

	Weekly Menu Cycle						St Patrick's Home		Week #1	
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
	27-Dec-20	28-Dec-20	29-Dec-20	30-Dec-20	31-Dec-20	1-Jan-21	2-Jan-21			
Breakfast	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices		
	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal		
	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal		
	Scrambled Egg or Boiled Eggs	Scrambled Egg or Boiled Eggs	Scrambled Egg or Boiled Eggs	Scrambled Egg or Boiled Eggs	Scrambled Egg or Boiled Eggs	Scrambled Egg or Boiled Eggs	Waffles & Scrambled Eggs	Scrambled Egg or Boiled Eggs		
	Bacon Whole Wheat Toast	Bran Muffin Whole Wheat Toast	Sausage Whole Wheat Toast	Banana Muffin Whole Wheat Toast	Whole Wheat Toast	Sausage Whole Wheat Toast	Whole Wheat Toast			
Lunch	<b>Vegetable Soup</b> Garden Salad	<b>Cream of Broccoli</b> Garden Salad	<b>Beef &amp; Rice Soup</b> Mixed Kale Salad	<b>Minestrone Soup</b> Potato Salad	<b>Chicken Noodle Soup</b> Garden Salad	<b>Vegetable &amp; Rice Soup</b> Ceasar Salad	<b>Navy Bean Soup</b> Creamy Coleslaw			
	<b>Battered Fish</b> Tartar & Lemon Slices <b>French Fries</b>	<b>Onion, Tomato &amp; Cheese Quiche</b>  <b>Mashed Potatoes</b>	<b>Baked Macaroni &amp; Cheese</b>	<b>Cheeseburger Sliders</b>  Onion/Lettuce/tomato <b>Mashed Potatoes</b>	<b>Beans &amp; Wieners</b>  with a Roll	<b>Cheese Ravioli with</b>  <b>Marinara Sauce</b> Garlic Bread	<b>Basil Chicken Stew</b>  <b>Rice</b>			
	<b>Ham Salad Sandwich</b>	<b>Corned Beef Sandwich</b>	<b>Salmon Salad Sandwich</b>	<b>Ham and Swiss Sandwich</b>	<b>Roast Beef Sandwich</b>	<b>Egg Salad Sandwich</b>	<b>Tuna Salad Sandwich</b>			
	Corn Vanilla Pudding Raspberries	Parslied Cauliflower Date Squares Papaya	Mixed Vegetables Chocolate Chip Cookies Pears	Seasoned Green Beans Neapolitan Ice Cream Banana	Beets Angel Cake Cherry Jello	Peas and Carrots Assorted Danishes Pineapple Chunks	Asparagus Chocolate Pudding Watermelon			
Dinner	<b>Tossed Salad</b>	<b>Tossed Salad</b>	<b>Tossed Salad</b>	<b>Tossed Salad</b>	<b>Tossed Salad</b>	<b>Tossed Salad</b>	<b>Ceasar Salad</b>			
	<b>Roast Beef with Gravy</b>  Horseradish <b>Garlic Mashed Potato</b>	<b>Macaroni and Beef</b>  <b>Roasted Baby Potatoes</b>	<b>Baked Fish</b>  Tartar & Lemon Slices <b>Rice</b> Mashed Potato	<b>Swedish Meatballs</b>  <b>Egg Noodles</b> Mashed Potato	<b>Baked Chicken Breasts</b>  <b>Sweet Mashed Potato</b>	<b>Herbed Fish Filet</b>  Tartar & Lemon Slices  Mashed Potato	<b>Turkey Schnitzel</b>  Mashed Potato			
	<b>Alfredo Pasta</b>	<b>Chicken Burger on a Bun</b>	<b>BBQ Pork Riblet on a bun</b>	<b>Rice &amp; Spinach Casserole</b>	<b>Salisbury Steak</b>	<b>Pork and Vegetable Stew</b>	<b>Mushroom Penne Casserole</b>			
	Dinner Roll Fresh Diced Squash Apple Pie Tropical Fruit Cocktail	Dinner Roll Waxed Beans Brownies Cinnamon Apple Sauce	Dinner Roll California Mixed Vegetables Carrot Cake Mandarin Oranges	Dinner Roll Baby Carrots Baked Apple Crisp Apricots	Dinner Roll Turnip Banana Cake Peaches	Dinner Roll Sunrise Mixed Vegetables Chocolate Mania Cake Mango Chunks	Dinner Roll Italian Mixed Vegetables Blueberry Cheesecake Fruit Cocktail			

	Weekly Menu Cycle						St Patrick's Home						Week #2					
	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday					
	3-Jan-21		4-Jan-21		5-Jan-21		6-Jan-21		7-Jan-21		8-Jan-21		9-Jan-21					
<b>Breakfast</b>	Assorted Juices		Assorted Juices		Assorted Juices		Assorted Juices		Assorted Juices		Assorted Juices		Assorted Juices					
	Hot Cereal		Hot Cereal		Hot Cereal		Hot Cereal		Hot Cereal		Hot Cereal		Hot Cereal					
	Choice of Cold Cereal		Choice of Cold Cereal		Choice of Cold Cereal		Choice of Cold Cereal		Choice of Cold Cereal		Choice of Cold Cereal		Choice of Cold Cereal					
	Scrambled or Boiled Eggs		Scrambled or Boiled Eggs		Scrambled or Boiled Eggs		Scrambled or Boiled Eggs		Scrambled Egg or Boiled Eggs		Waffles & Scrambled Eggs		Scrambled or Boiled Eggs					
	Bacon Whole Wheat Toast		Bran Muffin Whole Wheat Toast		Sausage Whole Wheat Toast		Banana Muffin Whole Wheat Toast		Whole Wheat Toast		Sausages Whole Wheat Toast		Whole Wheat Toast					
<b>Lunch</b>	<b>Tomato Macaroni Soup</b> Garden Salad		<b>Cream of Mushroom Soup</b> Greek Pasta Salad		<b>Chicken Vegetable Soup</b> Garden Salad		<b>Cream of Celery Soup</b> Seven Grain Salad		<b>Beef Noodle Soup</b> Coleslaw		<b>Cream of Potato Soup</b> Garden Salad		<b>Corn Chowder</b> Garden Salad					
	<b>Buttered Haddock</b>		<b>Meat Chili &amp; Corn Muffin</b>		<b>Ham &amp; Potato Bake</b>		<b>Beans &amp; Wieners</b>		<b>Cod Nuggets</b>		<b>Baked Vegetable Omelet</b>		<b>Sloppy Joe on a Bun</b>					
	Tartar & Lemon Slices <b>Mashed Potato</b>						with a Roll		Tartar & Lemon Slices <b>French Fries</b>		<b>Mashed Potato</b>		<b>Mashed Potato</b>					
	<b>Salami Sandwich</b>		<b>Chicken Salad Sandwich</b>		<b>Cheese Sandwich</b>		<b>Sliced Turkey Sandwich</b>		<b>Roast Beef Sandwich</b>		<b>Ham Salad Sandwich</b>		<b>Egg Salad Sandwich</b>					
	Squash Butterscotch Pudding Honeydew Melon		California Mixed Vegetables Almond Cookies Mandarin Oranges		Peas Orange Cake Cinnamon Apple Sauce		Parsnips Vanilla Ice Cream Fruit Cocktail		PEI Mixed Vegetables Berry Mousse Crushed Pineapple		Beets Banana Pudding Cantaloupe		Turnip Butter Tarts Blueberries					
<b>Dinner</b>	<b>Tossed Salad</b>		<b>Tossed Salad</b>		<b>Tossed Salad</b>		<b>Tossed Salad</b>		<b>Tossed Salad</b>		<b>Tossed Salad</b>		<b>Tossed Salad</b>					
	<b>Maple Glazed Ham</b>		<b>Apple Ginger Pork Chops</b>		<b>Potato/Chive Cod</b>		<b>Chicken a l King</b>		<b>Baked Macaroni and Cheese</b>		<b>Fish Creole</b>		<b>Pork Souvlaki</b>					
	Scalloped Potatoes Mashed Potato		Parslied Boiled Potatoes Mashed Potato		Tartar & Lemon Slices Dinner Roll Mashed Potato		<b>Egg Noodles</b> Dinner Roll Mashed Potato		Mashed Potato		Tartar & Lemon Slices Mashed Potato		Rice Mashed Potato					
	<b>Chicken Cutlet</b>		<b>Cheese Tortellini</b>		<b>Meat Loaf</b>		<b>Roast Pork</b>		<b>Veal Cacciatore</b>		<b>Honey Garlic Pork Rib</b>		<b>EggPlant Ragout</b>					
	Dinner Roll Fresh Carrot Coins Banana Cream Pie Strawberries		Dinner Roll Broccoli Ice Cream Sandwich Banana		Corn Fruit Yogurt Stewed Rhubarb		Four Way Mixed Vegetables Bread Pudding Peaches		Dinner Roll Zucchini Sponge Cake with Sauce Pears		Sunrise Mixed Vegetables Apple Crisp Tropical Fruit Salad		Dinner Roll Cauliflower Orange Jello Apricots					

		Weekly Menu Cycle				St Patrick's Home		Week #3
		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10-Jan-21	11-Jan-21	12-Jan-21	13-Jan-21	14-Jan-21	15-Jan-21	16-Jan-21
<b>Breakfast</b>	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices
	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal
	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal
	Scrambled or Boiled Eggs	Scrambled or Boiled Eggs	Scrambled or Boiled Eggs	Scrambled or Boiled Eggs	Scrambled or Boiled Eggs	Scrambled Egg or Boiled Eggs	Waffles & Scrambled Eggs	Scrambled or Boiled Eggs
	Bacon Whole Wheat Toast	Bran Muffin Whole wheat Toast	Sausage Whole wheat Toast	Banana Muffin Whole wheat Toast	Whole wheat Toast	Sausage Whole wheat Toast	Whole wheat Toast	Whole wheat Toast
<b>Lunch</b>	<b>Cream of Vegetable Soup</b> Garden Salad	<b>Pea Soup</b> Tuscany Bean Salad	<b>Cream of Tomato</b> Garden Salad	<b>Cream of Cauliflower Soup</b> Caesar Salad	<b>Bean &amp; Bacon Soup</b> Spinach Salad	<b>Chicken &amp; Rice Soup</b> Chick Pea Salad	<b>Beef Barley Soup</b> Garden Salad	
	<b>Farmers Sausage</b> <b>Mashed Potatoes</b>	<b>Tater Tot Casserole</b>	<b>Cabbage Rolls</b>	<b>Hot Dog</b>	<b>Teriyaki Tofu Stir Fry</b> <b>Rice</b>	<b>Broccoli Quiche</b> <b>Mashed Potatoes</b>	<b>Fish Burger on a Bun</b> Tartar & Lemon Slices <b>French Fries</b>	
	<b>Salmon Salad Sandwich</b>  Buttered Corn Chocolate Ice Cream Pears	<b>Egg Salad Sandwich</b>  Green Beans Rhubarb Crisp Apple Sauce	<b>Grilled Cheese Sandwich</b>  Carrot Coins Lime Jello Apricots	<b>Tuna Sandwich</b> Broccoli Chocolate Cake Fresh Clementines	<b>Chicken Salad Sandwich</b> Peas Vanilla Caramel Cake Diced Mango	<b>Sliced Turkey Sandwich</b> Sunrise Mixed Vegetables Vanilla Ice Cream Honey Dew Melon	<b>Tomato/Cheese Sandwich</b> Parsnips Banana Pudding Mandarin Oranges	
	<b>Tossed Salad</b>	<b>Tossed Salad</b>	<b>Tossed Salad</b>	<b>Tossed Salad</b>	<b>Tossed Salad</b>	<b>Tossed Salad</b>	<b>Tossed Salad</b>	<b>Tossed Salad</b>
	<b>Roast Turkey</b> Stuffing/cranberry Sauce Dinner Roll Mashed Potato	<b>Chicken Fingers</b> <b>Sweet Potato Fries</b> Dinner Roll Mashed Potato	<b>Calico Skillet</b>  Dinner Roll Mashed Potato	<b>All Dressed Pizza</b>  Mashed Potato	<b>Turkey Schnitzel</b>  Dinner Roll Mashed Potato	<b>Poached Haddock</b>  Tartar & Lemon Slices  <b>O'Brien Potato</b>	<b>Sweet and Sour Chicken</b>  <b>Fried Rice</b>  Mashed Potato	
<b>Spaghetti with Meat Balls</b>  Fresh Mini Root Vegetables Boston Cream Pie Fruit Cocktail	<b>Ham Steak/Pineapple</b>  Four Way Mix Vegetables Danishes Peaches	<b>Potato/Chive Cod</b>  Tartar & Lemon Slices California Mixed Vegetables Rice Pudding Tropical Fruit Salad	<b>Beef Stew</b>  Dinner Roll Squash Cherry Cheesecake Crushed Pineapple	<b>Shepherd's Pie</b>  PEI Mixed Vegetables Cranberry Loaf Strawberries	<b>Meat Lasagna</b>  Dinner Roll Peas and Carrots Short Bread Cookies Baked Apple Crisp	<b>Hot Hamburger Sandwich</b>  Dinner Roll Oriental Vegetables Rainbow Jello Pineapple		

**Breakfast:** Assorted Juice, 2% Milk, Cold Cereals ( 2% Milk 125ml), Bread, Toast, Condiments, Coffee & Tea.

**Lunch Service:** Water, Assorted Juice, 2% Milk, Bread, Condiments, Coffee & Tea. 3rd choice offered of alternate sandwich.

**Dinner Service:** Water, Assorted Juice, 2%Milk, Bread, Condiments, Coffee & Tea.