

# June 2021 – Seniors' Month Carlow House



**Sunday**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

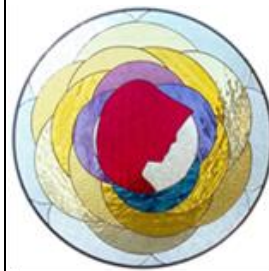
**Friday**

**Saturday**

All Program are subjected to change. please contact the Recreation staff Elsa @ 279 with any question. Thank you

		<p><b>1. Morning: 9 to 12 pm</b> Mass – Ch. 49 Exercise – Lib</p> <p><b>Afternoon 1 to 3 pm</b> Piano with Anne – Ch. 49</p>	<p><b>2. Morning: 9 to 12 pm</b> Gentle Touch or Visits -RR Virtual Outdoor shows -SR Trivia/Drum fit -LIB Mass – Ch. 49</p> <p><b>Afternoon 1 to 3 pm</b> Balloon Toss -LIB Bingo or Crafts -DR</p> <p><b>Evening 6 to 7:30 pm</b> Arts &amp; Craft –SR</p>	<p><b>3. Balcony Gardening? Morning: 9 to 12 pm</b></p> <p>Mass- Ch. 49 Exercise – Lib</p>	<p><b>4.off Morning: 9 to 12 pm</b></p> <p>Mass - Ch. 49 Exercise – Lib</p>	<p><b>5 Morning: 9 to 12 pm</b> Friendly Visiting -RR Drum Fit-LIB Garden Walks – LKFG</p> <p><b>Afternoon 1 to 3 pm</b> Tea Time -DR Men's Group-SR Garden Walks - LKFG</p>
<p><b>6 Morning: 9 to 12 pm</b></p> <p>Mass- Ch. 49</p> <p>Tubed By <b>Lori Phac</b></p>	<p><b>7. Morning: 9 to 12 pm</b> Manicules -RR Snoezelen -RR Drum Fit -LIB Mass – Ch. 49</p> <p><b>Afternoon 1 to 3 pm</b> Music &amp; Memory -RR Adult Colouring or Crafts -SR Drum Fit-LIB</p>	<p><b>8. off Morning: 9 to 12 pm</b></p> <p>Mass - Ch. 49 Exercise – Lib</p> <p><b>Afternoon 1 to 3 pm</b> Jam with Jim – Ch. 49</p>	<p><b>9. Morning: 9 to 12 pm</b></p> <p>Mass- Ch. 49 Exercise – Lib</p>	<p><b>10. Morning: 9 to 12 pm</b> Gentle Touch/Reminiscing -SR Drum Fit/Arts &amp; Crafts-SR Mass- Ch. 49 Exercise – Lib</p> <p><b>Afternoon 1 to 3 pm</b> Snoezelen/Balloon Toss -LIB Drum Fit/Arts &amp; Craft-SR Music &amp; Memory-RR</p>	<p><b>11. Morning: 9 to 12 pm</b></p> <p>Mass - Ch. 49 Exercise – Lib</p> <p><b>Afternoon 1 to 3 pm</b> Paddy's Pub with Rob -2<sup>nd</sup> Walk on the Wire -Ch.49</p>	<p><b>12.</b></p> <p>© LynneStJames.com</p>

Legend: Balcony – B, Channel 49/50 – Ch. 49/50, Dining Room – DR, Harvest Room – HR, Library – Lib, Larry Kelly Family Garden – LKFG, Resident Room – R, Sunroom – SR


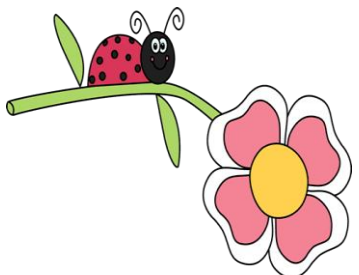

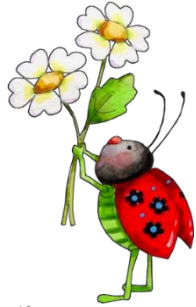







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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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<p><b>13. OFF</b> <u>Morning: 9 to 12 pm</u></p> <p>Mass- Ch. 49</p> <div style="text-align: center;">  </div>	<p><b>14.</b> <u>Morning: 9 to 12 pm</u></p> <p>Snoezelen-RR Word Games/Drum Fit - SR Mass – Ch. 49 Exercise – Lib</p> <p><u>Afternoon 1 to 3 pm</u></p> <p>Drum Fit -LIB Montessori-SR Daily Chronicle -SR Arts &amp; Craft -SR</p>	<p><b>15.</b> <u>Morning: 9 to 12 pm</u></p> <p>Garden Walks - LKFG Mass – Ch. 49 Exercise – Lib</p> <p><u>Afternoon 1 to 3 pm</u></p> <p>Piano with Anne – Ch. 49</p> <div style="text-align: center;">  </div>	<p><b>16.</b> <u>Morning: 9 to 12 pm</u></p> <p>Gentle Touch/Trivia/Drum Fit Garden Walks - LKFG Mass – Ch. 49 Exercise – Lib</p> <p><u>Afternoon 1 to 3 pm</u></p> <p>Drum Fit/ Bingo Garden Walks – LKFG Fathers Day Pizza &amp; Pop-SR</p> <p><u>Evening 6 to 7:30 pm</u></p> <p>Movie Night</p>	<p><b>17.</b> <u>Morning: 9 to 12 pm</u></p> <p>Garden Walks - LKFG Mass- Ch. 49 Exercise – Lib</p> <p><u>Afternoon 1 to 3 pm</u></p> <p>Garden Walks – LKFG</p> <div style="text-align: center;">  </div>	<p><b>18. off</b> <u>Morning: 9 to 12 pm</u></p> <p>Garden Walks - LKFG Mass – Ch. 49 Exercise – Lib</p> <p><u>Afternoon 1 to 3 pm</u></p> <p>Garden Walks - LKFG</p> <div style="text-align: center;">  <p style="font-size: small;">Tubed By <b>Lori Phae</b></p> </div>	<p><b>19.</b> <u>Morning: 9 to 12 pm</u></p> <p>Snoezelen/Drum fit -LIB Memory Moments -RR Garden Walks – LKFG</p> <p><u>Afternoon 1 to 3 pm</u></p> <p>Picture This! Father's Dy Coffee &amp;Chat - SR</p> <div style="text-align: center;">  </div> <p>Garden Walks - LKFG</p>
<p><b>20.</b> <u>Morning: 9 to 12 pm</u></p> <p>Mass- Ch. 49 Skype call</p> <div style="text-align: center;">  </div>	<p><b>21.</b> <u>Morning: 9 to 12 pm</u></p> <p>Meaningful Tasks -RR Daily Chronicles/Drum Fit- LIB Mass - Ch. 49</p> <p><u>Afternoon 1 to 3 pm</u></p> <p>Knit &amp; Chat/Drum fit -SR Virtual Outdoor Shows -SR Word Games or Crafts -RR</p>	<p><b>22.OFF</b> <u>Morning: 9 to 12 pm</u></p> <p>Mass - Ch. 49 Exercise – Lib</p> <p><u>Afternoon 1 to 3 pm</u></p> <p>Garden Walks – LKFG</p>	<p><b>23.</b> <u>Morning: 9 to 12 pm</u></p> <p>Mass- Ch. 49 Exercise – Lib</p> <p><u>Afternoon 1 to 3 pm</u></p> <p>Jamming with Jim –CH 49</p> <div style="text-align: center;">  </div>	<p><b>24.</b> <u>Morning: 9 to 12 pm</u></p> <p>Meaning full Tasks -RR Reminiscing/Drum fit -SR Mass- Ch. 49</p> <p><u>Afternoon 1 to 3 pm</u></p> <p>Music &amp; Memory-RR Daily Chronicle/Crafts -SR Drum fit -LIB Short Stories or Crafts -SR</p>	<p><b>25.</b> <u>Morning: 9 to 12 pm</u></p> <p>Mass - Ch. 49 Exercise – Lib</p> <p><u>Afternoon 1 to 3 pm</u></p> <p>Garden Walks - LKFG</p> <div style="text-align: center;">  </div>	<p><b>26. off</b></p> <div style="background-color: #333; color: white; padding: 10px;"> <p style="text-align: center; font-size: small;">If you feel like you're losing everything, remember that trees lose their leaves every year and they still stand tall and wait for better days to come.</p> <div style="text-align: center;">  </div> </div>

Legend: Balcony – B, Channel 49/50 – Ch. 49/50, Dining Room – DR, Harvest Room – HR, Library – Lib, Larry Kelly Family Garden – LKFG, Resident Room – R, Sunroom – SR



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**27. off**  
**Morning: 9 to 12 pm**  
Mass- Ch. 49

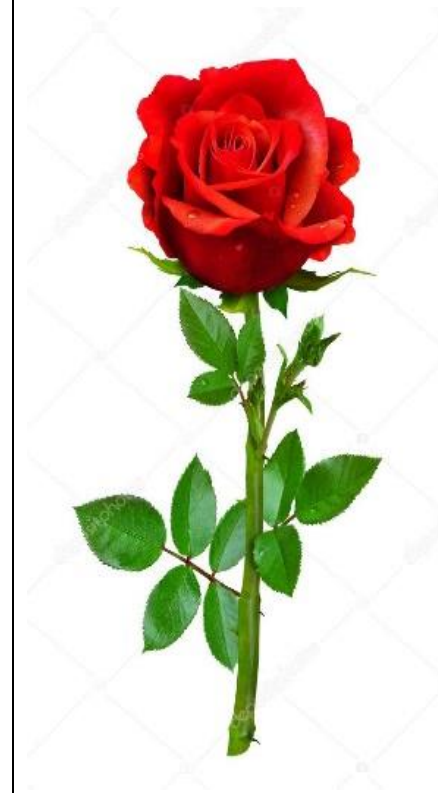


**28.**  
**Morning: 9 to 12 pm**  
Montessori -RR  
Friendly Visits/ Drum fit - LIB  
Mass – Ch. 49  
Exercise – Lib  
**Afternoon 1 to 3 pm**  
Snoezelen -SR  
Balloon toss or Crafts  
Drum Fit -LIB  
Knit & Chat or Manicures - RR

**29.**  
**Morning: 9 to 12 pm**  
Garden Walks - LKFG  
Mass – Ch. 49  
Exercise – Lib  
**Afternoon 1 to 3 pm**  
Garden Walks – LKFG  
Piano with Anne – Ch. 49



**30.**  
**Morning: 9 to 12 pm**  
Gentle Touch /Visits-RR  
Virtual Outdoor shows -SR  
Trivia/Drum fit -LIB  
Mass – Ch. 49  
Exercise – Lib  
**Afternoon 1 to 3 pm**  
Balloon toss or Visits -DR  
Bingo or Crafts -SR  
**Walk on the Wire- Ch49**  
**Strawberry Social-**  
  
**5:00 BBQ –Carlow–LKFG**  
**Evening 6 to 7:30 pm**  
Arts & Craft – DR



**Have Nice Weekend**

*Keep dancing. Keep smiling.  
Keep loving.*  
**Happy Senior  
Citizens Day!**

