

June 2021 – Seniors’ Month Activity Calendar for Galway House



Sunday

Monday

Tuesday






Wednesday

Thursday

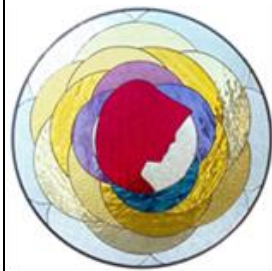
Friday

Saturday

Please Contact your Recreation Staff, Liz Stevens Ext. 274 for any questions!

		<p>1. OFF Morning: 9 to 12 pm Mass – Ch. 49 Exercise – Lib</p>  <p>Afternoon 1 to 3 pm Piano with Anne – Ch. 49</p>	<p>2. Hours 8-4 Morning: 9 to 12 pm Mass – Ch. 49 Exercise – Lib</p> <p>Afternoon 1 to 3 pm Balloon Toss- R Bingo or Crafts - DR Drum fit -Lib</p>	<p>3. Morning: 9 to 12 pm Mass – Ch. 49 Exercise – Lib Friendly Visit -R Virtual Outdoor Shows- DR Drum fit -Lib</p> <p>Afternoon 1 to 3 pm Music & Memory- R Current Events- Lib Gentle Touch- R Crafts / Drum fit- DR</p>	<p>4. Morning: 9 to 12 pm Mass – Ch. 49 Exercise – Lib Gentle Touch- SR Word Games- Lib Drum fit – Lib</p> <p>Afternoon 1 to 3 pm Meaningful tasks -SR Picture This! -SR Arts & Crafts -SR Men’s Group-Lib</p>	<p>5 OFF</p> 
<p>6 OFF Morning: 9 to 12 pm Mass- Ch. 49</p> 	<p>7. Morning: 9 to 12 pm Mass – Ch. 49 Exercise – Lib Manicures - SR Snoezelen-SR Drum Fit - DR</p> <p>Afternoon 1 to 3 pm Music & Memory - R Adult Colouring/Crafts -SR Drum Fit-DR</p>	<p>8. Morning: 9 to 12 pm Mass – Ch. 49 Exercise – Lib Montessori- R Drum Fit-Lib</p> <p>Afternoon 1 to 3 pm Music & Memory- R Drum Fit/Crafts -DR Jam with Jim – Ch. 49</p>	<p>9. Morning: 9 to 12 pm Mass – Ch. 49 Exercise – Lib</p> <p>Afternoon 1 to 3 pm Drum Fit -DR Bingo-DR Living with Liz- Ch. 49</p> <p>Evening 6 to 7:30 pm Virtual yoga -DR</p>	<p>10. OFF Morning: 9 to 12 pm Mass – Ch. 49 Exercise – Lib</p>  <p>Afternoon 1 to 3 pm Residents Council Meeting via Zoom-SR (by invitation)</p>	<p>11. Morning: 9 to 12 pm Mass – Ch. 49 Exercise – Lib Montessori -R Drum Fit -Lib Word Games- SR</p> <p>Afternoon 1 to 3 pm Short Stories- R Arts & Craft -SR Snoezelen -SR Walk on the Wire -Ch.49</p>	<p>12. Morning: 9 to 12 pm Manicures -SR Virtual Pet Visit-R Drum Fit -Lib</p> <p>Afternoon 1 to 3 pm Virtual Travel Lodge- DR Arts & Crafts -SR Snoezelen-R</p>

Legend: Balcony – B, Channel 49/50 – Ch. 49/50, Dining Room – DR, Harvest Room – HR, Library – Lib, Larry Kelly Family Garden – LKFG, Resident Room – R, Sunroom – SR







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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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<p>13. <u>Morning: 9 to 12 pm</u> Mass- Ch. 49 Gentle Touch-SR Balloon Toss/Drum fit-Lib</p> <p><u>Afternoon 1 to 3 pm</u> Virtual Music-DR Card Games-SR Arts & Craft -SR</p>	<p>14. <u>Morning: 9 to 12 pm</u> Mass – Ch. 49 Exercise – Lib Snoezelen -R Word Games-Lib</p> <p><u>Afternoon 1 to 3 pm</u> Drum Fit -Lib Montessori-SR Daily Chronicle -R Arts & Craft -SR</p>	<p>15. OFF <u>Morning: 9 to 12 pm</u> Mass – Ch. 49 Exercise – Lib</p> <p><u>Afternoon 1 to 3 pm</u> Piano with Anne – Ch. 49</p> <div style="text-align: center;">  </div>	<p>16. <u>Morning: 9 to 12 pm</u> Mass – Ch. 49 Exercise – Lib</p> <p><u>Afternoon 1 to 3 pm</u> Drum Fit-Lib Bingo -DR</p> <p><u>Evening 6 to 7:30 pm</u> Movie Night -DR</p>	<p>17. <u>Morning: 9 to 12 pm</u> Manicules -R Ball Toss/Drum fit -Lib Mass- Ch. 49 Exercise – Lib</p> <p><u>Afternoon 1 to 3 pm</u> Father's Day Pizza & Pop- Men's Group- SR/DR Music & Memory- R Arts & Craft -DR</p> <div style="text-align: center;">  </div>	<p>18. <u>Morning: 9 to 12 pm</u> Montessori -SR Drum Fit- Lib Mass – Ch. 49 Exercise – Lib</p> <p><u>Afternoon 1 to 3 pm</u> Adult Colouring- SR Music & Memory- R Current Events-SR Gentle Touch- R</p>	<p>19. OFF</p> <div style="text-align: center;">  </div>
<p>20. OFF Father's Day <u>Morning: 9 to 12 pm</u> Mass – Ch. 49</p> <div style="text-align: center;">  </div>	<p>21. <u>Morning: 9 to 12 pm</u> Mass – Ch. 49 Exercise – Lib Meaningful Tasks -SR Daily Chronicles- R</p> <p><u>Afternoon 1 to 3 pm</u> Drum fit -Lib Hulling & Slicing<small>(we only do this)</small> Reminiscing Program -DR Car, Ker, Gal,</p>	<p>22. <u>Morning: 9 to 12 pm</u> Mass – Ch. 49 Exercise – Lib Montessori -R Balloon Toss/Drum fit -Lib</p> <p><u>Afternoon 1 to 3 pm</u> Music & Memory -R Crafts-SR</p>	<p>23. <u>Morning: 9 to 12 pm</u> Mass – Ch. 49 Exercise – Lib</p> <p><u>Afternoon 1 to 3 pm</u> CND Day Strawberry Social (pick up only) with entertainment with "Jamming Jim" – Ch. 49 <u>Evening 6 to 7:30 pm</u> Virtual Mediation -DR</p>	<p>24. OFF <u>Morning: 9 to 12 pm</u> Mass – Ch. 49 Exercise – Lib</p>	<p>25. <u>Morning: 9 to 12 pm</u> Mass – Ch. 49 Exercise – Lib Manicules/Drum fit -SR Word Games- Lib</p> <p><u>Afternoon 1 to 3 pm</u> Balloon toss -R Arts & Craft -SR</p>	<p>26. <u>Morning: 9 to 12 pm</u> Reminiscing -R Virtual Pet Visit-R Drum Fit -Lib</p> <p><u>Afternoon 1 to 3 pm</u> Men's Group- Lib You Be the Judge- SR Virtual Travel Log- DR</p>

Legend: Balcony – B, Channel 49/50 – Ch. 49/50, Dining Room – DR, Harvest Room – HR, Library – Lib, Larry Kelly Family Garden – LKFG, Resident Room – R, Sunroom – SR






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<p>27. <u>Morning: 9 to 12 pm</u> Mass – Ch. 49 Friendly Visiting- R Gentle Touch - SR Scavenger Hunt - DR</p> <p><u>Afternoon: 1 to 3 pm</u> Crafts - DR Virtual Travel Log - SR Coffee Chat /Drum fit- DR</p>	<p>28. <u>Morning: 9 to 12 pm</u> Mass – Ch. 49 Exercise – Lib Montessori - R Friendly Visits/ Drum fit- R</p> <p><u>Afternoon 1 to 3 pm</u> Snoezelen -R Drum Fit -Lib Manicures- SR</p>	<p>29. OFF <u>Morning: 9 to 12 pm</u> Mass – Ch. 49 Exercise – Lib</p> <div style="text-align: center;">  </div>	<p>30. OFF <u>Morning: 9 to 12 pm</u> Mass – Ch. 49 Exercise – Lib</p> <div style="text-align: center;">  </div> <p><u>Afternoon 1 to 3 pm</u> Paddy's Pub – DR</p>			
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