

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday


# August 2023 Wexford

10:30 Mass Ch. 49/G.P. **1**  
11:00 Exercise with Physio  
**Afternoon 1-3**  
Arts & Crafts: Sun Flowers  
Cleaning Bird Cage


**Morning 9-12** **2**  
10:30 Mass Ch. 49/G.P.  
Garden Strolls  
Short Stories  
**Afternoon 1-3**  
1:30 Resident Council Meeting  
Friendly Visits

10:30 Mass Ch. 49/G.P. **3**  
**Afternoon 1-3**  
Trivia  
Tea & Chat  
**Evening 6-8**  
Board Games/Cards

10:30 Mass Ch. 49/G.P. **4**  
10:30 Music with Keith  
11:00 Exercise with Physio  
**Afternoon 1-3**  
Gentle Touch  
Manicures  
Drum Fit-Wat  
Cleaning Bird Cage  
**Evening 6-8**  
**BINGO**

8:30 Breakfast Club - GP **5**  


**Morning 9-12** **6**  
10:30 Mass Ch. 49/G.P.  
Horticulture  
Garden Strolls  
**Afternoon 1-3**  
1:30 B-Day Party with Keith-GP

10:30 Mass Ch. 49/G.P. **7**  
  
*Civic Holiday*

**Morning 9-12** **8**  
10:30 Mass Ch. 49/G.P.  
Garden Strolls  
Manicures  
11:00 Exercise with Physio  
**Afternoon 1-3**  
Card Game  
Tea and Chat  
Cleaning Bird Cage

10:30 Mass Ch. 49/G.P. **9**  
**Afternoon 1-3**  
Drum Fit  
Friendly Visits  
**Evening 6-8**  
**BINGO**

**Morning 9-12** **10**  
10:30 Mass Ch. 49/G.P.  
Ball Fitness  
Gentle Touch  
**Afternoon 1-3**  
Pub with 70's Music

**Morning 9-12** **11**  
10:30 Mass Ch. 49/G.P.  
Word Games  
11:00 Exercise with Physio  
**Afternoon 1-3**  
Gentle Touch  
Cleaning Bird Cage

**12**  


10:30 Mass Ch. 49/G.P. **13**  
1:30 Social Tea- GP



10:30 Mass Ch. 49/G.P. **14**  
Drum Fit-Wat  
**Afternoon 1-3**  
Montessori  
Ring Toss  
6:30 Summer Courtyard Concert with James on the Guitar

10:30 Mass Ch. 49/G.P. **15**  
11:00 Exercise with Physio  
**Afternoon 1-3**  
1:00 Rosary  
Manicures  
Gentle Touch  
Cleaning Bird Cage

**Morning 9-12** **16**  
10:30 Mass Ch. 49/G.P.  
10:30 Sing-Along with Fran & Peggy- wat  
**Afternoon 1-3**  
Card Game  
Friendly Visits

10:30 Mass Ch. 49/G.P. **17**  
**Afternoon 1-3**  
Balloon Badminton  
Adult Coloring  
**Evening 6-8**  
**BINGO**

10:30 Mass Ch. 49/G.P. **18**  
11:00 Exercise with Physio  
**Afternoon 1-3**  
Friendly Visits  
Cleaning Bird Cage

**Morning 9-12** **19**  
Drum Fit in the Garden  
**Afternoon 1-3**  
Baking with Sue: Peach Cobbler

1:30 Paddy's Pub with Do **20**



10:30 Mass Ch. 49/G.P. **21**  
**Afternoon 1-3**  
Word Puzzle  
Montessori  
**Evening 6-8**  
Short Stories  
Montessori 1:1  
6:30 Summer Courtyard Concert with Aaron on Violin

10:30 Mass Ch. 49/G.P. **22**  
11:00 Exercise with Physio  
**Afternoon 1-3**  
Drum Fit  
Friendly Visits  
Cleaning Bird Cage  
**Evening 6-8**  
**BINGO**

**Morning 9-12** **23**  
10:30 Mass Ch. 49/G.P.  
Yoga  
Gentle Touch  
**Afternoon 1-3**  
Puzzles  
Tea and Chat

**Morning 9-12** **24**  
10:30 Mass Ch. 49/G.P.  
Ball Fitness  
Manicures  
**Afternoon 1-3**  
Short Stories  
Cookies and Lemonade

**Morning 9-12** **25**  
10:30 Mass Ch. 49/G.P.  
Let's Make Pizza Lunch  
11:00 Exercise with Physio  
**Afternoon 1-3**  
Men's Group: Painting Bird Houses  
Cleaning Bird Cage

**26**  


10:30 Mass Ch. 49/G.P. **27**  
1:30 Movie Matinee



**Morning 9-12** **28**  
10:30 Mass Ch. 49/G.P.  
Drum Fit  
Friendly Visits  
**Afternoon 1-3**  
Hour of Music  
Coffee/Tea Chat

10:30 Mass Ch. 49/G.P. **29**  
11:00 Exercise with Physio  
**Afternoon 1-3**  
Manicures  
Montessori  
Cleaning Bird Cage  
6:30 Music with Kevin-wat

**Morning 9-12** **30**  
10:30 Mass Ch. 49/G.P.  
Garden Strolls  
Gentle Touch  
**Afternoon 1-3**  
Friendly Visits

10:30 Mass Ch. 49/G.P. **31**  
**Afternoon 1-3**  
Bowling  
St. Pats News  
**Evening 6-8**  
**BINGO**

**Please Contact your Recreation Staff, Susan @ Ext. 276 for any programing questions. If Calendar Activities should change after they have been delivered, a Notification Poster will be posted on the House Activity Board**