

	Weekly Menu Cycle						St Patrick's Home	Week #1
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	13-Sep-20	14-Sep-20	15-Sep-20	16-Sep-20	17-Sep-20	18-Sep-20	19-Sep-20	
Breakfast	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	
	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	
	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	
	Scrambled Egg or Boiled Eggs	Scrambled Egg or Boiled Eggs	Scrambled Egg or Boiled Eggs	Scrambled Egg or Boiled Eggs	Scrambled Egg or Boiled Eggs	Waffles & Scrambled Eggs	Scrambled Egg or Boiled Eggs	
	Bacon Whole Wheat Toast	Bran Muffin Whole Wheat Toast	Sausage Whole Wheat Toast	Banana Muffin Whole Wheat Toast	Whole Wheat Toast	Sausage Whole Wheat Toast	Whole Wheat Toast	
Lunch	Vegetable Soup Garden Salad	Cream of Broccoli Garden Salad	Beef & Rice Soup Mixed Kale Salad	Minestrone Soup Potato Salad	Chicken Noodle Soup Garden Salad	Vegetable & Rice Soup Ceasar Salad	Navy Bean Soup Creamy Coleslaw	
	Battered Fish Tartar & Lemon Slices French Fries	Onion, Tomato & Cheese Quiche Mashed Potatoes	Baked Macaroni & Cheese	Cheeseburger Sliders Onion/Lettuce/tomato Mashed Potatoes	Beans & Wieners with a Roll	Cheese Ravioli with Marinara Sauce Garlic Bread	Basil Chicken Stew Rice	
	Ham Salad Sandwich	Corned Beef Sandwich	Salmon Salad Sandwich	Ham and Swiss Sandwich	Roast Beef Sandwich	Egg Salad Sandwich	Tuna Salad Sandwich	
	Corn Vanilla Pudding Raspberries	Parslied Cauliflower Date Squares Papaya	Mixed Vegetables Chocolate Chip Cookies Pears	Seasoned Green Beans Neapolitan Ice Cream Banana	Beets Angel Cake Cherry Jello	Peas and Carrots Assorted Danishes Pineapple Chunks	Asparagus Chocolate Pudding Watermelon	
	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Ceasar Salad	
Dinner	Roast Beef with Gravy Horseradish Garlic Mashed Potato	Macaroni and Beef Roasted Baby Potatoes	Baked Fish Tartar & Lemon Slices Rice Mashed Potato	Swedish Meatballs Egg Noodles Mashed Potato	Baked Chicken Breasts Sweet Mashed Potato	Herbed Fish Filet Tartar & Lemon Slices Mashed Potato	Turkey Schnitzel Mashed Potato	
	Alfredo Pasta Dinner Roll Fresh Diced Squash Apple Pie Tropical Fruit Cocktail	Chicken Burger on a Bun Dinner Roll Waxed Beans Brownies Cinnamon Apple Sauce	BBQ Pork Riblet on a bun Dinner Roll California Mixed Vegetables Carrot Cake Mandarin Oranges	Rice & Spinach Casserole Dinner Roll Baby Carrots Baked Apple Crisp Apricots	Salisbury Steak Dinner Roll Turnip Banana Cake Peaches	Pork and Vegetable Stew Dinner Roll Sunrise Mixed Vegetables Chocolate Mania Cake Mango Chunks	Mushroom Penne Casserole Dinner Roll Italian Mixed Vegetables Blueberry Cheesecake Fruit Cocktail	

	Weekly Menu Cycle						St Patrick's Home	Week #2
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	20-Sep-20	21-Sep-20	22-Sep-20	23-Sep-20	24-Sep-20	25-Sep-20	26-Sep-20	
Breakfast	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	
	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	
	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	
	Scrambled or Boiled Eggs	Scrambled or Boiled Eggs	Scrambled or Boiled Eggs	Scrambled or Boiled Eggs	Scrambled Egg or Boiled Eggs	Waffles & Scrambled Eggs	Scrambled or Boiled Eggs	
	Bacon Whole Wheat Toast	Bran Muffin Whole Wheat Toast	Sausage Whole Wheat Toast	Banana Muffin Whole Wheat Toast	Whole Wheat Toast	Sausages Whole Wheat Toast	Whole Wheat Toast	
Lunch	Tomato Macaroni Soup Garden Salad	Cream of Mushroom Soup Greek Pasta Salad	Chicken Vegetable Soup Garden Salad	Cream of Celery Soup Seven Grain Salad	Beef Noodle Soup Coleslaw	Cream of Potato Soup Garden Salad	Corn Chowder Garden Salad	
	Buttered Haddock	Meat Chili & Corn Muffin	Ham & Potato Bake	Beans & Wieners	Cod Nuggets	Baked Vegetable Omelet	Sloppy Joe on a Bun	
	Tartar & Lemon Slices Mashed Potato			with a Roll	Tartar & Lemon Slices French Fries	Mashed Potato	Mashed Potato	
	Salami Sandwich	Chicken Salad Sandwich	Cheese Sandwich	Sliced Turkey Sandwich	Roast Beef Sandwich	Ham Salad Sandwich	Egg Salad Sandwich	
	Squash Butterscotch Pudding Honeydew Melon	California Mixed Vegetables Almond Cookies Mandarin Oranges	Peas Orange Cake Cinnamon Apple Sauce	Parsnips Vanilla Ice Cream Fruit Cocktail	PEI Mixed Vegetables Berry Mousse Crushed Pineapple	Beets Banana Pudding Cantaloupe	Turnip Butter Tarts Blueberries	
Dinner	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	
	Maple Glazed Ham	Apple Ginger Pork Chops	Potato/Chive Cod	Chicken a l King	Baked Macaroni and Cheese	Fish Creole	Pork Souvlaki	
	Scalloped Potatoes Mashed Potato	Parslied Boiled Potatoes Mashed Potato	Tartar & Lemon Slices Dinner Roll Mashed Potato	Egg Noodles Dinner Roll Mashed Potato	Mashed Potato	Tartar & Lemon Slices Mashed Potato	Rice Mashed Potato	
	Chicken Cutlet	Cheese Tortellini	Meat Loaf	Roast Pork	Veal Cacciatore	Honey Garlic Pork Rib	EggPlant Ragout	
	Dinner Roll Fresh Carrot Coins Banana Cream Pie Strawberries	Dinner Roll Broccoli Ice Cream Sandwich Banana	Corn Fruit Yogurt Stewed Rhubarb	Four Way Mixed Vegetables Bread Pudding Peaches	Dinner Roll Zucchini Sponge Cake with Sauce Pears	Sunrise Mixed Vegetables Apple Crisp Tropical Fruit Salad	Dinner Roll Cauliflower Orange Jello Apricots	

		Weekly Menu Cycle				St Patrick's Home		Week #3
		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		27-Sep-20	28-Sep-20	29-Sep-20	30-Sep-20	1-Oct-20	2-Oct-20	3-Oct-20
Breakfast	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices
	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal
	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal
	Scrambled or Boiled Eggs	Scrambled or Boiled Eggs	Scrambled or Boiled Eggs	Scrambled or Boiled Eggs	Scrambled or Boiled Eggs	Scrambled Egg or Boiled Eggs	Waffles & Scrambled Eggs	Scrambled or Boiled Eggs
	Bacon	Bran Muffin	Sausage	Banana Muffin	Whole wheat Toast	Whole wheat Toast	Sausage	Whole wheat Toast
	Whole Wheat Toast	Whole wheat Toast	Whole wheat Toast	Whole wheat Toast	Whole wheat Toast	Whole wheat Toast	Whole wheat Toast	Whole wheat Toast
Lunch	Cream of Vegetable Soup	Pea Soup	Cream of Tomato	Cream of Cauliflower Soup	Bean & Bacon Soup	Chicken & Rice Soup	Beef Barley Soup	
	Garden Salad	Tuscany Bean Salad	Garden Salad	Caesar Salad	Spinach Salad	Chick Pea Salad	Garden Salad	
	Farmers Sausage	Tater Tot Casserole	Cabbage Rolls	Hot Dog	Teriyaki Tofu Stir Fry	Broccoli Quiche	Fish Burger on a Bun	
	Mashed Potatoes				Rice	Mashed Potatoes	Tartar & Lemon Slices	
							French Fries	
Salmon Salad Sandwich	Egg Salad Sandwich	Grilled Cheese Sandwich	Tuna Sandwich	Chicken Salad Sandwich	Sliced Turkey Sandwich	Tomato/Cheese Sandwich		
Buttered Corn	Green Beans	Carrot Coins	Broccoli	Peas	Sunrise Mixed Vegetables	Parsnips		
Chocolate Ice Cream	Rhubarb Crisp	Lime Jello	Chocolate Cake	Vanilla Caramel Cake	Vanilla Ice Cream	Banana Pudding		
Pears	Apple Sauce	Apricots	Fresh Clementines	Diced Mango	Honey Dew Melon	Mandarin Oranges		
Dinner	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	
	Roast Turkey	Chicken Fingers	Calico Skillet	All Dressed Pizza	Turkey Schnitzel	Poached Haddock	Sweet and Sour Chicken	
	Stuffing/cranberry Sauce	Sweet Potato Fries				Tartar & Lemon Slices	Fried Rice	
	Dinner Roll	Dinner Roll	Dinner Roll	Dinner Roll	Dinner Roll			
	Mashed Potato	Mashed Potato	Mashed Potato	Mashed Potato	Mashed Potato	O'Brien Potato	Mashed Potato	
Spaghetti with Meat Balls	Ham Steak/Pineapple	Potato/Chive Cod	Beef Stew	Shepherd's Pie	Meat Lasagna	Hot Hamburger Sandwich		
Fresh Mini Root Vegetables	Four Way Mix Vegetables	Tartar & Lemon Slices	Dinner Roll	PEI Mixed Vegetables	Dinner Roll	Dinner Roll		
Boston Cream Pie	Danishes	California Mixed Vegetables	Squash	Cranberry Loaf	Peas and Carrots	Oriental Vegetables		
Fruit Cocktail	Peaches	Rice Pudding	Cherry Cheesecake	Strawberries	Short Bread Cookies	Rainbow Jello		
		Tropical Fruit Salad	Crushed Pineapple		Baked Apple Crisp	Pineapple		

Breakfast: Assorted Juice, 2% Milk, Cold Cereals (2% Milk 125ml), Bread, Toast, Condiments, Coffee & Tea.

Lunch Service: Water, Assorted Juice, 2% Milk, Bread, Condiments, Coffee & Tea. 3rd choice offered of alternate sandwich.

Dinner Service: Water, Assorted Juice, 2%Milk, Bread, Condiments, Coffee & Tea.