

	Weekly Menu Cycle				St Patrick's Home		Week #1
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	6-Dec-20	7-Dec-20	8-Dec-20	9-Dec-20	10-Dec-20	11-Dec-20	12-Dec-20
Breakfast	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices
	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal
	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal
	Scrambled Egg or Boiled Eggs	Scrambled Egg or Boiled Eggs	Scrambled Egg or Boiled Eggs	Scrambled Egg or Boiled Eggs	Scrambled Egg or Boiled Eggs	Waffles & Scrambled Eggs	Scrambled Egg or Boiled Eggs
	Bacon Whole Wheat Toast	Bran Muffin Whole Wheat Toast	Sausage Whole Wheat Toast	Banana Muffin Whole Wheat Toast	Whole Wheat Toast	Sausage Whole Wheat Toast	Whole Wheat Toast
Lunch	Vegetable Soup Garden Salad	Cream of Broccoli Garden Salad	Beef & Rice Soup Mixed Kale Salad	Minestrone Soup Potato Salad	Chicken Noodle Soup Garden Salad	Vegetable & Rice Soup Ceasar Salad	Navy Bean Soup Creamy Coleslaw
	Battered Fish	Onion,Tomato & Cheese Quiche	Baked Macaroni & Cheese	Cheeseburger Sliders	Beans & Wieners	Cheese Ravioli with	Basil Chicken Stew
	Tartar & Lemon Slices French Fries	Mashed Potatoes		Onion/Lettuce/tomato Mashed Potatoes	with a Roll	Marinara Sauce Garlic Bread	Rice
	Ham Salad Sandwich	Corned Beef Sandwich	Salmon Salad Sandwich	Ham and Swiss Sandwich	Roast Beef Sandwich	Egg Salad Sandwich	Tuna Salad Sandwich
	Corn Vanilla Pudding Raspberries	Parslied Cauliflower Date Squares Papaya	Mixed Vegetables Chocolate Chip Cookies Pears	Seasoned Green Beans Neapolitan Ice Cream Banana	Beets Angel Cake Cherry Jello	Peas and Carrots Assorted Danishes Pineapple Chunks	Asparagus Chocolate Pudding Watermelon
Dinner	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Ceasar Salad
	Roast Beef with Gravy	Macaroni and Beef	Baked Fish	Swedish Meatballs	Baked Chicken Breasts	Herbed Fish Filet	Turkey Schnitzel
	Horseradish Garlic Mashed Potato	Roasted Baby Potatoes	Tartar & Lemon Slices Rice Mashed Potato	Egg Noodles Mashed Potato	Sweet Mashed Potato	Tartar & Lemon Slices Mashed Potato	Mashed Potato
	Alfredo Pasta	Chicken Burger on a Bun	BBQ Pork Riblet on a bun	Rice & Spinach Casserole	Salisbury Steak	Pork and Vegetable Stew	Mushroom Penne Casserole
	Dinner Roll Fresh Diced Squash Apple Pie Tropical Fruit Cocktail	Dinner Roll Waxed Beans Brownies Cinnamon Apple Sauce	Dinner Roll California Mixed Vegetables Carrot Cake Mandarin Oranges	Dinner Roll Baby Carrots Baked Apple Crisp Apricots	Dinner Roll Turnip Banana Cake Peaches	Dinner Roll Sunrise Mixed Vegetables Chocolate Mania Cake Mango Chunks	Dinner Roll Italian Mixed Vegetables Blueberry Cheesecake Fruit Cocktail

	Weekly Menu Cycle				St Patrick's Home		Week #2
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	13-Dec-20	14-Dec-20	15-Dec-20	16-Dec-20	17-Dec-20	18-Dec-20	19-Dec-20
Breakfast	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices
	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal
	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal
	Scrambled or Boiled Eggs	Scrambled or Boiled Eggs	Scrambled or Boiled Eggs	Scrambled or Boiled Eggs	Scrambled Egg or Boiled Eggs	Waffles & Scrambled Eggs	Scrambled or Boiled Eggs
	Bacon	Bran Muffin	Sausage	Banana Muffin		Sausages	
	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast
Lunch	Tomato Macaroni Soup Garden Salad	Cream of Mushroom Soup Greek Pasta Salad	Chicken Vegetable Soup Garden Salad	Cream of Celery Soup Seven Grain Salad	Beef Noodle Soup Coleslaw	Cream of Potato Soup Garden Salad	Corn Chowder Garden Salad
	Buttered Haddock	Meat Chili & Corn Muffin	Ham & Potato Bake	Beans & Wieners	Cod Nuggets	Baked Vegetable Omelet	Sloppy Joe on a Bun
	Tartar & Lemon Slices Mashed Potato			with a Roll	Tartar & Lemon Slices French Fries	Mashed Potato	Mashed Potato
	Salami Sandwich	Chicken Salad Sandwich	Cheese Sandwich	Sliced Turkey Sandwich	Roast Beef Sandwich	Ham Salad Sandwich	Egg Salad Sandwich
	Squash	California Mixed Vegetables	Peas	Parsnips	PEI Mixed Vegetables	Beets	Turnip
	Butterscotch Pudding Honeydew Melon	Almond Cookies Mandarin Oranges	Orange Cake Cinnamon Apple Sauce	Vanilla Ice Cream Fruit Cocktail	Berry Mousse Crushed Pineapple	Banana Pudding Cantaloupe	Butter Tarts Blueberries
Dinner	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad
	Maple Glazed Ham	Apple Ginger Pork Chops	Potato/Chive Cod	Chicken a l King	Baked Macaroni and Cheese	Fish Creole	Pork Souvlaki
	Scalloped Potatoes Mashed Potato	Parslied Boiled Potatoes Mashed Potato	Tartar & Lemon Slices Dinner Roll Mashed Potato	Egg Noodles Dinner Roll Mashed Potato	Mashed Potato	Tartar & Lemon Slices Mashed Potato	Rice Mashed Potato
	Chicken Cutlet	Cheese Tortellini	Meat Loaf	Roast Pork	Veal Cacciatore	Honey Garlic Pork Rib	EggPlant Ragout
	Dinner Roll	Dinner Roll			Dinner Roll		Dinner Roll
	Fresh Carrot Coins	Broccoli	Corn	Four Way Mixed Vegetables	Zucchini	Sunrise Mixed Vegetables	Cauliflower
Banana Cream Pie	Ice Cream Sandwich	Fruit Yogurt	Bread Pudding	Sponge Cake with Sauce	Apple Crisp	Orange Jello	
Strawberries	Banana	Stewed Rhubarb	Peaches	Pears	Tropical Fruit Salad	Apricots	

	Weekly Menu Cycle				St Patrick's Home		Week #3
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	20-Dec-20	21-Dec-20	22-Dec-20	23-Dec-20	24-Dec-20	25-Dec-20	26-Dec-20
Breakfast	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices
	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal
	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal
	Scrambled or Boiled Eggs	Scrambled or Boiled Eggs	Scrambled or Boiled Eggs	Scrambled or Boiled Eggs	Scrambled Egg or Boiled Eggs	Waffles & Scrambled Eggs	Scrambled or Boiled Eggs
	Bacon	Bran Muffin	Sausage	Banana Muffin		Sausage	
	Whole Wheat Toast	Whole wheat Toast	Whole wheat Toast	Whole wheat Toast	Whole wheat Toast	Whole wheat Toast	Whole wheat Toast
Lunch	Cream of Vegetable Soup Garden Salad	Pea Soup Tuscany Bean Salad	Cream of Tomato Garden Salad	Cream of Cauliflower Soup Caesar Salad	Bean & Bacon Soup Spinach Salad	Chicken & Rice Soup Chick Pea Salad	Beef Barley Soup Garden Salad
	Farmers Sausage Mashed Potatoes	Tater Tot Casserole	Cabbage Rolls	Hot Dog	Teriyaki Tofu Stir Fry Rice	Broccoli Quiche Mashed Potatoes	Fish Burger on a Bun Tartar & Lemon Slices French Fries
	Salmon Salad Sandwich Buttered Corn Chocolate Ice Cream Pears	Egg Salad Sandwich Green Beans Rhubarb Crisp Apple Sauce	Grilled Cheese Sandwich Carrot Coins Lime Jello Apricots	Tuna Sandwich Broccoli Chocolate Cake Fresh Clementines	Chicken Salad Sandwich Peas Vanilla Caramel Cake Diced Mango	Sliced Turkey Sandwich Sunrise Mixed Vegetables Vanilla Ice Cream Honey Dew Melon	Tomato/Cheese Sandwich Parsnips Banana Pudding Mandarin Oranges
	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad
	Roast Turkey Stuffing/cranberry Sauce Dinner Roll Mashed Potato	Chicken Fingers Sweet Potato Fries Dinner Roll Mashed Potato	Calico Skillet Dinner Roll Mashed Potato	All Dressed Pizza Mashed Potato	Turkey Schnitzel Dinner Roll Mashed Potato	Poached Haddock Tartar & Lemon Slices O'Brien Potato	Sweet and Sour Chicken Fried Rice Mashed Potato
	Spaghetti with Meat Balls Fresh Mini Root Vegetables Boston Cream Pie Fruit Cocktail	Ham Steak/Pineapple Four Way Mix Vegetables Danishes Peaches	Potato/Chive Cod Tartar & Lemon Slices California Mixed Vegetables Rice Pudding Tropical Fruit Salad	Beef Stew Dinner Roll Squash Cherry Cheesecake Crushed Pineapple	Shepherd's Pie PEI Mixed Vegetables Cranberry Loaf Strawberries	Meat Lasagna Dinner Roll Peas and Carrots Short Bread Cookies Baked Apple Crisp	Hot Hamburger Sandwich Dinner Roll Oriental Vegetables Rainbow Jello Pineapple

Breakfast: Assorted Juice, 2% Milk, Cold Cereals (2% Milk 125ml), Bread, Toast, Condiments, Coffee & Tea.

Lunch Service: Water, Assorted Juice, 2% Milk, Bread, Condiments, Coffee & Tea. 3rd choice offered of alternate sandwich.

Dinner Service: Water, Assorted Juice, 2%Milk, Bread, Condiments, Coffee & Tea.