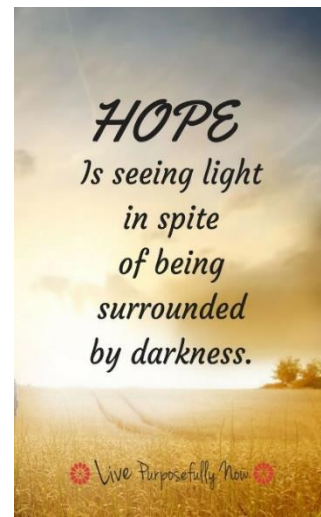
Thursday

Friday

Saturday

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27. off
Morning: 9 to 12 pm
Garden Walks - LKFG
Mass- Ch. 49



28.
Morning: 9 to 12 pm
Mass – Ch. 49
Exercise – Lib



29.
Morning: 9 to 12 pm
Snoezelen -RR
News & Views -SR
Drum Fit -LIB
Garden Walks - LKFG
Mass – Ch. 49
Exercise – Lib
Afternoon 1 to 3 pm
Drum Fit -DR
Friendly visits -RR
Music & Memory-RR
Piano with Anne – Ch. 49

30.
Morning: 9 to 12 pm
Mass – Ch. 49
Exercise – Lib

Afternoon 1 to 3 pm

Walk on the Wire- Ch 49
Celebrates our CND Day
Strawberry Social
Evening 6 to 7:30 pm
Arts & Craft

