



April 22, 2020

## **UPDATE TO ALL FAMILY AND FRIENDS**

Hello from St. Pat's on this wintery morning. We remain COVID-19 free as of today. We do have some residents who are now on isolation (since yesterday) primarily due to the atypical symptoms for which we are now monitoring residents.

These atypical symptoms identified for COVID-19 include:

- Unexplained fatigue/malaise
- Delirium (acutely altered mental status and inattention)
- Falls
- Acute functional decline
- Exacerbation of chronic conditions
- Digestive symptoms including nausea/vomiting, diarrhea, abdominal pain
- Chills
- Headaches

As you know these atypical symptoms are very common in the people who live at St. Pat's. If a resident exhibits these symptoms and it is not usual for them based upon a clinical evaluation, we request that public health complete testing. If your family member is being tested, we will tell you and communicate the results. We are being extremely diligent in identifying residents who have any of the typical respiratory symptoms of COVID-19 as well as the atypical symptoms. Our goal is to identify early and quickly! This will mean both an increase in the number of tests being completed and the number of people who will be isolated while awaiting the test results. We will continue to keep families informed by individual contact for any residents being tested and all families through the daily update

Family Councils Ontario (FCO) and the Ontario Association of Resident Council's (OARC) will be holding another webinar for families and residents. The details are below for this webinar.

Tuesday April 28, 2020 | 2-3 pm EST via GoToTraining Webinar

In response to the high demand/interest in this topic, this session is a second/repeat offering of the webinar recorded on April 15th. to candidly discuss this unprecedented time in our long-term care sector, acknowledging how the COVID-19 crisis has reshaped our lives; how we have risen to the challenge with grace and courage; and, how we are harnessing collaborative relationships to find solutions and support.

***St. Patrick's Home of Ottawa, 2865 Riverside Drive, Ottawa, Ontario K1V 8N5 (613) 731-4660***

Having courage doesn't mean that you're not afraid. The definition of courage is "the ability to do something that frightens one" or "strength in the face of pain or grief." We continue to live and work courageously through this crisis. Join FCO and OARC leaders to review and make sense of government directives, discuss the impact on residents and families, explore solutions and ask questions in a safe place. This webinar will appeal to a broad audience, including residents, family/friends of residents, team members, home management and other partners in the LTC sector.

Please click on this [Registration link](#).

Take care of yourselves,

Janet Morris  
President & CEO