



September 21, 2020

UPDATE TO ALL FAMILY AND FRIENDS

Hello, all of the results received from our surveillance testing have been negative to date. We have received all but 3 resident results. The staff results continue to be received. We hope that the remaining results continue to be negative! Although we are planning for the end of the outbreak on Sept. 23rd, the decision to declare the outbreak over is entirely Ottawa Public Health's. We cannot declare the outbreak over ourselves so we will need to wait for their determination.

The Designated Caregiver forms are continuing to be received. I would like to clarify a couple of things as we have received some questions regarding the form:

1. The direct caregiver roles listed on the form were drawn from the Ministry of Long Term Care (MoLTC) document of Sept. 2 related to visiting. These were included as a resource on the form for people in determining which 2 caregivers would be best, given the type of support that was envisioned by the MoLTC.
2. There is no hierarchy for the various roles or types of support provided, nor is there a specific number required for visiting. The decision to identify the 2 designated caregivers is entirely the remit of the resident/POA or SDM.
3. We continue to provide services to residents whether there is a designated caregiver identified and visiting. There is no change to the care provided to residents other than knowing that if someone is visiting they will be supporting the resident in some way. This is back to the normal support that visitors have always provided before the pandemic.

The Recreation team is planning a number of fun days next week, in anticipation of being out of outbreak! Here is a breakdown of some of the theme days that we encourage you to celebrate with us:

Monday Sept 28th – Jersey Day

- Needs to have a sport Logo on what the person is wearing.
- Can be any sport

Tuesday Sept 29th- Twin Tuesday

- Pair up with either a staff or resident and wear similar or matching clothes.

Wednesday Sept 30th – **Wacky/Crazy Hair Day**

Thursday Oct 1st- (**Seniors Day**) **Sparkle/Glitter Day**

Friday Oct 2nd – **Fitness Friday**

- Wear your fitness gear to work! (must be appropriate!)

Saturday Oct 3rd – **Superhero Saturday**

- Wear your favorite superhero

Sunday Oct 4th – **Rainbow Sunday**

- Wear as many colours of the rainbow as you can! Be creative!

Please take care of yourselves and be well,

Janet Morris

President and CEO