

March 25, 2020

### **A Message from your Family and Friends Council**

It has been 11 days since we have been able to visit our family or friends at St Patrick's. Each day has been filled with rapidly changing news stories of the spread of Covid-19 across the world including here in Canada. The numbers of long term care homes reporting positive cases and deaths highlights the reality of the extreme vulnerability of those who live at St. Patrick's.

The Family and Friends Council are keeping in close contact with Janet Morris. Information is shared with your co-chairs as it becomes available. Suggestions and concerns are welcomed by Janet. Her daily updates are an important means of communication with us on the overall status within the Home. Individual communication with nursing and recreation staff provides the connection we need with our family members.

Staff is working very hard to protect the residents. Those efforts at work, while dealing with personal concerns for themselves and their families, are recognized and applauded. This is a tough time to be working within the health care sector. The part we play is staying home and being in contact when we can through the support of recreation staff.

Family Council is here to support you as needed. We have put forward individual comments and concerns. Suggestions are welcome as well. For those who are not members and would like to join the Council you can contact Rob Leigh or Janet Chéné. We communicate by email or phone at this point.

While it will be sometime before we are able to meet together, keep in touch. Stay well and continue to practice social distancing.

Our contact information is:

#### **Rob Leigh**

Email: [rigaudrob@hotmail.com](mailto:rigaudrob@hotmail.com)

Phone: 613-220-8928

#### **Janet Chéné**

Email: [janetchene45@gmail.com](mailto:janetchene45@gmail.com)

Phone: 613-618-7972