



October 30, 2020

UPDATE TO ALL FAMILY AND FRIENDS

Hello, we have had no positive test results today!

It is anticipated and hoped that the outbreak will be declared over on Sunday by Ottawa Public Health. Public Health will declare the outbreak over as long as there are no positive test results, and any resident test results pending are received if a resident has symptoms. We are required to follow their direction on declaring the outbreak over.

What will change on Sunday assuming the outbreak is over:

1. Carlow and Waterford residents will be able to leave their rooms for meals as per the schedule for resident meals and showers and baths in the tub room will resume.
2. The requirements for PPE will change. Procedure masks will be required for everyone but eye protection (goggles and face shields) will not be required.

What will change on Monday assuming the outbreak is over:

1. The hair salon will open and resume the schedule of one home area per day for service.
2. Residents from one home area can attend Mass in the Gathering Place as per the schedule.
3. The Footcare Nurse will resume services for one home area per day.
4. Residents and families can take walks outside, and not just in the garden. Masks must be worn by all and physically distancing from other residents remains a requirement.
5. Residents who have been in hospital can return home.
6. New admissions will resume.

What will not change:

1. Ottawa remains a red zone so as per provincial guidance only designated caregivers can visit. All designated caregivers must confirm that they have had a negative Covid19 test in the past 14 days. General visitors are not able to visit at this time.
2. Residents are asked to remain on the grounds until the provincial designation of a red zone changes.
3. Outdoor time in the secure garden area will continue for one home area at a time as per the schedule. There is not need to book a time but only go to the garden at the specified time for each home area.

4. Continuing to practice excellent hand hygiene, wearing a procedure mask at all times and maintaining physical distancing from other residents and staff is a priority for everyone.

An update will also be sent on Sunday to confirm the outbreak status.

Keep up the good thoughts and prayers for the outbreak to be declared over on Sunday!

Janet Morris
President and CEO